













September 2021

Bread, butter, fruit juice and 2% milk available with meal. Please call (815) 339-2711 or (800) 757-4579 before noon the day before to make reservations. Meals are subject to change. Meals are available to 60 plus at no cost. Suggested donation is \$7.00.
Lunch is served at 11:30 AM-



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1) Tortellini in broth Ham salad w/ lettuce on bun Carrots Banana Yogurt w/jello	2) Beef cabbage roll Peas Mixed fruit Wheat roll w/butter Dessert	3) Smoked sausage Fried potatoes Carrots Pineapple Wheat bread w/butter	4)
5)	6) PCCC Closed-Holiday 	7) Italian beef w/ cheese on sub roll Salad w/toppings Chips Applesauce Dessert	8) Flounder w/ garlic & herb sauce Au gratin potatoes Lima beans Peaches Dinner roll	9) Cream chicken on biscuit Peas Fruit Dessert 	10) Egg salad w/ lettuce & tomato on bread Carrots Strawberries	11) 
12) 	13) Chicken w/ lettuce & tomato on tortilla wrap French fries Buttered beans Peaches	14) Polish sausage w/sauerkraut Mashed potatoes Mixed vegetables Fruit salad	15) Cheese & sausage pizza Salad w/toppings Green beans Bread sticks Jello w/fruit	16) Vegetable lasagna Mixed vegetables Fruit cup Garlic bread	17) Chicken parmesan Zucchini & tomatoes Salad w/dressing Apricots Wheat dinner roll 	18)
19)	20) BBQ on bun Potato salad Carrot sticks Fruit cocktail Chips 	21) Bacon, lettuce tomato on wrap Turkey & rice soup Cucumbers, onion, & tomatoes & in VO Applesauce	22) Fish filet on bun Pickled beets Pea salad Strawberries 	23) Cheeseburger w/lettuce & tomato on bun Creamy cole slaw Potato chips Mixed vegetables Watermelon	24) PCCC Italian Night Tortellini Dinner 4-7 PM— \$12.00 Curbside Pickup only Beef tortellini w/meat sauce, pasta frita, salad & dessert	25) 
26) 	27) Pulled pork on bun Potato salad Peas Sliced cantaloupe	28) Fried chicken w/mashed potatoes Buttered corn Strawberries w/ice cream Dinner roll	29) Tuna salad on wheat bread Potato salad Cole slaw Sliced watermelon	30) Pulled pork on bun Wild rice Mixed vegetables Pineapple w/yogurt	 <i>By All These Lovely Tokens September Days are Here, With Summer's Best Of Weather And Autumn's Best Of Cheer.</i> Helen Hunt Jackson	The Putnam County Achievement Services, Inc. does not discriminate in admission to or treatment of employment in programs or activities in compliance with the Illinois Human Rights Act, the U.S. Civil Rights Act, Section 504 of the Rehabilitation Act, the Age Discrimination in Employment Act, and the U.S. and Illinois Constitution. If you feel you have been discriminated against, you have a right to file a complaint with the Illinois Department on Aging, call 1-800-252-9866 (Voice and DD) or contact the Program Manager WIAAA at 1-800-322-1051. Putnam County Achievement Services, Inc. is partially funded by Western Illinois Area Agency on Aging.