

HOW TO CURE FRUSTRATION

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(Mark 5:25-34)

Frustration comes from having a lack of **WISDOM**. For example, if you have a driver's license but cannot figure out how to get a car, you will be frustrated. If you bought a house but you cannot afford to furnish it, you will be frustrated.

If you have a dream but you do not know how to manifest it, you will be frustrated. If you have a college education but you cannot find adequate employment, you will be frustrated.

If you have knowledge to share but no one to share it with, you will be frustrated. The feeling of frustration will come upon you when you **CANNOT FIND A SOLUTION TO YOUR PROBLEM.**

THE DEVIL DOES NOT CREATE FRUSTRATION.
THE LACK OF WISDOM CREATES
FRUSTRATION!

ALL FAITH AND NO WISDOM

Mark 5:25-34

In order to defeat frustration, you must attain Wisdom. Attaining Wisdom will help you find solutions to your problems. The feeling of frustration increases, in the **ABSENCE** of a solution.

Mark 5:25-34 illustrates a scenario about a woman who had an issue with her blood for twelve years. This woman had the faith to be healed from her sickness.

Unfortunately, she could not find anyone who had the power to heal her.

Before this woman encountered Jesus, she spent all of her money on doctors, hoping they could find a cure for her

illness. Instead of her getting better, she got worse. Mark 5:26 says, "*She had suffered very much from many doctors and had spent **ALL** the money she had, but instead of improving, she was getting worse.*"

The woman with the issue of blood was a woman of faith **BEFORE** she encountered Jesus. She was willing to give everything she had in order to get what she wanted. This woman had great faith.

She **BELIEVED** in her efforts. There was no doubt, no fear and no apprehension. It takes a massive amount of faith to give your **ALL** toward something, even if it is directed towards the wrong thing.

The woman with the issue of blood did not have a problem with her faith. Her problem resided in where she **PLACED** her faith. Her lack of Wisdom created her frustration.

THE WISDOM SOLUTION

This woman was highly frustrated. She trusted the doctors and they failed her. She spent all of her money, hoping to be healed, yet, remained sick. In Mark 5:27 this woman **HEARD** about a man named Jesus.

He had a reputation for healing people. When she heard about Jesus, **SHE DECIDED TO TRANSFER HER FAITH FROM BELIEVING IN THE DOCTORS TO BELIEVING IN JESUS**. Mark 5:28 says, "*She thought, 'If I can just touch his clothes, I will be healed.'*"

This wise decision solved a twelve year drought of frustration. The woman with the issue of blood found a solution to her problem. When she **CONNECTED** her faith to King Jesus her cycle of frustration **INSTANTLY** disappeared.

Mark 5:29 says, "*Instantly her bleeding stopped, and she felt in her body that she was healed from her disease.*"

All of your problems are waiting on Wisdom. When you find Wisdom you will destroy frustration. Proverbs 4:7 says, "*Wisdom is the **PRINCIPAL** thing; therefore **GET** wisdom: and with all thy getting get understanding.*"

Every frustrating issue, situation and circumstance will end when you discover wise solutions. The woman with the issue of blood suffered for twelve years; **NOT** due to a lack of faith and **NOT** due to a lack of money. She **LACKED WISDOM.**

HERE ARE THREE TIPS TO INCREASING YOUR WISDOM:

- Listen to the counsel of a wise mentor.
- Ask the Holy Spirit to empower you to make wise decisions.
- Study the Word of God.

FOR MORE WISDOM GO TO
WWW.THEWISDOMSTORE.COM