

ATTITUDE UNDER CONSTRUCTION

10 ways to develop your attitude

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Proverbs 23:7

The development of your **ATTITUDE** is a critical component to the quality of your life. If your surroundings are luxurious but your attitude is poor you will be a miserable person. If you look good but your attitude is poor you will feel horrible. If you live in comfort yet lack self esteem you will be overwhelmed with depression.

Attitude determines how you think, perceive, analyze and visualize. If you fail to develop your attitude on a daily basis, negativity will consume you. Proverbs 23:7 says, *"For as he thinketh in his heart, so is he: Eat and drink, saith he to thee; but his heart is not with thee."*

10 WAYS TO DEVELOP YOUR ATTITUDE

1. **READ BOOKS:** When you read you are **RE-ADDING** to your knowledge base. As you add new information into your mind you empower yourself to have a broader perspective.
2. **CONTROL YOUR CIRCLE:** Surround yourself with people who are optimistic, happy and energetic. These people will keep you in the right mental space.
3. **SHOW GRATITUDE:** If you learn to be grateful everyday you do not have time to complain. Focus your energy on what's **GOOD** while resolving what is bad.
4. **BE THANKFUL:** You'll be surprised how thankfulness can keep you centered. Being thankful keeps you filled with joy because you **REMINDE** yourself of what you've been given.
5. **STUDY TO IMPROVE:** If you study to improve you will add energy and hope to your life because you will

progress in areas where you were mediocre.
Improvement is a breath of fresh air when you have been complacent.

6. **PLAN FOR THE FUTURE:** Making plans for the future gives you something to look forward too. Having something to look forward to creates excitement, which **DIRECTLY** affects your attitude.
7. **DO NOT COMPARE YOURSELVES TO OTHER PEOPLE:** Stay focused on your course. Comparing yourselves to other people is the quickest way to discourage yourself.
8. **STAY IN THE PRESENCE OF THE HOLY SPIRIT:** In the presence of the Holy Spirit you will have joy, peace and direction. He will also speak words to you that will help you see the bright side of **EVERY** situation which will alter your attitude and the way you think.

9. **LOOK FOR THE GOOD IN EVERYTHING:** People who look for good in everything find **HOPE** in all things. Finding the good in everything will impact your attitude overall.

10. **LIVE IN THE MOMENT:** When you're always chasing what's next you will neglect the present. Ignoring the treasures of today will keep you anxious for what's to come. People with great attitudes live in the now while enjoying the gift of today.

Developing the quality of your attitude will determine the success you will have in your relationships, career and spiritually. Attitude is the one thing you can develop **FREE** of charge and it will impact **EVERY AREA** of your life. If you are looking to make a positive difference in your life quickly, **ADJUST** your attitude!

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