

**Arvada West Invitational  
Friday, September 19, 2025  
Stenger Soccer Complex  
11204 West 58th Avenue**

- 1. There is no school on this day.**
- 2. A bus will not be available.**
- 3. Athletes will need to arrange rides to the meet.**
- 4. Athletes need to be at the meet site at least 90 minutes before you run.**
5. Remember to bring: shoes, uniform, socks, sweats and rain gear, etc.
6. The race schedule is:

|              |                    |
|--------------|--------------------|
| Men's Race   | 12:30PM            |
| Women's Race | 1:15PM             |
| Awards       | approximately 2:15 |

7. Please be responsible for yourself and know when your race will be held. Familiarize yourself with the area, learn the start and finish locations.
8. Please check in with the coaches to get your bib number. The number should be placed on the front of your jersey.
9. The awards will be.

Medals to top 20 Individuals in each race  
Plaques to the top three teams in each race

**PLEASE - Absolutely NO animals are allowed at the Stenger Soccer Complex. If someone arrives with an animal, they will be asked to leave**

10. Please remember to clean up our area before you leave.
11. If you have any questions please see Scott, Judy, Dan or Ben.