Become a Member of the Fifty-Five Plus!

Membership is GROWING!!!!



The South Interlake 55 Plus is a volunteer based, not for profit charitable organization with a mission to encourage all older adults to improve their quality of life by providing educational, recreational, health and social opportunities

Member Benefits Include:

- Monthly Shopping Trips
- Monthly Casino Trips
- Exercise Classes fee based
- Free exercise classes
- Monthly Newsletter
- Various Activities
- Entitled to Vote at AGM

Associate members (**under 55 years of age**) enjoy all of the same benefits, with the exception of voting at the AGM and holding a position on the Board of Directors.

Support your Senior Centre by MEMBERSHIP, VOLUNTERING OR DONATION

Your Contribution is Greatly Appriciated!

55 Plus is a Charitable Organization & Tax Deductible Receipts will be issued for Donations of \$10.00 or more.

Call 204-467-2582 OR email us si55plus@mts.net

