



# 2024 Men's Region 1 Gymnastics Championships

Mesa, Arizona



## MEET INFORMATION

Date: April 3 – 7, 2024

Location: **Bell Bank Park, Fieldhouse C**  
Arizona Athletic Grounds  
(formerly Legacy Sports Complex)  
1 Legacy Dr., Mesa, Arizona 85212

Website address: [www.MensRegion1Champ.com](http://www.MensRegion1Champ.com)



Meet Directors: Scott Barclay

Contact Info: [scott@aspirekidsports.com](mailto:scott@aspirekidsports.com)

Hosted by: Arizona State Men's Gymnastics



Airports: Phoenix Sky Harbor International Airport

Host Hotels: see hotel page on the website

Entry Fee: \$160.00 (due at your State Championships)  
(an additional \$25.00 for Technical Sequences)

Refund Policy: **NO REFUND** after entry into the Regional Championships.

Event Format: Warm-up Compete (for all sessions utilizing 2 gyms)  
There is a change to the format this year. It will not be Capitol Cup, warm-up on one set of equipment and compete on another, but warm-up and then compete on the same set of equipment (Warm-up Compete format).

Division 1: ONLY **Division 1** (Levels 4 – 6) can qualify to Regionals.

<b><u>Region 1 Championships - SCHEDULE PROCESS</u></b>	
	<i>as of: 2/12/23</i>
<b><u>Basic Schedule:</u></b>	
	This schedule is what we think (hope) might happen.
	<b>DO NOT</b> make nonrefundable transportation arrangements based on this schedule.
	<i>We should be able to post this schedule in Dec or Jan when the website goes up.</i>
<b><u>Tentative Schedule:</u></b>	
	This schedule will set what levels will compete in which sessions on what days.
	8:00am start times are FINAL; all others are plus or minus 30 to 45 min.
	We have to wait until we get the allotment numbers in from each state (mid February).
	Travel arrangements can be made with this schedule.
	<i>We should be able to set and post this schedule mid to late February.</i>
<b><u>Final Schedule:</u></b>	
	This schedule will set the final start and end times for each session.
	We have to wait until we get all of the qualifiers from each State Championships.
	<i>We should be able to set and post this schedule the 1 to 2 weeks before the meet.</i>