

WISDOM JOURNAL

DAY 18

SUBJECT: ENCOURAGE YOURSELF

I have been in the position where my decisions brought me great pain. My choices placed me in the center of many hardships. I could say that life has treated me bad but life doesn't treat us bad. Life is **SUBMISSIVE** to our decisions. Our decisions create bad turn outs.

When I made these bad decisions such as denying my God given purpose, indulging in sinful activities while being knowledgeable of God's standard, being irresponsible with the resources God entrusted me with **NO ONE** was there to encourage me or correct me.

The only thing I had was another day of opportunity to make things better. Have you ever felt like that? Sometimes the only thing you can look forward to is another day of opportunity. It is easier to see light at the

end of the tunnel when someone is turning on the flash light on the other end.

However, what if you have to turn on your own flash light. What do you do? You **ENCOURAGE YOURSELF!!** When I was down and out I spoke life to my dead situation. I created hope when I couldn't see hope. I prayed to King Jesus when people walked away from me. If you don't encourage yourself you will stay discouraged.

1st Samuel 30:6 says, *"And David was greatly distressed; for the people spake of stoning him, because the soul of all the people was grieved, every man for his sons and for his daughters: but David encouraged himself in the Lord his God."*

Remember, God gave you **POWER**. He gave you a **MIND**. He gave you **TALENT**. He gave you **GIFTS**. When you can't find help, help yourself with the equipment God gave you.

TAKEAWAY: When you are in a season of isolation use your abilities, talents, wisdom and knowledge to help you so you can stay encouraged. Remember, you have a mouth, **SPEAK** life to what's dead. You have ears, **LISTEN** to motivational speeches. You have hands, **WORK** to make things better! You have a mind, **THINK** good thoughts.

Fountain Hendricks

Wisdom Journalist

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