

WHAT IS THE HUMAN SPIRIT?

By: Fountain Hendricks

John 4:24

The church rarely talks about the human spirit. The human spirit is the **FIRST** thing God gives to people. The difference between the human spirit and the Holy Spirit is that you can live on the earth without the Holy Spirit but you cannot live on the earth without a human spirit.

Can you live a fulfilled life without the Holy Spirit? No! But that's an entirely different topic. The human spirit is pure. It is neither good or bad. It is the element that gives you life. The human spirit does not have a color or race. It is literally the **BREATH YOU BREATHE**.

The human spirit has **NOTHING** to do with your character, intellect, rationale or understanding. If you are walking on this earth you have a spirit that God gave you. The human spirit is God's possession. Ecclesiastes 12:7

says, *"You will turn back into the dust of the earth again, but your spirit will return to God who gave it."*

Understanding that your spirit is the source of life, quantifies why God said **HE IS SPIRIT**. John 4:24 says, *"God is spirit, and those who worship him must worship in spirit and truth."* Our being for **LIFE** comes from the **SAME** source as God. We were given a spirit and God is **SPIRIT**.

PROTECT THE HUMAN SPIRIT

Proverbs 18:14 says, *"The will to live can get you through sickness, but no one can live with a broken spirit."* This scripture is talking about the human spirit. There are designed vices in this world that are sent to break the human spirit. These vices are **DEBT, LONELINESS, SLAVERY, SICKNESS, POVERTY, OPPRESSION, REJECTION** and lack of a Godly connection.

When people are living under these circumstances and conditions they lose hope for living. Whether you believe

in God or not, whether you are a Kingdom citizen or a religious creature if you are bound by one of the vices mentioned above your human spirit is damaged.

A damaged spirit loses its passion for living. They stay in the depths of depression. They've lost their purpose for living. Life has lost its meaning. Have you met people who lost their enthusiasm for living a **FULFILLED** life? If the answer is yes, you are witnessing a damaged human spirit.

Have you met people who have decided to live a **COMPLACENT** life? If the answer is yes, you are witnessing a damaged human spirit. Having the get up to be **ACTIVE, RELEVANT** and **USEFUL** is the benefit to having a healthy human spirit.

When the human spirit has been damaged it needs to be restored. The human spirit is refreshed and revived when it's hope, opportunities, possibilities, significance, joy and identity is **RENEWED**.

A FRESH WIND

It takes time to heal a damaged spirit but it is possible. For example, if a person has allowed poverty to steal their joy, someone needs to help them make steps toward coming out of poverty so they can know that better possibilities are on the way.

When people see a way out of their horrible situation the human spirit is refreshed and renewed. People do not give up when they see hope. They do not give up when they see opportunity. They give up when they **CAN'T** see it.

God's plan for protecting the human spirit was giving you the **HOLY SPIRIT**. He guides, nourishes and leads you. He is the voice encouraging you when life has depressed you. He is the light that comes in your darkness moment.

The human spirit can endure many things. However, the Holy Spirit can endure **ALL** things. When life becomes too overwhelming you are going to need **DIVINE INTERVENTION**. If you have not invited the Holy Spirit into your life, do it now!

The difference between the people who stayed down and those who got back up is the Holy Spirit. God intervened before all hope was lost.

For more wisdom go to
www.thewisdomstore.com