



Adapted Program

PAINTING @ HOME

WITH GAIL

Gail Spencer-Lamm is offering FREE Beginner Painting Tutorials!

If you are interested in participating & would like to Paint @ Home with Gail

Please call the 55 Plus Office 204-467-2582

Or email: si55plus@mts.net

For information and links that will enable you to participate.

Choose Your Project – More Available:



Festival of Flowers



Spring Bouquet



Birch Trees



Spring Chicks