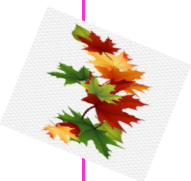
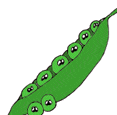




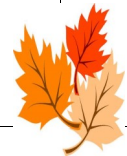









# GIVE THANKS NOVEMBER 2022

\* Meals available for those 60 and older at no cost. No one will be denied a meal because of inability to donate. Suggested donation is \$7.00

Bread, butter, fruit juice and 2% milk available with meal. Please call (815) 339-2711 or (800) 757-4579 before noon the day before to make reservations. Meals are subject to change . **Lunch served 11:30 AM**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		1) Pork tenderloin on bun w/lettuce French fries Cole slaw Apricots	2) Bacon, lettuce, tomato on wheat bread Potato salad Carrot sticks Mixed fruit	3) Vegetable lasagna Lettuce w/toppings Garlic bread- Strawberries w/jello	4) BBQ on bun Tator tots Peas Banana 	5)
6) 	7) Polish sausage w/ sauerkraut Mashed potatoes Peas Fruit cocktail Dinner roll	8) Tacos w/lettuce, tomato & cheese Wild rice Grapes 	9) Ham salad on bun Potato soup Steamed broccoli Peaches	10) Fried chicken Mashed potatoes w/gravy Corn Pumpkin pudding Wheat dinner roll Applesauce	11) Meatballs w/gravy Noodles Lettuce w/toppings Wheat dinner roll Fruit cocktail	12) 
13) 	14) Chicken noodle soup Grilled cheese on wheat bread Mixed vegetables Apple slices	15) Salisbury steak Baked potato w/gravy Green beans Plums Dinner roll	16) Cheeseburger on bun Tator tots Green beans Pear slices	17) Italian beef w/cheese on sub roll Ravioli in broth Pea salad Peaches	18) Tomato soup Chicken salad on bun Mixed vegetables Applesauce	
20 	21) Baked ham Au gratin potatoes Baked beans Pineapple chunks Wheat roll	22) Turkey w/mashed potatoes w/gravy Corn casserole Green bean casserole Stuffing –Dinner roll Cranberries—Apples	23) Tuna w/lettuce on wheat bread Broccoli soup Apple sauce 	24) PCCC Closed- 	25) PCCC Closed-	
27) 	28 ) Smoked sausage Fried potatoes Carrots Blueberries w/yogurt Dinner roll	29) Baked pork chop Cheesy potatoes Carrots Apricots Dinner roll	30) Beef w/ stir fry vegetables Jasmine rice Pineapple slices Dinner roll			
						<p>The Putnam County Achievement Services, Inc. does not discriminate in admission to or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act, the U.S. Civil Rights Act, Section 504 of the Rehabilitation act, the Age Discrimination in Employment Act, and the U.S. and Illinois Constitution. If you feel you have been discriminated against, you have a right to file a complaint with the Illinois Department on Aging, call 1-800-252-9866 (Voice and DD) or contact the Program Manager WIAAA at 1-800-322-1051. Putnam County Achievement Services, Inc. is partially funded by Western Illinois Area Agency on Aging.</p>