

# BALANCE PRODUCES A QUALITY LIFE

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Proverbs 11:1

Too much of anything is disastrous. Too little of anything is frustrating. Balance produces **QUALITY**. With the gift of excessive abundance comes the burden of management. If you are given something greater than your capacity it will destroy you.

A drivers license given to a boy will destroy him. A Directorship position given to a person who lacks leadership skills will destroy them. Power given to a person who lacks discipline will destroy them.

The gift of abundance is a blessing. However, receiving **EXCESS** abundance is **DANGEROUS**. God gives His people abundance. People's **GREED** pursue excess abundance.

## NOT HAVING ENOUGH

The burden of not having enough will keep you frustrated and depressed. You cannot produce quality with a lack of resources. Not having enough of what you need will cause you to come up short.

Not having enough money will force you into poverty. Not having enough peace will bring mental illness. Not receiving enough love will keep you sad. Not having enough opportunities will keep you complacent.

As you can see too much of anything is not good and not enough of what you need is not good. You need **BALANCE!** Balance enables you to become **STABLE, CONTENT AND FULFILLED.**

## A WHOLE LIFE

A balanced life is a whole life. A whole life is when **NOTHING** is missing and **NOTHING** is broken. Can you

say your life is whole? If not, conduct an inventory search. You may have too much of something and not enough of something else.

For example, too much working and not enough exercise will lead to a very stressful life. Proverbs 11:1 says, "*A false balance is abomination to the Lord: but a just weight is his delight.*" An unbalanced life is an abomination to God. An abomination is a vile, shameful or detestable action.

The Lord wants you to have a quality life. He is pleased when you build a quality life. However, He is **NOT** going to miraculously give you a quality life. **YOU** have to put in the work. The Lord will give you the resources. However, **YOU** need to put in the effort.

## THE GIFTS OF GOD

The Lord gave you His sweet Holy Spirit, His wisdom, His Word, His Kingdom, His laws, His promises, His mercy, His life and His love. Everything you need to build a

**BALANCED** life has been provided. It is accessible and available. Unfortunately, most people do not utilize these gifts.

## HERE'S HOW THE LORD'S GIFTS WORK

- The Holy Spirit teaches you **HOW** to achieve a balanced life.
- The Lord's wisdom will show you the **MEASURE** of the balanced life.
- The Lord's Constitution will **CONFIRM** that you need a balanced life.
- His Kingdom provides the **RESOURCES** for you to attain a balanced life.
- King Jesus laws gives you the **POWER** (ability) to live a balanced life.

- The Lord's promises **GUARANTEES** you a balance if you obey Him.
- The Lord's mercy gives you the **OPPORTUNITY** to attain a balanced life.
- The sacrifice of King Jesus life made a path for us to **HAVE** a balanced life.
- The Lord's love provides us with the **PROVISION** to have a balanced life.

**BALANCE IS THE FOUNDATION OF  
PRODUCING A QUALITY LIFE.**

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