

DEFEATING ANXIETY

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Philippians 4:6-7

Anxiety is a feeling of distress and uneasiness of the mind caused by fear of danger or misfortune. Is it normal to feel anxious? Yes. Is it right to feel anxious? No.

The feeling of anxiety is the **PRESENCE** of fear. It is the **EVIDENCE** of a lack of faith and the **PROOF** of an unstable faith. Being anxious is not a permanent feeling people experience. It is usually a temporary feeling when a person's way of life is threatened or compromised.

When a person is filled with anxiety they have momentarily lost confidence in God. Losing confidence in God gives credence and power to your circumstances. There is only one way that God is limited. His power is limited when a person has lost **CONFIDENCE** in His word.

Mathew 13:54-58 says, "He went to his hometown and taught the people in the synagogue, and they were amazed. They said, "Where did this man get this wisdom and this power to do miracles? He is just the son of a carpenter.

His mother is Mary, and his brothers are James, Joseph, Simon, and Judas. And all his sisters are here with us. Where then does this man get all these things?" So the people were upset with Jesus.

But Jesus said to them, "A prophet is honored everywhere except in his hometown and in his own home." So he did not do many miracles there because they had no faith."

You cannot see the full manifestation of God while being anxious. Anxiety **PREVENTS** God from doing what is needed in your situation. The shadows of fear, the thoughts of misfortune and the feelings of worry imprisons you.

YOU CANNOT DEFEAT ANXIETY WHILE THINKING ABOUT IT.

JUST BELIEVE!

The type of people who are not anxious are young children. Children do not worry about what is going to happen tomorrow. They are not scared of misfortune. They **BELIEVE** what they heard **WITHOUT** questioning the details.

This childlike faith allows God to manifest His promises. This childlike faith attracts God to do miracles, signs and wonders. Childlike faith sounds simple. However, for adults it is difficult. Unlike children, adults need **REASONING** to believe.

They need to know who, what, where, when and why. Desiring reasoning is not a wrong thing. However, if it is **DISPLACED** it is a dangerous thing. When you engage in

the affairs of men you need to have reasoning before you believe.

Having childlike faith in the affairs of men is foolish. Believing without reasoning in the affairs of men will cause you to be deceived, misled and taken advantage of.

However, when it comes to matters of the Kingdom of God reasoning is dangerous. God is not to be questioned. He is not to be verified. He is to be **TRUSTED!** Reasoning with God will prevent you from receiving everything from Him.

James 1:6-8 says, "Such doubters are thinking two different things at the same time, and they cannot decide about anything they do. They should not think they will receive anything from the Lord. But when you ask God, you must believe and not doubt. Anyone who doubts is like a wave in the sea, blown up and down by the wind."

If you do not learn how to separate your intellect of reasoning from childlike faith anxiety will destroy you. In

the world anxiety is accepted. In the Kingdom of God it is outlawed. In the world anxiety is normal. In the Kingdom of God it is illegal. The world has no power over anxiety. Why? You cannot conquer what you are willing to tolerate.

THE KINGDOM OF GOD DOES NOT TOLERATE ANXIETY.

The only way to defeat anxiety is to have childlike faith in King Jesus and His Kingdom. Remember, childlike faith is **SIMPLE!** Just believe what you hear from God. Do not worry about how it's going to get done, when it's going to get done not how it's going to get done. Just know that it will get done!

Childlike faith will give you confidence over fear, power over worry and courage over the unknown. If you can master childlike faith the woes, concerns, reports and hardships of the world will not bother you.

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