

# WHAT'S WISER? HERBAL MEDICINE OR PHARMACEUTICALS?

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Genesis 1:29

In the western world we have become extremely dependent on pharmaceutical drugs to treat our pain, illnesses and diseases. We are inundated with advertisements and promotions of new pharmaceutical drugs that can help us feel better. However, is this the best solution on the route to healing?

Is God supporting the pharmaceutical drug industry or does He support natural herbs? Pharmaceutical medication is **NOT** bad. It has its place in our society. The question that needs to be asked is this. Does pharmaceutical medication have the power to **HEAL** your condition?

**THE ANSWER IS NO!**

# THE PURPOSE OF PHARMACEUTICAL MEDICATION

The purpose of pharmaceutical medication is to **TREAT** and provide **RELIEF** to the condition, illness or pain you are suffering from. Treating a condition is not the same as healing a condition. Pharmaceutical medication has been comprised from the wisdom (intelligence) of men.

Anything that man creates has a downside to it. That's why with every pharmaceutical medication there are side effects. Side effects implies that no pharmaceutical medication is a cure all. The average life span of a person who uses pharmaceuticals in today's era is seventy-seven years old in the western world and seventy-eight years old in the Middle East.

This may seem like a long life but if you compare it to the life span in the B.C. era it is relatively short. In the B.C. era the average life span was six hundred years and more. Think about that. How did people live six hundred years

and more when there was no development of pharmaceutical drugs?

**THE ANSWER IS BELOW!**

## IN THE BEGINNING

Before there were pharmaceuticals there were **NATURAL HERBS**. Natural herbs is considered as herbal medicine. They are natural resources that are produced from the **EARTH** to improve health. Examples of these resources are flowers, plants, spices, hyssop, etc.

People like Adam, Eve, Cain, Abel, Methuselah, Seth, Lamech, Mahalalel and others did not take Tylenol for a headache or Aspirin for body aches. These people relied on the **HERBS FROM THE EARTH** to heal them. The medicine you need to **HEAL** your sickly conditions are not being chemically created in a lab. They have been stored on the earth since the beginning of time. **FIND THEM!**

Genesis 1:29 says, *"And God said, Behold, I have given you every herb bearing seed, which is upon the face of all the earth, and every tree, in the which is the fruit of a tree yielding seed; to you it shall be for meat."*

## HEAL ME

If you are tired of receiving temporary relief from pharmaceutical drugs and want to be healed, seek these natural herbs from the earth that God validates and supports.

**SAFFRON:** The benefits of Saffron fights cancer cells and tumor growth. It reduces weight, blood pressure and cholesterol. Saffron relieves all types of pain and it prevents heart disease and depression. In addition, Saffron relieves gas and acidity, reduces fever and increases sexual vitality.

**MYRRAH:** Myrrah helps to heal and remove indigestion, ulcers, colds, cough, asthma, lung congestion, arthritis,

pain, cancer, leprosy, spasms and syphilis. It can also be used as a stimulant to increase menstrual flow.

**HYSSOP:** Hyssop helps to heal intestinal problems, gallbladder conditions, intestinal gas, colic and loss of appetite. It is also used for respiratory problems, respiratory infections, sore throat and asthma.

**MYRTLE:** Myrtle gives you better Respiratory Health, skin care, boosted immunity and hormone balance.

**CUMIN:** The benefits of cumin is that it can help prevent cancer, heart disease and high blood pressure. Cumin helps control blood sugar while fighting bacteria and parasites. It also aids in weight loss, boosts memory health and helps with diarrhea.

**POMEGRANATE:** Pomegranates improves exercise endurance, supports digestive health, helps reduce the formation of kidney stones, improves heart health and prevents chronic inflammation.

**CEDAR:** The benefits of Cedar is that it helps your respirator organs. It can help heal bronchitis, pneumonia, rheumatoid arthritis, chest colds and the flu.

**SAGE:** The benefits of Sage supports oral health, blood sugar levels, memory health and brain health. Sage also relieves pain, ease menopause symptoms, protects against oxidative stress, virus, bacterial infection and inflammation.

**FRANKINCENSE:** The benefits of Frankincense clears the nasal passageway, provides congestion relief and helps with easy breathing. This herbs diminishes the feeling of stress and anxiety while improving concentration and memory.

**BARLEY:** The benefits of this herb reduces cholesterol and blood sugar levels.

This is not all of the natural herbs God created. There are many more. **GOD** thought about your health before you

did. Every healing herb you need is **ALREADY** on the earth. The difference between pharmaceutical drugs and herbal medication is that pharmaceuticals are convenient to find and purchase.

A bottle of Tylenol is easier and cheaper to buy than Saffron. **EASIER DOESN'T MEAN BETTER!** It is worth the effort and time to get what can heal you instead of taking the easy route and pursuing temporarily relief.

To answer the question in the title of this lesson, "what's wiser," pharmaceutical drugs are convenient to buy. However, herbal medicine is a **WISER** choice to the benefit of your health.

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