

**SATURDAY, MARCH 28, 2026
NIWOT INVITATIONAL**

WOMEN

3200 M Run 8:45	NYTIA				
3200 M. Relay 10:00	800	800	800	800	
100 M. Hurdles	ERIN MARIANNA				
100 M. Dash					
800 M. Relay	200	200	200	200	
LUNCH BREAK					
12:40 Lunch Break					
1600 M Run 1:00	NYTIA				
400 M. Relay	100	100	100	100	
400 M. Dash					
300 M. Hurdles	ERIN MARIANNA				
800 M. Run	NYTIA				
200 M. Dash					
1600 M. Relay	400	400	400	400	
Discus 1:00					
Shot Put 9:00					
Long Jump 9:00	ERIN MARIANNA				
Triple Jump 1:30	ERIN MARIANNA				
High Jump 9:00					

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MEN

3200 M Run	JACK				
3200 M. Relay	800	800	800	800	
110 M. Hurdles					
100 M. Dash	ZAC	MATVEY	EVAN A.	GABRIEL	ADRIAN
800 M. Relay	200	200	200	200	
LUNCH BREAK					
12:40-Lunch Break					
1600 M. Run 1:45	JACK	ADRIAN			
400 M. Relay	100	100	100	100	
400 M. Dash	JOSH	ADRIAN			
300 M. Hurdles					
800 M. Run	JACK	ADRIAN			
200 M. Dash	ZAC	MATVEY	EVAN A.	GABRIEL	
1600 M. Relay	400	400	400	400	
Discus 9:00					
Shot Put 1:00					
Long Jump 9:00	ZAC	GABRIEL			
High Jump 1:00					
Triple Jump 1:30	GABRIEL				