



CHOOSING A CONFIRMATION SPONSOR

QUESTION:

What is a Confirmation Sponsor

ANSWER:

In the same way that your parents chose 'god-parents' for you at your Baptism, at Confirmation YOU now choose a "Sponsor". A sponsor is a person who encourages and assists you in actively practicing and living out your Catholic Faith. Being a sponsor is an honor. A sponsor is a person themselves who is a true witness of Christ and their role is to help you live out your baptismal promises.

DOES MY SPONSOR HAVE TO BE CATHOLIC? YES !

CAN MY PARENTS BE MY SPONSOR? NO

BEFORE ASKING SOMEONE TO BE YOUR SPONSOR

- A sponsor must be at least 16 years of age.
- A sponsor must be a fully initiated Catholic. This means, been Baptized, received Eucharist and been Confirmed.
- A sponsor must be Catholic.
- A sponsor may not be your parent. However, your parent may stand in for your sponsor in the event that they cannot make the ceremony.
- Is this person active in their faith? Is this the kind of person you admire?
- Remember, it's a great honor to be asked to be a "Sponsor" Sometimes asking someone to be a sponsor re-ignites their faith and that's awesome (& the Holy Spirit) !
- You should be the one asking someone to be your sponsor, not your parents, remember it's a great honor to be asked!

