

The **SPIRIT** of fear

By: Fountain Hendricks

2nd Timothy 1:7

The **SPIRIT** of fear is a real thing! Most people focus on fear and **NOT** consider what gives fear its power. 2nd Timothy 1:7 says, *"For God hath not given us the spirit of fear; but of power, and of love, and of a sound mind."*

The spirit of fear is a **MENTAL DISPOSITION** that controls your emotions, mood and outlook on life. There are many doors in which fear enters your mind. The most common door is through the experiences of your losses, setbacks, disappointments and pain.

Anytime something **TRAGIC** happens a door is opened for the spirit of fear to creep in. If you entertain the thought of fear for a long period of time, the spirit's influence upon your life will increase.

The Bible says it like this in 2nd Corinthians 10:5, "*casting down imaginations, and every high thing that exalteth itself against the knowledge of God, and bringing into captivity every thought to the obedience of Christ.*"

TIMELINESS IS OF THE UTTER MOST IMPORTANCE

The timing in which you cast the thought of fear out of your mind is essential. The more opportunity you give the spirit of fear to lay in your mind, the more it will consume your mood, attitude, emotions and behavior.

EVERYONE has felt the emotional impact that fear produces. However, only some people become bound by it. When you **ENTERTAIN** and carry the thoughts of worry, fear, anxiety, depression, etc you are **EMPOWERING** the spirit of fear to have dominion in your life.

WITH TIME EVERYTHING GROWS!

Philippians 4:8 says, "Brothers and sisters, think about the things that are good and worthy of praise. Think about the things that are true and honorable and right and pure and beautiful and respected."

What you decide to **ENTERTAIN** in your mind will determine what spirit has dominion over your life! Philippians tells us how we should be thinking. God informed us that He did not give us the **MENTAL DISPOSITION** of fear.

Will ungodly thoughts enter your mind with or without your permission? Yes. However, it is **YOUR** choice if you give it power. It is your choice if you strengthen it. It is your choice if they influence your behavior. Spirits have **NO** power until it has a container to occupy.

The spirit of fear is useless and has no value until you give it value. Do not allow the spirit of fear (mental disposition) to occupy the container of your mind. Fill it

will something positive, encouraging, uplifting and inspirational.

**WHEN IT COMES TO THE SPIRIT OF FEAR, THE
DEVIL IS NOT OUR WORST ENEMY. WE ARE!**

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