

HEARING PLEASANT WORDS WILL INCREASE YOUR HEALTH

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Proverbs 16:24

Words are a doubled edged sword. They will bless or curse you. They will start wars or create peace. They will insight anger or calm tempers. Words are like a boomerang, whatever you say will come back to impact you eventually.

Proverbs 16:24 says,

“Pleasant words are like a honeycomb, making people happy and healthy.”

Pleasant words are **REFRESHING** words. When God sends people who will speak words that will stimulate your mind and encourage your spirit He is improving your health.

HERE'S WHAT I MEAN

- When God sends a voice of wisdom to speak to you when you are confused it invigorates your mind with clarity.
- When God sends a voice of peace to speak to you when you are troubled it calms your spirit.
- When God sends a voice of passion to speak to you when you are disinterested it will strengthen you.

LOOK FOR GOD

In a cynical world you will encounter people who will attempt to discourage you. You will be put in situations with negative people who will speak words that are vexing to your spirit while exhibiting deplorable attitudes. If you are in this type of dilemma ask God to send you a **VOICE OF PLEASURE**.

This voice of pleasure may not be the person you imagine. It may not be the person you envision. However, this individual will have a word of deliverance in their mouth for you. God reveals Himself through the mouths of people who speak **REFRESHING** words.

PLEASANT WORDS DO NOT HAVE A CULTURE,
COLOR OR BACKGROUND. THEY PRODUCE A
FEELING OF REVITALIZATION.

- Refreshing words **REVITALIZE** your **MIND** when you are confused.
- Refreshing words **REVITALIZE** your **SPIRIT** when you are depressed.
- Refreshing words **REVITALIZE** your **BODY** when you lack energy.
- Refreshing words **REVITALIZE** your **EMOTIONS** when you are hurt and offended.

HEALTHY AND WHOLE

You will be surprised how hearing pleasant words **CONSISTENTLY** can free you from being bound by physical disease, mental injury and emotional damage. Unfortunately, people underestimate the power of hearing refreshing words. We put so much emphasis on doing, that we overlook the power of the tongue.

Think about this! When King Jesus came to the earth what was more powerful? What brought more healing, deliverance, clarity, hope and prosperity? Was it His actions or His words? It was His **WORDS**.

King Jesus followed up His words with action. However, His **REFRESHING** words opened the eyes of those who were sleep. His **REFRESHING** words enlightened the minds of those who were ignorant. His **REFRESHING** words inspired people to abandoned religion and seek the Kingdom of God.

King Jesus **REFRESHING** words brought healing to a wounded world. God is everywhere! His presence is heard in the pleasant words people tell you. If you are looking to stay in great health do not overlook the significance and power of hearing pleasant words.

Exercising keeps you in shape. Eating right give you energy. Drinking water keeps you hydrated. However, hearing pleasant words gives you **LIFE!**

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