

# VIRTUAL CHAT TIME

BY ZOOM

**THURSDAYS**

**2<sup>nd</sup> & 4<sup>th</sup> Thursday of the Month**

**3:00-4:00 PM**

*An open time to check in and  
share with each other!*

*Stay Connected! Stay Healthy!*

Join the Conversation:  
By Calling 204-467-2582  
Or Email: [si55plus@mts.net](mailto:si55plus@mts.net)



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