



WINDJAMMER INVITE

Friday, May 8, 2026

Field Events-4:30PM and Running Events 5:00 PM

Saturday, May 9, 2026

Field Events-9:00AM and Running Events 10:00 AM

Englewood High School 3800 S Logan St, Englewood, CO 80113

Approximate Time Table- We will stick to this as closely as possible but may run slightly behind or ahead	
Friday Night - 5:00 PM Start Time on Track <i>All races run girls then boys, "slow to fast"</i>	Saturday Morning- 9:00 AM Start Time on Track <i>All races run girls then boys, "slow to fast"</i>
5:00- 4x800 Meter Relay (1 Heat Girls / 1 Boys)	9:00- 3200 Meter Run (2 Heats Girls / 2 Boys)
5:25- 100/110 Hurdles (7 Heats Girls / 5 Boys)	9:50- 4x100 Meter Relay (3 Heats Girls / 4 Boys)
5:55- 100 Meter Dash (11 Heats Girls / 13 Boys)	10:20- 400 Meter Dash (9 Heats Girls / 10 Boys)
6:40- 4x200 Meter Relay (2 Heats Girls / 3 Boys)	11:00- 300 Meter Hurdles (6 Heats Girls / 7 Boys)
7:10- 1600 Meter Run (3 Heats Girls / 4 Boys)	11:40- 800 Meter Run (4 Heats Girls / 5 Boys)
Friday Field Events- All Starting at 4:30 PM Boys Shot Put (4) and Girls Discus (4) Boys Triple Jump (3) and Girls Long Jump (4) Girls High Jump (1, 29 entries)	12:10- 200 Meter Dash (12 Heats Girls / 13 Boys)
	1:00- 4x400 Meter Relay (2 Heats Girls / 4 Boys)
	Saturday Field Events- Starting at 9:00 AM Girls Shot Put (4) and Boys Discus (4) Girls Triple Jump (3) and Boys Long Jump (5) Boys High Jump (1, 36 entries)

CHECK IN PROTOCOL: see map

For Track Events

- 1, Go to the table at 50 yard line
- 2, Find name, heat, and lane/position on the provided heat sheets
- 3, Grab your 2 (two) hip numbers- left chest and left hip
 - a. Distance only- No numbers are needed for sprints / laned races
 - b. 4.x8 and 4x4- get hip numbers for all 4 athletes so we can accurately get relay splits
4. Show up to the start line before your race and the clerk will check you in and get you on the track

For Field Events

1. Check in **at event with official at least 30 minutes before start time** (no numbers required)

AWARDS: first place, all 4 relay members will receive a shirt

FACILITY: Concessions stand, newly-renovated indoor bathrooms, stadium seating, meet announcer and music, live results, warm-up field next to stadium, Little Dry Creek Path for warm-up/cool-down

FIELD EVENTS:

In order to ensure that all field events are done in a timely manner, only the **top 48 entries will be accepted**. All horizontal field events will be 3 attempts followed by finals for the top 9 athletes. All marks will be measured regardless of distance.

ADDITIONAL INFORMATION:

- **Admission:** Tickets will be \$5 at the gate, for each session
- Tents may only be set up on the top row of bleachers, first come first serve.
- Concessions will be available throughout both days of the meet
- A trainer and training room will be available for treatment of injuries.

