

SIouxLAND INTERGROUP, PO Box 3684 51102 or 614 Cook St, Sioux City< IA 51103, 712.252.1333



# Groupline

THE SIOUXLAND INTERGROUP NEWSLETTER

April 2023

The Next  
Siouxland Intergroup  
Meeting will be 7PM  
Thursday, April 20, 2023  
at the Central Office,  
614 Cook St. in Sioux City  
Come early and grab a good Seat!

# AA GRAPEVINE

The International Journal of Alcoholics Anonymous

If you would like your EVENT to be listed in the GROUPLINE or if you have artwork, poetry or an article you would like to be considered for print, please email your submission to:



[aacentralofficesc@gmail.com](mailto:aacentralofficesc@gmail.com)

or drop it by the  
Central Office or  
call us at 712-252-1333

Our website is  
[www.aasiouxcity.org](http://www.aasiouxcity.org)

The next DISTRICT 1  
Meeting will be 6:30PM  
April 11, 2023  
at Club 215  
2432 Jay Ave, in Sioux City

**April 2023**  
**AA & Families**

This month's issue features "AA & Families" AA members share powerful experiences about how alcoholism and AA have affected their families' lives.



THE INTERNATIONAL JOURNAL OF ALCOHOLICS ANONYMOUS AA  
GRAPEVINE.ORG APRIL 2023

### CENTRAL OFFICE HOURS

Sun, Mon: CLOSD  
Tues--Thurs: 9:00 am to 2:00 pm  
Fri: 11:30 am to 2:00 pm  
Sat: 10:00 am to 1:00pm



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## **A Short Memo** *From Siouxland Intergroup Central Office*

**Hello!** This past month the phone continues to ring on average of 10-12 calls per week for available meetings within our District as well outside of our District.

The website got an average of 37 daily (1,131 total) visits this past month. We received an increase of donations from 18 AA Groups, 21 Faithful Fiver's! Thank you to those groups that continue supporting your Intergroup Central Office! Thank you to those who stop in every month, we do have continuous sales of our AA literature from our members. **In addition, G.S.O. announced the price on literature is increasing April 3, 2023, as a result our prices will increase as well.**

District 1 report for March, CPC/PI position still opened. Need more men and women for jail meeting. Juvenile still looking for volunteers to open AA meeting.

Intergroup next Unity Dinner will be May 6, 2023 hosted by Men's Stockyards Group.

Central office to host Orientation hybrid Zoom/In person meeting for volunteers to update and go over protocol for answering hotline phone line and answer any other questions, date TBA.

The flyers for activities that are coming up are available on the website, [www.aasiouxcity.org](http://www.aasiouxcity.org), in the *local events* tab.

As always, I am very grateful to be here keeping the AA energy flowing and keeping AA available and accessible for new and seasoned members!

Siouxland Intergroup Central Office Manager, Veronica K.

Thank you to our March 2023 monthly "Faithful Fivers", "Birthday" & "Groups" contributions that make it possible for Siouxland to have a Central

### Groups

Friday 5:30p Group

Leeds Sunday night Spiritual Mtg

Living in The Solution

Loons Near the Dunes Group

Siouxland Intergroup Mtg

No Name Group

One A Day Group (MTWTHF)

Saturday Night Live

Sergeant Bluff Group

Hawkeye Spiritual Steps 3 & 11 Grp

Sun. Morning 1030am Spiritual Group

Sunrise Attitude Adj. Group

Vast Amount of Fun

Wednesday Women's BB Group

### Faithful Fivers

Bill H

Chris D.

Dave W.

Delvin W.

Diane B

Jean P.

Jim S.

Kevin J.

Mick M.

Mike G.

Mike H.

Nick H.

Paul T.

Pat G.

Ray G.

Rick W.

Rod C.

Theresa J.

Tim L.

Tom C.

Veronica K.

### Birthdays/ Individual

*Notes from your local Siouxland Intergroup Central Office*

**“Whenever anyone reaches out for help, I want the hand of AA always to be there. And for that, I am responsible.”**

We, as members of AA are responsible, as is Siouxland Intergroup.

At Siouxland Intergroup Central Office that hand includes:

- ⇒ **Maintaining an online A.A. meeting directory**
- ⇒ **Coordinating a phone service that is answered by a member of Alcoholics Anonymous  
*24 hours a day, 7 days a week, 365 days a year***
- ⇒ **Arranging for 12-step calls**
- ⇒ **Stocking and selling A.A. literature in English/Spanish**
- ⇒ **Printing and distributing a monthly newsletter the “Groupline” (available on our website)**
- ⇒ **Publishing a printed meeting directory**
- ⇒ **Providing public information about A.A.**
- ⇒ **Cooperating with outside agencies**

For the above Services to be provided we rely on a full-time employee and a host of AA volunteers. Additionally, Intergroup is overseen by a Board of Directors that serve a one year term in which Board members then rotate off the board and four new members are elected. ***In addition, ALL the contributions made by Groups and Individual members are critical to the success of Siouxland Intergroup.***

Over the past years Intergroup has been challenged with Covid and economic pressures. Your Board & Intergroup Central Office is absolutely committed to continue to meet the needs of the AA Groups and it's main purpose is to serve the suffering alcoholic through the Central Office that serves as the link between Alcoholics Anonymous and the public.

## Siouxland Intergroup Meeting minutes from March 16<sup>th</sup>, 2023

The meeting was opened at 7:00 pm with the serenity prayer and introductions by Tim L; followed by the Intergroup Statement of purpose and the central office statement of purpose which was read with 7 members present.

**Secretary's Report:** The secretary's report was read by Jesse V Motion to accept the secretary's report was made by Jerry K and seconded by Veronica; motion passed.

**Treasurer Report:** The treasurer's report was read by Veronica motion to accept the treasurer's report was made by Jesse V and seconded by Jerry k; motion passed.

**District 1 Report:** District is still trying to fill the PI/CPC chair position, the quarterly district workshop on the 7<sup>th</sup> tradition will be March 25<sup>th</sup>, 2023, at 8am at the Leeds Alano Clubhouse

**Functions and Committees:** The February unity dinner had 93 attendees and brought in \$1000. The next unity dinner will be May 6<sup>th</sup> hosted by the Men's Stockyards Group and then the following unity dinner will be tentatively July 15<sup>th</sup> hosted by the Attitude Adjust Meeting.

Phone tree - phone tree meeting still TBD.

**Old Business:** Word of mouth is working for getting more contributions for the central office so seeking a way for electric fund contributions will be tabled for now.

**New Business:** Veronica got a letter from Wayne E with his story who got sober April 17<sup>th</sup>, 1983, in Sioux City but moved to Florida which will be published in the central office April's newsletter.

### **Announcements**

Aim for Ames round up March 24<sup>th</sup>, 25<sup>th</sup>, 26<sup>th</sup> 2023 Quality Inn & Suites Ames IA

District 1 Workshop on Tradition 7 March 25<sup>th</sup>, 2023, 8am Leeds Alano Club

Al anon Spring Frolic April 15<sup>th</sup>, 2023, St Mark's Lutheran Church 3pm

Moville Tuesday Night Meeting Birthday Potluck April 18<sup>th</sup> 2023 6pm Trinity Lutheran Church

Men's 19<sup>th</sup> Annual "Miracle Weekend" April 28<sup>th</sup> – 30<sup>th</sup> 2023

Unity Dinner May 6<sup>th</sup>, 2023, Morningside Lutheran 5pm

A motion to close the meeting was made by Jesse V and seconded by Veronica the motion passed the meeting closed at 7:40 pm with I am responsible.

Respectfully Submitted

Jesse V., Intergroup Secretary



## **Step Four** *“Made a searching and fearless moral inventory of ourselves.”*

“Step Four is our vigorous and painstaking effort to discover what these liabilities in each of us have been, and are. We want to find exactly how, when, and where our natural desires have warped us. We wish to look squarely at the unhappiness this has caused others and ourselves. By discovering what our emotional deformities are, we can move toward their correction. Without a searching and fearless moral inventory, most of us have found that the faith which really works in daily living is still out of reach.”



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## **Tradition Four**

*“Each group should be autonomous except in matters affecting other groups or A.A. as a whole.”*

*“Every group manages its affairs as it pleases, except when A.A. as a whole is threatened. Is such liberty dangerous? The group, like the individual, must eventually conform to principles that guarantee survival. Two storm signals—a group ought not do anything which would injure A.A. as a whole, nor affiliate itself with outside interests. An example: the “AA Center” that didn’t work.”*

© 1952,1953,1981 by The A.A. Grapevine Inc., and Alcoholics Anonymous World Services, Inc. TwelveStepsamdTwelveTraditions10,

Last month I received a letter from a fellow member in Florida who wanted to share his upcoming Sobriety Birthday with us as well as his gratitude for starting his journey here in Sioux City! Here is his story...

Written By Wayne E.

Feb. 2023

The day I entered the treatment center (CDU- the old St. Joseph Hospital, with the help of Father Mark Harrington), I knew there was hope that I'd get better, the news of a 30 day stay really blew my mind away! The very 1<sup>st</sup> time I began to say "One Day at a Time", "You have lost your mind", "Let Go Let God", "Let God Do What I Could Not Do for Myself", "How could this God do a thing to help ME?", "Keep It Simple Stupid", Well I found out just how stupid I really was. As I had joined the Funnel Gang, Could not figure out why the next day I got so ill and I was not taking any kind of pill. "Live & Let Live", hell I was always alone, no problem there. I then joined a club here called "The Ocean Air Group", don't know why as it was just as foggy sitting there than anywhere else. "Keep Coming Back", "It Works if you Work It", What the hell are you supposed to make work when you have nothing broken but then if you do you'll get that marvelous token. WOW! Holy Cow. "Make Amends", where the hell do I start as I think I have pissed off the entire world and then some...To me this was a program for those who were dumb.

I slammed doors, kicked & yelled "this place is worse than hell" "Let me out I want out" this I'D say, sit & Pout. As days and weeks went by & I settled in, I finally saw hope at the other end. The pain was getting less and less, my mind was not half the mess than when I went in. I rebelled & really raised hell until the day I began to get well. The day came for me to go home out in the open once more to roam. Now I do still have problems, but they are problems I can handle because of One Day at a Time, Keep It Simple & Easy Does It.


Wishing all of you who think you may have a drinking problem (1) Take the Test, (2) Be honest with yourself, it's much easier than suffering. The program is easy & can be fun if you make it so. Believe me, 40 years has proven so.

Blessings to all (1) admit your problem, once you've done this you have ½ the battle accomplished!

With my Love & Best Wishes

Wayne E., Altamonte Springs, FL

Sobriety date: 4/7/1983



HAPPY  
BIRTHDAY  
Wayne!!  
Siouxland  
Intergroup!

4/7/23 marks 40yrs Cont. Sobriety,

I graduated CDU, my counselor was Steve & Buck C. was my sponsor

# Updates on AA meetings in our District

Please contact Siouxland Intergroup Central Office with any group updates or meeting changes. Help us keep an accurate updated meeting list of both in person and online meetings so the newcomer can find us.

712-252-1333



## **SUNRISE ATTITUDE ADJUSTMENT MEETING**

Monday—Saturday  
6:30am

In the Library at  
The Hawkeye Club  
420 Jones St  
Sioux City, IA  
51101

Start you day with an  
“Attitude of Gratitude!

Come and show your support!!



## **\*Leeds Tuesday Night\***

**AA Meeting**

*Doors Re-Opening*

**January 10, 2023**

**NEW TIME: 6:30pm**

**Where: Leeds Alano Club**

**4034 Floyd Blvd  
Sioux City, IA 51108**

**Format: Closed, will read a Short Section of  
the Big Book followed with Discussion.**

**Leeds Alano Club 4034 Floyd Blvd, Sioux City, IA 51108**

Food Fun and Fellowship



A \$3 donation is suggested.  
Main dish is provided please bring a side.

Come celebrate your birthday at  
Leeds Birthday Night!!!!



Monthly and yearly chips presented

The last Saturday of every month  
5:30pm meeting followed by a Pot luck  
Leeds Alano Club 4034 Floyd Blvd  
Sioux City, IA 51108



# UPCOMING EVENTS

Siouxland Intergroup Quarterly Unity Dinner



## Menu: Lasagna

*Hosted by Stockyard Exchange Men's Group*

**Saturday, May 6, 2023**

Morningside Lutheran Church

700 S. Martha St

Sioux City, IA 51106

5pm—Registration / Fellowship

5:30pm—Dinner

Menu~ Lasagna



Asking for volunteers w/ last names (A-N) bring Salads, (M-Z) bring Desserts, please and Thank you!

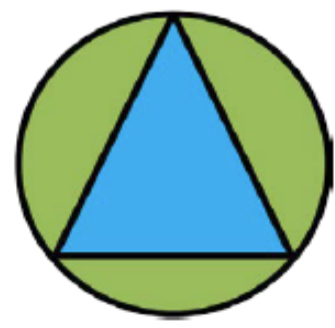
**6:15pm : AI-Anon Speaker : Sam M. (Sioux City, IA)  
& AA Speaker : Vince M. (Sioux City, IA)**

**Contact the Intergroup Central Office with any questions (712) 252-1333 or if you want to volunteer!**

**Suggested \$5 Freewill Donation. All proceeds will support the Siouxland Intergroup Central Office.**

**There will be a Pay-It forward basket at the Registration table to help those who can't contribute.**

# Upcoming Events



## Men's 19<sup>th</sup> Annual "Miracle Weekend" AA Retreat For AA and Al-Anon

**Friday April 28th – Sunday April 30th 2023**

Lake Okoboji United Methodist Church Camp  
21413 154<sup>th</sup> St Pl. Spirit Lake, IA

- Fun and Fellowship
- 12 step workshops
- AA meetings
- Opportunity to share 5<sup>th</sup> Step

**Register by mail with the form below by APRIL 14th 2023**

**Important Information PLEASE READ!!!**

- **Space is limited, both for beds and meals!!** Beds limited to 122 men. Please mail in registrations and payment to secure a spot. Those that show up unregistered are welcome to participate in the meetings and workshops, but may not be guaranteed a bed and/or meals.
- **Mail-in registration cost is \$70, and must be mailed by April 14<sup>th</sup>. Day-of registration is \$80** – keeping in mind we cannot guarantee a bed if you aren't pre-registered. Sign-in and day of registration begins at 3:00 on Friday.
- Registration cost includes: all meals and lodging. Cabins and beds provided for up to 122 men so register early.
- Partial registration scholarships available for those in financial need. Please register and check "scholarship needed" on the registration, and pay what you can.
- What to bring: Big book. Bedding and/or sleeping bag, pillow, towels & toiletries, and treats for the snack table.



Register and mail this form with check.  
Make Checks Payable to Men's Miracle Retreat... \$70

Yes! I'm coming. Please reserve a place for me at the Retreat (please print):

Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

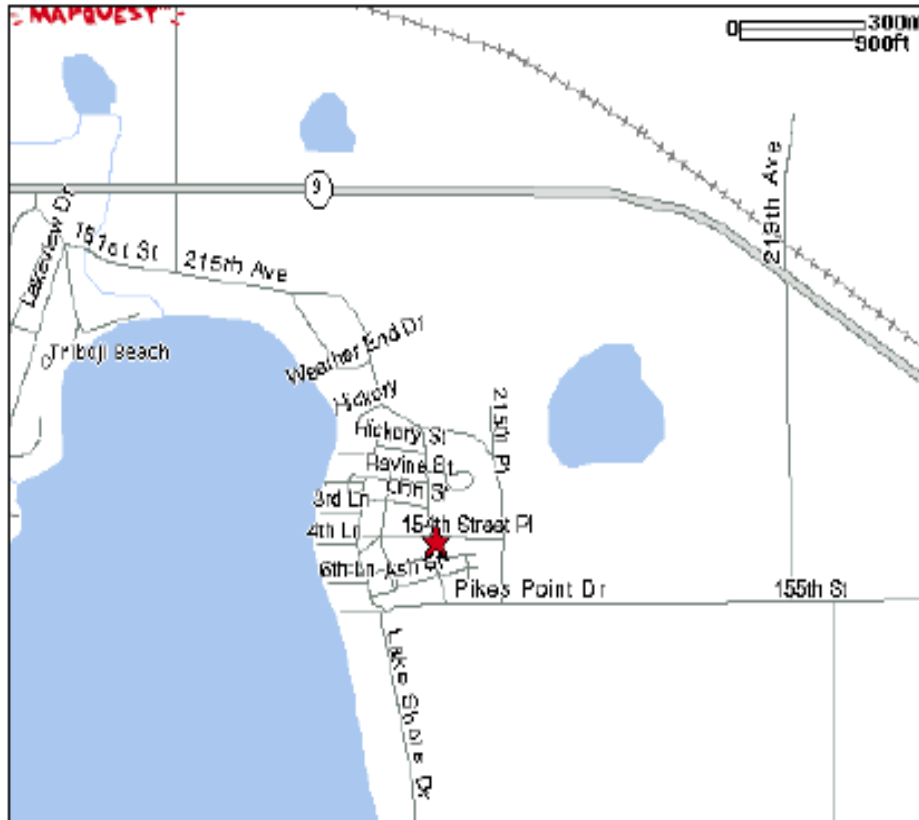
Email \_\_\_\_\_

Main Phone \_\_\_\_\_

Mail Registration to:  
Men's Miracle Retreat  
PO Box 2575  
Sioux City, IA 51102

- I do not need a bed       Need Handicap Room       Scholarship Needed

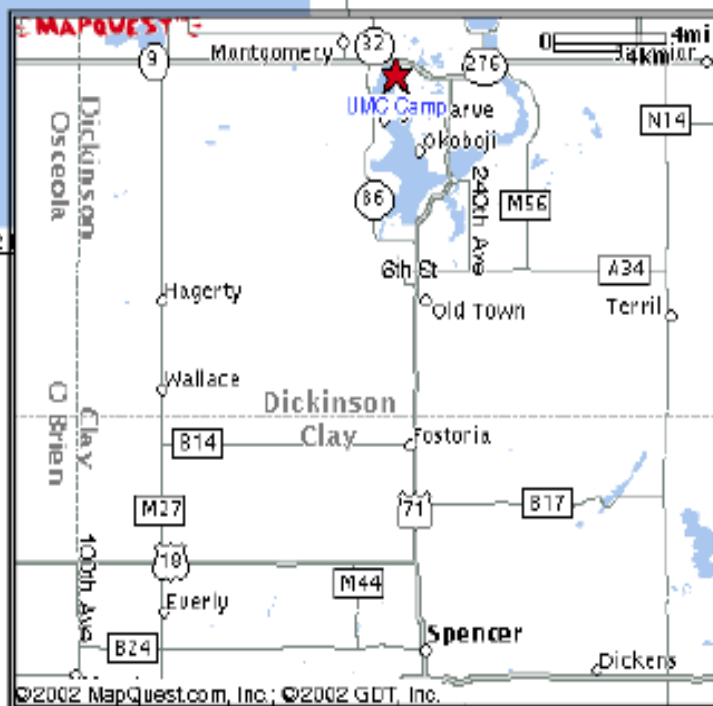
# Directions & Maps



**Okoboji United Methodist  
Camp**  
21413 154th Street Place  
Spirit Lake, IA 51360  
Phone: 712-336-2936

At the Junction of Highway 9 and 71 (Wal Mart) in Spirit Lake, go West on 9 for ½ mile. Turn left (south) on 155th Street-Travel 2 miles then turn right on 215th – North Campus sign is on your left

At the Junction of Highway 9 and 86 (Vic's Corner) – go East on 9 for 2 miles. Turn right (south) on 155th Street-Travel 2 miles then turn right on 215th – North Campus sign is on your left



**Sponsored by the men  
of Sioux City AA  
In Memory of  
Paul Willoughby**



# Groupline

THE SIOUXLAND INTERGROUP NEWSLETTER

## SIOUXLAND INTERGROUP CENTRAL OFFICE

### STATEMENT OF PURPOSE

- ⇒ to receive, distribute and follow-up on "12-Step Calls"
- ⇒ to answer inquiries about A.A.;
- ⇒ establish local public information about local hospitals and recovery facilities for alcoholics;
- ⇒ to provide "Locally Produced A.A. Related material", "Conference Approved A.A. Material" and "Other Recovery Related Material." Form SI-1, Dec 2017

**To become a better trusted servant of your group and of A.A. as a whole.**

- ◆ **Visit the Central Office**
- ◆ **Attend Intergroup Regularly**
- ◆ **Keep your AA group Up-To-Date**
- ◆ **Ask Questions**

**Intergroup Meetings:** Intergroup meetings are held the *third Thursday of every month* at 7:00 p.m. at the Central Office. Intergroup Representatives (IGR's) meet with the board to discuss the needs of Intergroup and AA groups. Here, events such as the Hoe-down, Founder's Day, New Year's Celebration and Unity Dinners are planned with the groups participating in these events. **Intergroup's main purpose is to serve the suffering alcoholic through the Central Office that serves as the link between Alcoholics Anonymous and the public.**

**Financial support:** Intergroup is supported solely by contributions from the **groups** and from **individual members** through programs like the "**Birthday Plan**" and the "**Faithful Fivers plan**". Ask us how you can help.



“Why should not each of us tell himself: ‘Yes, we were once a burden on everybody.’ We were ‘takers.’ Now that we are sober, and by the grace of God have become responsible citizens of the world, why shouldn’t we now about-face and become ‘thankful givers’! Yes, it is high time we did.”

Bill W., *Language of the heart*, p. 86  
originally published in April 1958 Grapevine  
reprinted with permission of *The A.A. Grapevine, Inc.*

## ***Join the Siouxland Intergroup Birthday Club***



### **Intergroup Central Office**

Mail to: Siouxland Intergroup  
P.O. Box 3684  
Sioux City, IA 51102

**Payable to: Siouxland Intergroup**

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### **General Service Office (GSO)**

Mail to: The General Service Office  
P.O. Box 2407  
James A Farley Station New  
York, NY 10116-2407

**Payable to: General Service Board**

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### **Area 24**

Mail to: Area 24 T/N  
P.O. Box 1291  
Des Moines, IA 50301

**Payable to: Area 24 Treasury**

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### **District 1**

Mail to: District 1  
P.O. Box 5246  
Sioux City, IA 51102

**Payable to: District 1 AA**

### **What is the Birthday Plan?**

In grateful celebration of their sobriety birthdays, many A.A. members contribute one dollar or more for each year of sobriety to any or all of our four service entities; the local Intergroup, District, Area, and General Service Office.

Every A.A. service is designed to help carry the A.A. message to the alcoholic who still suffers. Your Birthday Plan contributions\* help make our vital services possible.

*Faithful Fivers, in gratitude for their sobriety, contribute \$5 each month to the Central Office to keep it operating and to keep the phone service going. Our Faithful Fivers program has been working for the past twenty-five years, and has helped carry AA's message of recovery to the still suffering alcoholic.*

Please make checks payable to SIOUXLAND INTERGROUP.

Mail to: Siouxland Intergroup  
P.O. Box 3684  
Sioux City, IA 51102

FAITHFUL FIVER

\$5.00

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Zip \_\_\_\_\_ Date \_\_\_\_\_

## What are Faithful Fivers?

Faithful Fivers are A.A. members who graciously contribute five dollars or more\* each month to support Siouxland Intergroup

**As a Siouxland Intergroup Faithful Fiver, you support efforts to carry the A.A. message of hope to still-suffering alcoholics in the Sioux City Metro Area.**

**"When we meet and defeat the temptation to take large gifts, we are being prudent. But when we are generous with the hat, we give a token that we are grateful for our blessings and evidence that we are eager to share what we have found with all those who still suffer."**

**Bill W., *Language of the Heart***

\* Annual Contributions are limited to \$5,000 per member per year† and are tax deductible under Internal Revenue Code §501(c)(3).

†Page 5—A.A. Guideline MG-15 (Rev. 11/18)

## Yes! Please enroll me as a Faithful Fiver!

Payment Options Are:

- \* Electronic Check
- \* Monthly Auto-Pay
- \* Personal Check
- \* Cash (**DO NOT MAIL CASH**)

Complete the form above and submit:

mail to:

Siouxland Intergroup  
P.O. Box 3684  
Sioux City, IA 51102

Or drop off the form to:

Siouxland Intergroup  
614 Cook Street  
Sioux City, IA 51103

**DO NOT LEAVE CASH in MAILBOX,  
USE THE MAIL SLOT IN THE DOOR**

If choosing direct payment, mail or drop off the payment to the Central Office.

*Bill W. wrote of Intergroup Offices, "Though not costly, these agencies are absolutely essential to our continued expansion—to our survival as a Fellowship. Their costs are a collective obligation that rests squarely upon all of us. Our support of services actually amounts to a recognition on our part that A.A. must everywhere function in full strength—and that, under our Tradition of self-support, we are all going to foot the bill."*

*"Self-Support: Where Money and Spiritually Mix" pamphlet  
Reprinted with permission of A.A.W.S., Inc.*