









WHEAT RIDGE CROSS COUNTRY 2023



8.10.2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
AUGUST 7 Practice Starts	8	9	10 Fall Sports Parent and Athlete Meeting 6:30PM -WRHS	11	12 CARNATION FESTIVAL PARADE -8:30AM The Cross Country Team will participate in the parade.	13
15	15 First Day of School	16	17	18 JACK N JILL RELAYS Barr Lake-5:30PM	19 Team Photos At WRHS	20
21	22 	23  Library-6:00	24 DEMONS INVITE NAAC-3:30PM	25 PRE-STATE XC Cheyenne Mountain Stampede Penrose Equestrian Center-Colorado Springs 4:25PM	26	27
28	29	30	31 A meet may be scheduled for this date or Friday	SEPTEMBER 1 A meet may be scheduled for this date.	2	3
4 Labor Day No School No Practice	5	6	7 	8	9 LIBERTY BELL INVITE Heritage High- 8:00AM	10
11	12 	13	14	15 ARVADA WEST INVITE Stenger Complex-12:30PM	16	17 FARMER'S 5000

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18	19	20 CHIPTOLE FUND RAISER 4:00-8:00 32nd & Youngfield	21	22 DAVE SANDERS INVITE Clement Park -1:00PM	23	24
25	26	27	28 	29	30 MEAD INVITE Mead High School- Longmont-8:30AM	OCTOBER 1
2	3	4	5	6 NORTHGLENN INVITE Open Space Park-1:00PM	7	8
9	10 	11 JEFFCO 4A LEAGUE CHAMPIONSHIPS NAAC-2:00PM	12	13	14	15
16	17	18	19 REGIONAL CHAMPIONSHIPS	20	21 	22
23	24 	25	26	27	28 STATE CHAMPIONSHIPS Norris Penrose Center Colorado Springs	29

Web site for Cross Country: www.wheatridgecrosscountry.com

Cross Country Banquet – **TBD**-WRHS Cafeteria