

Tierra L. Ledet
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EDUCATION

Vanderbilt University Peabody College **May 2018**
Master of Education in Clinical Psychological Assessment

Texas Christian University **May 2016**
Cum Laude
Bachelor of Science in Sociology
Bachelor of Science in Psychology

- Thesis: The Impact of Sexualized Breast Cancer Campaigns on the Wellbeing of Women with Breast Cancer
Advisor: Dr. Cathleen Cox

CLINICAL & RESEARCH EXPERIENCE

Mental Health Clinician **April 2019 – Present**

UTMB Correctional Managed Care, Dayton, TX Cluster
Supervisor: Leslie Buys, M.A., LPC, MHM

- Conduct mental health evaluations, clinical interviews, and adaptive behavior skills assessments for incoming and on-unit offenders
- Provide psychological intervention for offenders with histories of severe trauma, abuse, or sexual assault
- Assist security in de-escalation in emergencies or altercations between or with offenders
- Respond to offenders in distress and provide therapeutic intervention through brief supportive counseling, assistance, and support
- Assist offenders with adjustment to incarceration and reintegration into society upon release
- Develop individual treatment plans for offenders who present with maladjustment or mental health diagnoses
- Consult and coordinate with TDCJ staff and security to ensure patient welfare and safety
- Train TDCJ staff and security on mental health related issues
- Maintain patient records within accordance of American Correctional Association, UTMB, and TDCJ standards
- Uphold UTMB and TDCJ policies and procedures
- Refer offenders with active mental health symptomology to psychiatry for psychotropic treatment
- Conduct welfare status checks on offenders in segregation
- Communicate effectively with patients on their level
- Coordinate and provide mental health operations/services at an unstaffed neighboring unit during COVID-19

Psychometrician **2018-2019**

Nantz National Alzheimer's Center, Houston Methodist Hospital
Supervisor(s): Joseph Masdeu, M.D., Ph.D.

- Conducted neuropsychological and cognitive assessments of clinical and clinical trial research patients with memory impairments (i.e. mild cognitive impairment) and various forms of dementia (i.e. Alzheimer's, frontotemporal, posterior cortical atrophy, lewy-body, primary progressive aphasia, vascular)
- Scored assessments according to clinical or research guidelines
- Conceptualized disease profiles (i.e. interview, assessment scores, neuroimaging, report writing) with neuropsychologist and physicians
- Built rapport with patients and families during appointments
- Documented patients' behavioral observations throughout appointments
- Interviewed patients and families to assess quality of life and level of impairment
- Observed physician rounds on neurological units within hospital
- Maintained research database and patient charts
- Screened and consented patients for participation in research
- Assisted patients with study procedures
- Assisted with PET Scans and MRI procedures (i.e. specimen collection)

Research Assistant

2017-2018

Center of Cognitive Medicine, Vanderbilt University

Supervisors: Warren Taylor, M.D. & Kimberly Albert, Ph.D.

- Clinical research with geriatric populations with late life depression and/or at risk for Alzheimer's Disease
- Investigated factors influencing subjective cognitive decline, efficacious traditional antidepressant and novel treatments (i.e. transdermal nicotine)
- Conducted neuropsychological and cognitive assessments for various research projects
- Manuscript preparation as a primary author and co-author; literature reviews; data collection, entry, and analysis (SPSS)
- Screened and consented participants for participation in research
- Assisted participants with study procedures and MRI tasks
- Attended psychiatric lectures/seminars to evaluate current medical and psychological research to discover beneficial research, assessment, and treatment to advance field

Practicum Student

2017-2018

Department of Neurology, Vanderbilt Medical Center

Supervisor: Elise Bradley, PhD

- Administered and scored neuropsychological assessments (R-BANS, NAB, D-KEFS) for patients with Parkinson's, Dystonia, Essential Tremor referred for Deep Brain Stimulation (DBS) and post annual assessment following DBS
- Conducted and interpreted clinical interviews
- Communicated results in patient feedback sessions and through report writing for various stakeholders in DBS process
- Consented patients for participation in research
- Performed basic administrative duties to maintain patient files
- Conceptualized patient profiles to determine best treatment methods

Reading Tutor

2016-2017

Vanderbilt University, Kennedy Center Reading Clinic

Supervisor: Sheri Jansen & Alicia Cumberbatch

- Collaboration with colleagues from other fields (speech-language pathology, education) to conceptualize and implement an evidence-based reading plan
- Administered reading assessment for children who are bilingual or have neurodevelopmental disorders
- Implemented behavior management using Applied Behavior Analysis techniques
- Communicated assessment data, intervention plan, and goals to parents in layman terms during feedback sessions and reports

Research Assistant

2014-2016

Department of Psychology, Texas Christian University

Supervisor: Cathy R. Cox, PhD

- Developed and implemented experiments regarding the impacts of sexualized breast cancer campaigns on women's health and well-being
- Grant funded by TCU Science and Engineering Research Center
- Instructed participants through intricate experimental procedures and debriefed upon completion
- Translated over 300+ individual videos containing qualitative information to quantitative data for inter-coder reliability

PUBLICATIONS

Albert, K., **Ledet, T.**, Taylor, W., & Newhouse, P. (2019). Estradiol administration differentially affects the response to experimental psychosocial stress in post-menopausal women with or without a history of major depression. *Journal of affective disorders*, 261, 204.

PROFESSIONAL PRESENTATIONS

Ledet, T., Van Enkevort, E.A., & Cox, C.R. (2016). *The Effects of Sexualized Breast Cancer Campaigns on the Cognitive Wellbeing of Women with Breast Cancer*. Presentation at the Texas Christian University McNair Scholars Program, Fort Worth, TX.

Ledet, T., Sutherlin, K., Quinn, T., Martinez, J., Van Enkevort, E. A., & Cox, C. R. (2016). *Appearance counts: The impact of appearance concerns on women's breast health*. Poster presented at the 2016 annual South Western Psychological Association Conference, Dallas, TX.

Ledet, T., VanEnkevort, E. A., Quinn, T., Sutherlin, K., & Cox, C.R. (2016). *The Influence of Sexualized Breast Cancer Campaigns on the Wellbeing of Women with Breast Cancer*. Poster presented at the 2016 College of Science and Engineering Student Research Symposium, Texas Christian University, Fort Worth, TX.

Ledet, T., Sutherlin, K., Quinn, T., Martinez, J., Van Enkevort, E. A., & Cox, C. R. (2016). *Appearance counts: The impact of appearance concerns on women's breast health*. Poster presented at the 2016 TCU Student Research Symposium, Fort Worth, TX.

Ledet, T., VanEnkevort, E. A., Quinn, T., Sutherlin, K., & Cox, C.R. (2015). *The Impact of Appearance Concerns on Breast Health Behavior in Women*. Poster presented at the 2015 College of Science and Engineering Student Research Symposium, Texas Christian University, Fort Worth, TX.

Ledet, T., Sutherlin, K., Baber, K., Davis, D., Van Enkevort, E. A., & Cox, C. R. (2015). *The Impact of Body Focus on the Cognitive Performance of Women with Breast Cancer*. Poster presented at the 2015 TCU Student Research Symposium, Texas Christian University, Fort Worth, TX.

Ledet, T., Weaver, L., Alfieri, K., Freeman, H., Van Enkevort, E. A., & Cox, C. R. (2014). *The Effects of Appearance Concerns on Breast Self-exam Intentions*. Poster presented at the 2014 Annual South Western Psychological Association Conference, San Antonio, TX.

PROFESSIONAL EXPERIENCE

Psychometrician

2018-Present

Degreed

Independent Contractor

- Perform objective, psychometric assessment of knowledge, skills, and abilities and assert rubric-based leveling aligned to the Connecting Credentials Framework
- Review written essays and associated work portfolios from applicants ranging from 900 to 1,800 words in length
- Synthesize assessment feedback on underlying rubric elements and document in web-based tools
- Advise periodically on sound measurement practices, potential system updates, process improvements or future product enhancements
- Perform market research as needed to gain understanding of new and emerging skills

Administrative Consultant

2018-present

Gabriel Funeral Home, Inc.

Supervisor: Leonard Gabriel, Jr., President

- Train personnel in administrative duties
- Assist CEO with business affairs
- Compose correspondence for business related affairs on behalf of CEO and various company stakeholders
- Assist with composing business plans for new company projects

Graduate Assistantship

2016-2018

Vanderbilt University, Office of Undergraduate Medical Education: Immersion Phase

Supervisor: Brenna Hansen

- Retrieved, organized, analyzed, and disseminated data (i.e. charts, tables, graphs) for various reports (i.e. quarterly semi-annual, annual, longitudinal) for department and Dean of Medicine
- Maintained, managed and secured large database of confidential information
- Collaborated with IT team to improve efficiency of data collection process through VStar Learn Platform
- Assisted course coordinators and professors with monthly course design and setup

- Assisted with survey construction to collect data from students regarding curriculum and specialty class registration
- Prioritized and organized timelines for projects by level of importance
- Temporarily accountable for two additional job roles for six months during team transitions
- Worked independently on data projects to help team meet deadlines and achieve goals

Assistant Office Manager

2014-2018

Gabriel Funeral Home, Port Arthur, TX

Supervisor: Leonard Gabriel, Jr., President

- Composed correspondence for business related affairs on behalf of CEO and various stakeholders
- Collaborated with other local businesses and local government affiliates to increase clientele resources
- Coordinated family appointments, private viewings, and funeral cases
- Increased company's visibility by implementing a website and social media platform
- Coordinated office trainings and operations to increase efficiency
- Independently researched intra-industry and interindustry trends to plan yearly projections
- Designated tasks to office staff and assisted them during peak business hours

Graduate Assistantship

Summer 2017

Vanderbilt University, Department of Human & Organizational Development

Supervisor: Mark Cannon, PhD

- Edited manuscripts for publication
- Prepared lecture material and course content
- Conducted literature reviews to support lecture material

HONORS & AWARDS

- Vanderbilt University Graduate Tuition Scholarship, 2017-2018
- Ronald E. McNair Scholar, Spring 2015
- TCU Leadership Scholar, Fall 2015
- TCU Black Alumni Alliance Scholarship Recipient 2015
- TCU Science and Engineering Research Center (SERC) Grant, \$1107 (funded), Spring 2015
- TCU Dean's Honor Roll, Spring 2015, Fall 2015

PROJECT

Texas Christian University, Department of Psychology

Fall 2015

Course: Tests and Measurements

Professor: Ellen Broom, Ph.D.

- Collaborated with four classmates to design a valid and reliable psychometric scale and interview selection method for Student Development Services (SDS) to standardize selection of 50 annual student leadership awards
- Presented psychometric scale and interview methodology to SDS

TEACHING EXPERIENCE

Lecturer

Summer 2015

Texas Christian University, Department of Sociology

Course: Marriage and Family

Professor: Angela Thompson, Ph.D.

- Developed and delivered a 90 minute lecture on “The Sandwich Generation” to 30 undergraduate students

ASSESSMENT EXPERIENCE*

- Mini-Mental Status Exam (MMSE)
- Montreal Cognitive Assessment (MoCA)
- Hare Psychopathy Checklist Revised (PCL-R)
- Columbia Suicide Severity Rating Scale (C-SSRS)
- Repeatable Battery for the Assessment of Neuropsychological Status (RBANS)
- Delis-Kaplan Executive Function System (D-KEFS)
- Neuropsychological Assessment Battery (NAB)
- Dementia Rating Scale (DRS-2)
- Conners’ Continuous Performance Task II (Conners’ CPT-II)
- Hopkins Verbal Learning Test (HVLN-R)
- California Verbal Learning Test (CVLT-II)
- Brief Visuospatial Memory Test (BVRT-R)
- Benton Judgment of Line Orientation (JoLO)
- Benton Facial Recognition Test (BFRT)
- Cogstate Computerized Cognitive Assessment Battery
- Brief Psychiatric Rating Scale (BPRS)
- Mini-International Neuropsychiatric Interview (MINI)
- Beery-Buktenica Developmental Test of Visual-Motor Integration (Beery VMI)
- Montgomery-Asberg Depression Rating Scale (MADRS)
- Structured Clinical Interview for DSM-5 (SCID-5)
- Geriatric Depression Scale - Yesavage
- Beck’s Depression Inventory (BDI)
- Beck’s Anxiety Inventory (BAI)
- Woodcock Johnson IV Tests of Achievement (WJ-IV)
- Wechsler Test of Adult Reading (WTAR)
- Wechsler Memory Scale (WMS)
- Wechsler Adult Intelligence Scale (WAIS-IV)
- Wechsler Intelligence Scale for Children (WISC-V)
- The Phonological Awareness Profile (PAP)
- NYU Paragraph Recall Test
- Boston Naming Test (BNT)
- Trails A & B
- Global Deterioration Scale (GDS)
- Brief Cognitive Rating Scale (BCRS)
- Cumulative Illness Rating Scale (CIRS)
- Test of Memory Malingering (TOMM)
- Clinical Dementia Rating Scale (CDR)
- Unified Parkinson’s Disease Rating Scale (UPDRS)
- Birmingham Object Recognition Battery (BORB)
- Progressive Aphasia Severity Scale (PASS)
- Clock Drawing Test
- Alzheimer’s Disease Assessment Scale (ADAS-Cog 13)
- Rey Auditory Verbal Learning Task (R-AVLT)

- Benson Complex Figure Test
- NACC FTLD Module
- NACC Neuropsychological Battery
- Neuropsychiatric Inventory (NPI)
- Instrumental Activities of Daily Living Scale (IADL)
- Frontal Behavioral Inventory (FBI)
- Frontal Systems Behavioral Scale (FrSBe)
- Questionnaire for Impulsive-Compulsive Disorders in Parkinson's Disease (QUIP)

*This list comprises the most common assessments and scales I have utilized during my career, but is not exhaustive.

PROFESSIONAL QUALIFICATIONS & SKILLS

Science Communication (SciCom) Training – training on communicating complex science ideas and results to everyday audiences

Teaching as a Reflective Practice: Graduate Student Pedagogy Certification

Epic Systems

PEARL Electronic Medical Record

StarPanel Electronic Health Record System

Slack Communication Platform

VSTAR Learning Platform

2U: Digital Education Learning Platform

IBM SPSS Statistics Analysis Software

MORTI-Methodist Onlince Research Technology Initiative (MORTI)

SONA Systems-system to schedule, communicate with, and award research credit to study participants

Qualtrics Survey Software

RedCap: Research Electronic Data Capture

CITI Training, Research Ethics

Responsible Conduct of Research (RCR) Training Workshop

Texas Electronic Registrar Death Registration System (TEDR)

Texas Department of Criminal Justice Mainframe

Microsoft Office (Excel, PowerPoint, Word, Outlook)

iWork Suite (Keynote, Numbers, Pages)

Adobe Pro

PROFESSIONAL MEMBERSHIPS

- Texas Psychological Association, Master's Recent Graduate Member
- Texas Association of Psychological Associates (TAPA)
- Houston Neuropsychological Society, Member
- National Alliance on Mental Health (NAMI), Member
- Alzheimer's Impact Movement (AIM), Member
- Psi Chi International Honor Society in Psychology, TCU Chapter, Member
- Mortar Board Senior Honor Society, TCU Chapter, Member
- Alpha Kappa Delta International Sociology Honor Society, Member
- Kappa Delta Pi, International Honor Society in Education, Vanderbilt Chapter, Member

CIVIC INVOLVEMENT

- Congressional Black Caucus Institute's Advocacy and Campaign Training (ACT), February 2019
- NAMI Public Policy Committee, January 2020 – May 2021
 - Educate and advocate for mental health initiatives to state congressional leaders

VOLUNTEER EXPERIENCE

UTMB CMC Mental Health Competency Group	2020-Present
<ul style="list-style-type: none"> ● Recommended by senior regional mental health manager to assist company mental health administrators update staff competencies for seasoned and new employees 	
Lector	2019-Present
<ul style="list-style-type: none"> ● Read passages and/or church announcements during mass services throughout year 	
RCIA Instructor	2019-Present
<ul style="list-style-type: none"> ● Instruct a portion of adult formation courses ● Provide support to converts during their spiritual journey 	
Memorial Hermann Hospice Volunteer	2019-Present
<ul style="list-style-type: none"> ● Provide respite care for hospice patients and families 	
TCU Alumni Ambassador	2018-Present
<ul style="list-style-type: none"> ● Endorse TCU on social media ● Share TCU experience with prospective students and families 	
Vanderbilt Ambassadors	2017-2018
<ul style="list-style-type: none"> ● Assisted program directors & admissions office with applicants and incoming students 	
TIPS Autism Intervention Study	Spring 2017
<ul style="list-style-type: none"> ● Assisted young adults on the Autism Spectrum with goal planning & adaptive life skills 	
TCU Center for Connection Culture	2015-2016
<ul style="list-style-type: none"> ● Collaborated with campus administration and students to improve TCU campus culture 	
TCU Leaders for Life Peer Mentor	2014-2016
<ul style="list-style-type: none"> ● Advised undergraduate students about their college experience and decision-making 	
TCU Upward Bound Panelist	Spring 2016
<ul style="list-style-type: none"> ● Spoke with high school juniors and seniors about college experience 	
TCU Black History Month Planning Committee	2013-2015
<ul style="list-style-type: none"> ● Planned and hosted educational and cultural events for students on campus ● Planned dinner for TCU Black Alumni and minority students, reviving Black Alumni Alliance 	