

WISDOM JOURNAL

DAY 40

SUBJECT: I HAD TO LEARN NOT TO CARE

Before I write the content you will read I need to make this disclaimer. I am not promoting being cruel, rude, inconsiderate or un-compassionate. This entry is promoting self awareness. I've heard and believed the phrases "*give till it hurts,*" "*help anyone who may be in need*" and "*it doesn't cost anything to care.*"

Believing and adhering to these phrases put me in a position for my heart to be broken. No one taught me what I'm about to teach you. Deciding to care about someone or something is a heavy weight to carry.

The moment you decide to care, you **INSTANTLY** inherit the **BURDEN** of the thing or person you are caring about. Yes, I said it. **ANYTIME YOU DECIDE TO CARE YOU ARE CHOOSING TO CARRY A BURDEN.**

Think about it. When you care about your job you carry the burdens of the organization. You start making an effort to change the culture. You start doing more work for less money to enhance the company's bottom line.

When the company goes through financial hardship you take on more work and work more hours to help the company through their financial storm. Many people have done this because they cared about their jobs.

The act of **CARING** will cause you to **CARRY** burdens that aren't yours. I got tired of my heart being broken.

Through trial and error I learned **NOT** to care about certain things. I know it sounds righteous and holy to care about everything and everyone.

However, King Jesus never commanded us to do this. He commanded us to love. Expressing love and showing care are two completely different things. King Jesus told us to cast our care **UPON HIM**. He never said to carry the cares of others on our shoulders.

King Jesus knew that we were not built to carry the burdens of other people. We do not have the mental, physical or spiritual capacity to do so. That's why He said to **CAST** your care on Him.

1st Peter 5:7 says, "*Casting all your care upon him, for he careth for you.*"

When you care about people you pick up their burdens.
When you care about your job you pick up their burdens.
When you care about a social issue you pick up their burdens. So you may be thinking, if I shouldn't care how should I feel?

As it pertains to the three points mention above you should **LOVE** people, **HONOR** your employment and **CONTRIBUTE POSITIVE INSIGHT** and **SOLUTIONS** to the issues that touch your heart. With every caring concern a different Wisdom viewpoint should be considered.

TAKEAWAY: Don't let the feeling and act of **CARING** lead you toward **CARRYING** burdens that are too heavy. Seek the Wisdom of God to find out how you should feel about every situation in your life. Only God has the ability to care about everything and everyone. Not you!

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