





MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
AUGUST 12 Practice Starts	13	14	Fall Sports Parent and Athlete Meeting 7:00PM -WRHS	16	17	18
19	20	Parent Meeting 6:00PM -WRH	22	PRE-STATE XC Cheyenne Mountain Stampede Penrose Equestrian Center-Colorado Springs 3:20PM	24	25
26	27	28	29 ROJI COUNTRY	HORIZON INVITE  Adams County Fair Grounds 2:30PM	31	SEPTEMBER 1
2  Labor Day  No School  No Practice	3	4	5	6 THORNTON INVITE Margaret Carpenter Rec Center-2:30PM	7	8
9	10	11	12	13	14  LIBERTY BELL  INVITE  Heritage High- 8:00AM	15 FARMER'S 5000
16	17	Chipotle Fund Raiser 4:000PM-8:00PM 32 <sup>nd</sup> and Youngfield	19	20 ARVADA WEST INVITE Stenger Complex-12:30PM	21	22

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
23	Wheat Ridge	25	26	DAVE SANDERS INVITE Clement Park -1:00PM	28	30
31	OCTOBER 1	2	3	4 NORTHGLENN INVITE Open Space Park-1:00PM	5	6
7	8	9	10	11	12 RUN THE LEAGUE COURSE	13
14	15	JEFFCO 4A LEAGUE CHAMPIONSHIPS- NAAC-10:00AM	17	18	19	20
21	22	23	24 REGIONAL CHAMPIONSHIPS	25	26	27
28	29	30	31	NOVEMBER 1	STATE CHAMPIONSHIPS Norris Penrose Center Colorado Spring	3

Web site for Cross Country: <a href="https://www.wheatridgecrosscountry.com">www.wheatridgecrosscountry.com</a>
Cross Country Banquet – Friday, November 15th 6:00PM WRHS Cafeteria