

WISDOM JOURNAL

DAY 36

SUBJECT: PROTECTING MY HEART

In the effort of protecting my heart I've had to disappoint people. I've made many people angry. I used to feel bad when I saw how these individuals reacted. I never wanted to come off offensive to anyone.

My intentions were **NOT** to create pain. However, my goal was to **PROTECT** my heart. When you cater to the needs of people and open your heart to fulfill their request you run the risk of your heart being broken and damaged. People can take your good intentions and abuse them.

Have you ever given your heart to someone who wasn't worthy of your trust? Have you ever given your heart to someone who had evil intentions? I have seen many people do this. The after effect was horrible. They became bitter, unforgiving, mean and cold-hearted.

Their intentions were pure. However, the wisdom was **LACKING**. They failed to protect their heart. I understood at an early age that the heart needs to be **PROTECTED**. The heart is fragile yet hard to repair.

God told us that man looks at the outward appearance but He looks at the heart. When God looks at my heart I want Him to see goodness, purity, love and righteousness. I don't want God to see darkness, bitterness, hatred and evilness. I am willing to disappoint people in order to please King Jesus. I hope you feel the same way.

1st Samuel 16:7 says, *"But the LORD said unto Samuel, Look not on his countenance, or on the height of his stature; because I have refused him: for the LORD seeth not as man seeth; for man looketh on the outward appearance, but the LORD looketh on the heart."*

TAKEAWAY: People **DON'T** look at your heart. **GOD DOES!!** Protect it at all cost. Don't be so well intentioned that you damage your heart in the process.

Fountain Hendricks

Wisdom Journalist

For more wisdom go to www.thewisdomstore.com