

Pat Amato Invitational
Friday, October 3, 2025
Northwest Open Space – 2100 W. 112th Avenue

1. **You will be excused from school at 10:45.**
2. **We will take a bus to this meet. The bus will meet in front of the school at 11:00. The bus will leave at 11:15.**
3. Remember to bring: shoes, uniform, socks, sweats and rain gear, etc.
4. You will be given a bib with your name and bar code. Pin the bib on your singlet. The course will be marked with a chalk line, cones and flags. The miles will be marked.
5. Please be responsible for yourself and know when your race will be held. Familiarize yourself with the area, learn the start and finish locations. Warm-up 20 minutes prior to the start of your race.
6. Race Schedule:
Wheat Ridge is box- TBD
 - 1:00pm - Coaches meeting @ Northglenn check-in tent
 - 1:30pm - JV Boys (7 entries, score 5)
 - 2:00pm - JV Girls (7 entries, score 5)
 - 2:30pm - Varsity Boys (7 entries, score 5)
 - 3:00pm - Varsity Girls (7 entries, score 5)
 - 3:30pm - Boys open (unlimited entries - no bibs, running clock)
 - 4:15pm - Girls open (unlimited entries - no bibs, running clock)
 - 5:00pm - Awards
7. 1st, 2nd, and 3rd place team trophies will be awarded to the varsity divisions. Top **10** varsity individuals in each division will receive trophies. JV: trophies for the top 2 teams and top 5 individuals.
8. Please remember to clean our area before you leave.
9. If you have any questions please see Scott, Judy, Dan or Ben.

