

EXPLAINING DIVINE STRENGTH

By: Fountain Hendricks

Galatians 5:22-23

Divine strength has nothing to do with physical ability. You cannot receive divine strength by lifting weights or working out. Divine strength is **INTERNAL**.

It is the ability to be **HONORABLE** and **RIGHTEOUS** when you are being treated terribly. This type of strength cannot be found in a person's will. In order to access this type of strength you **MUST DEPEND** on God.

IT'S NOT NATURAL

It's **NOT** natural for people to do what is righteous. It is **NOT** natural for people to think of others before themselves. It is **NOT** natural for people to do good deeds.

Psalms 51:5 says, "*Behold, I was shapen in iniquity; and in sin did my mother conceive me.*"

Humanity was born in sin. Our natural inclination is trespassing against the will of God. Doing wrong is our first reaction. Righteousness has to be a **LEARNED** behavior. Speaking with wisdom is a **LEARNED** behavior. Doing good is a **LEARNED** behavior.

This is why you need to lean on God when you are faced with situations that require you to utilize divine strength. Divine strength gives you the ability to do what's right when it's **NOT** popular, beneficial or recommended.

HERE'S WHAT I MEAN

- Divine strength will empower you to have **PEACE** in the midst of **CHAOS**.
- Divine strength will empower you to be **KIND** to others when they are **CRUEL** to you.

- Divine strength will empower you to **LOVE** your enemies even though they **HATE** you.
- Divine strength will empower you to pray for your enemies even though they **DESPITEFULLY** use you.
- Divine strength will empower you to keep your **INTEGRITY** when people **LIE** on you.
- Divine strength will empower you to keep a **POSITIVE** attitude when **BAD** things are occurring.
- Divine strength will empower you to **FORGIVE** others when they intentionally **HURT** you.
- Divine strength will empower you to do **GOOD** to those who have done **EVIL** to you.

If you have lived on the earth for a good length of time you will know that exhibiting strength to do what is listed

above is very difficult. **ONLY** the Lord can give you the ability to turn the other cheek while maintaining a good attitude in the process.

DEPEND ON THE HOLY SPIRIT

"Galatians 5:22-23 says, "But the Spirit produces the fruit of love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control. There is no law that says these things are wrong.

Those who belong to Christ Jesus have crucified their own sinful selves. They have given up their old selfish feelings and the evil things they wanted to do. We get our new life from the Spirit, so we should follow the Spirit." NCV

Without the Holy Spirit it is **IMPOSSIBLE** for us to demonstrate divine strength. When He lives inside of you, you have access to **ALL** of His characteristics. The characteristics of love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control.

These characteristics enable you with the **ABILITY** to do what is unnatural in your flesh. Dependence on the Holy Spirit will cause you to be powerful in the Kingdom and effective in the earth.

THE RESULT OF DIVINE STRENGTH

When you hold grudges, un-forgiveness, hatred and strife in your heart it ages you. It stresses you out. It depletes your energy and brings about illnesses.

Medical professionals will tell you that negative emotions will weigh on your health. This is why King Jesus gave us the Holy Spirit. He wants us to live in divine health. He wants us to be whole. He does not want your internal makeup to stop you from being immobile.

HERE'S WHAT I MEAN

JEALOUSY WILL ROT YOUR BONES: Proverbs 14:30

says, *"Peace of mind means a healthy body, but jealousy will rot your bones."*NCV

DOING EVIL WILL DESTROY THE BODY: 1st Timothy

4:8 says, *"Training your body helps you in some ways, but serving God helps you in every way by bringing you blessings in this life and in the future life, too."*NCV

A BROKEN SPIRIT DRAINS YOUR STRENGTH: Proverbs

17:22 says, *"A happy heart is like good medicine, but a broken spirit drains your strength."*NCV

DOING WHAT IS WICKED ATTRACTS DISEASE TO

YOUR BODY: Exodus 15:26 says, *"He said, "You must obey the Lord your God and do what he says is right. If you obey all his commands and keep his rules, I will not bring on you any of the sicknesses I brought on the Egyptians. I am the Lord who heals you."*NCV

RECEIVING DIVINE STRENGTH WILL
GIVE YOU DIVINE HEALTH

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