

4A & 5A Jeffco League Championships - 4/30/2025 to 5/3/2025**Jeffco Stadium****Meet Program - 4A/5A League Championships****Event 39 Girls 4x800 Meter Relay 4A****Wednesday 4/30/2025 - 3:00 PM****League: 9:38.23 2018 D'Evelyn****T. Haerbig, K. Haerbig, G. Thompson, S. Morin**

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Conifer High	A	9:51.95
2	Dakota Ridge	A	10:15.35
3	Green Mounta	A	10:30.38
4	Evergreen Hi	A	10:34.85
5	Littleton Hi	A	10:53.64
6	D'Evelyn Hig	A	11:15.37
7	Standley Lak	A	11:56.57
8	Wheat Ridge	A	13:15.91

Event 16 Girls 4x800 Meter Relay 5A**Wednesday 4/30/2025 - 3:15 PM****League: 9:22.81 2019 Valor****R. Dragovich, A. Jones, K. Jones, T. Whitfield**

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Golden High	A	9:52.89
2	Chatfield Hi	A	10:21.96
3	Ralston Vall	A	10:22.81
4	Columbine Hi	A	10:37.43
5	Arvada West	A	10:50.12
6	Lakewood Hig	A	11:37.14
7	Bear Creek H	A	12:04.95

Event 40 Boys 4x800 Meter Relay 4A**Wednesday 4/30/2025 - 3:25 PM****League: 8:03.43 2016 Evergreen****A. Aafedt, Donati-Leach, W. Michener, B. Swenson**

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Green Mounta	A	8:18.74
2	Conifer High	A	8:28.26
3	Dakota Ridge	A	8:33.78
4	Littleton Hi	A	8:47.21
5	Evergreen Hi	A	8:50.05
6	D'Evelyn Hig	A	8:54.53
7	Standley Lak	A	8:55.60
8	Pomona High	A	9:10.36
9	Wheat Ridge	A	9:11.23

Event 17 Boys 4x800 Meter Relay 5A**Wednesday 4/30/2025 - 3:40 PM****League: 7:48.80 5/3/2023 Valor Christian High School****D Eike, K Dendorfer, E Swan, D Costelow**

Lane	Team	Relay	Seed Time
Section 1 of 1 Finals			
1	Golden High	A	8:02.43
2	Chatfield Hi	A	8:25.08
3	Lakewood Hig	A	8:25.38
4	Columbine Hi	A	8:40.11
5	Ralston Vall	A	9:04.12
6	Bear Creek H	A	9:29.53
7	Arvada West	A	9:49.22
8	Valor Christ	A	NT

Event 41 Girls 100 Meter Hurdles 4A**Wednesday 4/30/2025 - 3:55 PM****League: 14.15 2011 Annie Kunz**

Lane	Name	Yr	School	Seed Time
Heat 1 of 3 Prelims				
1	Oliva, Jordan	11	Pomona High	21.21
2	Wallace, June	9	Wheat Ridge	21.17
3	Van Opdorp, Aubrey	9	D'Evelyn Hig	19.59
4	Kallender, Alexandra	12	Conifer High	18.91
5	Darashenka, Katsiaryna	12	Dakota Ridge	16.69
6	McFall, Megan	12	Standley Lak	17.40
7	Neff, Lili	9	Littleton Hi	18.76
8	Kimball, Reagan	9	Standley Lak	19.67
Heat 2 of 3 Prelims				
1	Reed, Maryn	9	Green Mounta	22.28
2	Oliver, Sophie	11	Green Mounta	20.89
3	Wallrath, Josie	9	Littleton Hi	19.37
4	Pharris, Elle	12	D'Evelyn Hig	19.01
5	Stanford, Kate	12	Dakota Ridge	16.46
6	Dutta, Aksita	11	D'Evelyn Hig	17.83
7	Sasgen, Bailey	9	Dakota Ridge	18.58
8	Victorino, Gracie	9	Pomona High	19.92
Heat 3 of 3 Prelims				
1	Sellers, Madelynn	10	Green Mounta	NT
2	Hartin, Erin	9	Wheat Ridge	20.55
3	Hansen, Lauren	12	Conifer High	19.34
4	Greager, Taylor	9	Wheat Ridge	19.24
5	Frazer, Hannah	11	Pomona High	16.38
6	Brandon, Maya	12	Standley Lak	17.87
7	van der Zee, Aspen	10	Evergreen Hi	18.41
8	Susak, Amelia	10	Conifer High	20.41

4A & 5A Jeffco League Championships - 4/30/2025 to 5/3/2025**Jeffco Stadium****Meet Program - 4A/5A League Championships****Event 1 Girls 100 Meter Hurdles 5A****Wednesday 4/30/2025 - 4:00 PM****League: 14.43 2022****Amelia Hubbell**

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Prelims

3	Ayriss, Cheyene	11	Arvada West	21.12
4	Goodrich, Haven	12	Lakewood Hig	20.29
5	Shore, Kelsey	12	Chatfield Hi	16.65
6	King, Jaiden	12	Ralston Vall	16.87
7	Water, Gracie	12	Columbine Hi	19.67
8	Lee, Juliana	9	Lakewood Hig	21.30

Heat 2 of 3 Prelims

3	Benallo, Abigail	11	Arvada West	21.05
4	Kriner, Sophie	10	Golden High	20.41
5	Cannizzaro, Jessica	11	Ralston Vall	16.62
6	Goodwin, Sadie	10	Chatfield Hi	17.36
7	Inene, Angel	9	Lakewood Hig	19.11
8	Coronel Duran, Ashley		Lakewood Hig	21.85

Heat 3 of 3 Prelims

2	Quesada, Aniela	12	Golden High	23.71
3	Scobey, Evelyn	10	Golden High	20.54
4	Schrecengost, Reese	9	Columbine Hi	20.53
5	McReynolds, Linley	11	Arvada West	15.51
6	Sundbye, Kara	11	Ralston Vall	18.04
7	McKenzie, Sophi	9	Ralston Vall	19.01
8	Carlson, Joy	9	Lakewood Hig	21.95

Event 42 Boys 110 Meter Hurdles 4A**Wednesday 4/30/2025 - 4:15 PM****League: 14.79 2001****Tim Merz**

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Prelims

3	Libby, Dominic	9	Evergreen Hi	20.41
4	Lego, Donovan	12	Littleton Hi	18.39
5	Parker, Cael	11	D'Evelyn Hig	17.08
6	Apmann, Zachary	12	Standley Lak	17.37
7	Danburg, Landon	11	Dakota Ridge	18.27
8	Charles, Zachary	9	Pomona High	20.63

Heat 2 of 3 Prelims

3	Gordon, Calum	12	Wheat Ridge	19.83
4	Knolmayer, Brandon	11	Conifer High	18.53
5	Delgado-Yoshimura, Josep	11	Pomona High	16.53
6	Eneboe, Aiden	11	Standley Lak	17.51
7	Delgado-Yoshimura, Johnr	10	Pomona High	18.18
8	Howell, Josh	9	Littleton Hi	21.08

Heat 3 of 3 Prelims

2	Menard, Gabe	11	Littleton Hi	21.15
3	Ditirro, Giovanni	12	Wheat Ridge	19.40
4	Cook, Nate	12	D'Evelyn Hig	18.97
5	Jindra, Liam	12	Dakota Ridge	15.50
6	Wilkerson, Cooper	11	Standley Lak	17.65
7	Larsen, Adam	10	D'Evelyn Hig	17.82
8	Rooke, Eric	9	Conifer High	21.12

Event 2 Boys 110 Meter Hurdles 5A**Wednesday 4/30/2025 - 4:25 PM****League: 14.03 1992****Jeremy Kendall**

Lane	Name	Yr	School	Seed Time
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Heat 1 of 2 Prelims

1	Thompson, Jason	11	Golden High	19.74
2	Rich Carmona, Zion	12	Lakewood Hig	19.50
3	Tibbles, Donaven	11	Bear Creek H	17.90
4	Thomas, Dylan	10	Bear Creek H	17.18
5	Hubbell, Graham	11	Chatfield Hi	15.84
6	Lucerna, Joseph	11	Arvada West	16.11
7	Unruh, Bentley	9	Valor Christ	17.00
8	Petrovic, Jovan	11	Bear Creek H	18.63

Heat 2 of 2 Prelims

2	Madera, Luis	11	Ralston Vall	19.04
3	French, Beckett	12	Chatfield Hi	17.90
4	Hubbell, Nash	9	Chatfield Hi	17.73
5	Cain, Carson	11	Columbine Hi	15.25
6	Stickel, Jebediah	12	Golden High	16.61
7	Lester, Jake	11	Ralston Vall	16.77
8	Clifton, Andrew	10	Ralston Vall	18.89

Event 43 Girls 100 Meter Dash 4A**Wednesday 4/30/2025 - 4:30 PM****League: 11.83 2008****Emily Blok**

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Prelims

1	Tompkins, Claire	12	Wheat Ridge	14.49
2	Hansen, Kaitlyn	9	Conifer High	14.38
3	Fawcett, Allison	12	D'Evelyn Hig	13.94
4	Jay, Lydia	10	Dakota Ridge	13.60
5	Freeman, Wren	9	Littleton Hi	13.13
6	Trotter, Savannah	11	Green Mounta	13.21
7	Rodriguez, Sadie	9	Dakota Ridge	13.58
8	Victorino, Gracie	9	Pomona High	14.10

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Heat 2 of 3 Prelims...(Event 43 Girls 100 Meter Dash 4A)

1	Bradley, Sophia	11	Littleton Hi	NT	_____
2	Cabral, Ava	12	Pomona High	14.19	_____
3	Minden, Katelyn	11	D'Evelyn Hig	13.91	_____
4	Di Donato, Mia	11	Green Mounta	13.60	_____
5	Ellington, Devyn	11	Evergreen Hi	12.94	_____
6	Johnson, Kara	10	Green Mounta	13.39	_____
7	Botsford, Fiona	11	Wheat Ridge	13.55	_____
8	Sanvido, Rylie	11	Conifer High	14.10	_____

Heat 3 of 3 Prelims

1	Winters, Maya	10	Conifer High	NT	_____
2	Swackhamer, Enna	11	Littleton Hi	14.15	_____
3	Rosas, Jessica	11	Pomona High	13.90	_____
4	Bennion, Sonja	12	D'Evelyn Hig	13.71	_____
5	Park, Grace	12	Dakota Ridge	12.82	_____
6	Spungin, Vivienne	9	Evergreen Hi	13.44	_____
7	Sabina, Maddie	12	Evergreen Hi	13.47	_____
8	Greager, Taylor	9	Wheat Ridge	14.11	_____

Event 3 Girls 100 Meter Dash 5A

Wednesday 4/30/2025 - 4:40 PM				
League:		11.74	1986	Maureen Bookstrom
Lane	Name	Yr	School	Seed Time

Heat 1 of 5 Prelims

1	Stueven, Sydney	11	Valor Christ	NT	_____
2	Gallegos, Kayanna		Columbine Hi	14.98	_____
3	Sjogren, Malika	10	Golden High	14.31	_____
4	Matthews, Josephine	12	Golden High	13.62	_____
5	Ritchie, Stella	9	Arvada West	13.25	_____
6	Brown, Kenzie	10	Ralston Vall	13.25	_____
7	Raymond, Kaydence	12	Bear Creek H	13.58	_____
8	Henderson, Janie	12	Golden High	14.37	_____

Heat 2 of 5 Prelims

1	O'Connor, Brianna	11	Columbine Hi	NT	_____
2	Read, Emme	11	Columbine Hi	14.88	_____
3	Ellis, Tiahana		Columbine Hi	14.27	_____
4	Dennis, Caitlin	12	Chatfield Hi	13.64	_____
5	Hickam, Kelle	12	Ralston Vall	12.89	_____
6	Liberatore, Francesca	9	Valor Christ	13.28	_____
7	Esquibel, Dionna	10	Columbine Hi	13.51	_____
8	Pena, Santana		Arvada West	14.38	_____

Heat 3 of 5 Prelims

1	Wood, Ella	11	Chatfield Hi	NT	_____
2	Ryan, Isabella		Columbine Hi	14.88	_____
3	Oman, Aubrey		Chatfield Hi	14.23	_____
4	Dreeszen, Tess	10	Arvada West	13.65	_____
5	Martinez, Jenna	11	Valor Christ	12.56	_____
6	Veldhuizen, Graysen	11	Valor Christ	13.33	_____
7	Melton, Ava	11	Valor Christ	13.47	_____
8	Dai, Sophia	10	Lakewood Hig	14.48	_____

Heat 4 of 5 Prelims

2	Vettraino, Laine	11	Bear Creek H	14.84	_____
3	Arenas, Avany	11	Bear Creek H	14.23	_____
4	Wright, Tatym	10	Arvada West	13.70	_____
5	Malcolm, Emmalieg	12	Ralston Vall	12.53	_____
6	Hobson, Sammy	11	Columbine Hi	13.38	_____
7	Redmond, Payton	9	Golden High	13.47	_____
8	Abraham, Mason	11	Columbine Hi	14.52	_____

Heat 5 of 5 Prelims

2	Carrillo, Victoria	9	Lakewood Hig	14.77	_____
3	Lee, Jenna	10	Chatfield Hi	13.81	_____
4	Karasch, Kaelyn		Columbine Hi	13.74	_____
5	Londo, Ellie	11	Valor Christ	11.79	_____
6	King, Jaiden	12	Ralston Vall	13.39	_____
7	Smith, Talbot	10	Chatfield Hi	13.39	_____
8	Hilburger, Nina	9	Lakewood Hig	14.66	_____

Event 44 Boys 100 Meter Dash 4A

Wednesday 4/30/2025 - 4:50 PM				
League:		10.38	1999	K.J. West
Lane	Name	Yr	School	Seed Time

Heat 1 of 3 Prelims

1	Copeland, Zachary	10	D'Evelyn Hig	12.08	_____
2	Kessey, Clinton	11	D'Evelyn Hig	12.08	_____
3	Lisco, Jack	11	Littleton Hi	11.68	_____
4	Contreras, Drew	11	Green Mounta	11.52	_____
5	Kennedy, Shane	11	Green Mounta	11.32	_____
6	Durica, Max	12	Littleton Hi	11.33	_____
7	Washer, Silar	10	Conifer High	11.44	_____
8	Lusk, Ryan	11	Standley Lak	11.68	_____
9	Molina, Jaydon	11	Pomona High	NT	_____

Heat 2 of 3 Prelims

1	Fitzpatrick, Canaan	12	Wheat Ridge	12.09	_____
2	Sanders, James	10	D'Evelyn Hig	11.88	_____
3	Elwood, Guinness	11	Evergreen Hi	11.67	_____
4	Sheatzley, Zachary	10	Wheat Ridge	11.62	_____
5	Ton, Alex	11	Dakota Ridge	11.13	_____
6	Clate, Austin	12	Conifer High	11.33	_____
7	Washer, Solomon	11	Conifer High	11.43	_____
8	Koncurat, Victor	12	Green Mounta	11.74	_____
9	McKeegan, Max	9	Littleton Hi	13.09	_____

Heat 3 of 3 Prelims

1	Alvarado, Dillon	12	Evergreen Hi	12.12	_____
2	Graham, Liam	12	Standley Lak	11.80	_____
3	White, Grady	10	Evergreen Hi	11.64	_____
4	Palladino, Brady	11	Dakota Ridge	11.63	_____
5	Southern, Zaccary	11	Wheat Ridge	10.88	_____
6	Rodriguez, Nate	11	Dakota Ridge	11.34	_____
7	Beck, Finnegan	11	Standley Lak	11.37	_____
8	McKay, Randolph	11	Pomona High	11.74	_____
9	Navalany, Cameron	10	Pomona High	12.66	_____

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Event 4 Boys 100 Meter Dash 5A

Wednesday 4/30/2025 - 4:55 PM

League: 10.40 1986 Dean Armiger

Lane	Name	Yr	School	Seed Time
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Heat 1 of 4 Prelims

1	Penk, Joel	11	Bear Creek H	12.85
2	Cohn, Brier	10	Lakewood Hig	12.75
3	Dabanka, Harlem	9	Lakewood Hig	11.89
4	Brown, Jack	12	Valor Christ	11.40
5	Shirazi, Ethan	11	Ralston Vall	11.10
6	Coleman, Jackson	10	Valor Christ	11.11
7	Matthews, Thatcher	10	Golden High	11.38
8	Meier, Colin	10	Golden High	11.93

Heat 2 of 4 Prelims

1	Wilder, Tarik	12	Arvada West	12.95
2	Vigil, David		Columbine Hi	12.65
3	Quinn, Jay	11	Lakewood Hig	11.79
4	Gomez, Caleb	11	Arvada West	11.45
5	Tomsick, Phoenix	9	Ralston Vall	11.03
6	Pavlich, David	9	Ralston Vall	11.12
7	Lakra, Emerson	10	Chatfield Hi	11.30
8	Basinger, James	12	Columbine Hi	11.98

Heat 3 of 4 Prelims

2	Murphy, Caiden		Columbine Hi	12.45
3	Oriol, Weston		Valor Christ	11.66
4	Gonzalez, Josiah	10	Bear Creek H	11.58
5	Snyder, Mark	11	Columbine Hi	10.99
6	Hanosh, Chase	11	Valor Christ	11.17
7	Anema, Jackson	12	Valor Christ	11.26
8	Nguyen, Ethan	11	Columbine Hi	12.23

Heat 4 of 4 Prelims

2	Ilaa, Matai	12	Bear Creek H	12.27
3	Williams, Cash	10	Chatfield Hi	11.62
4	Anobile, Jack	11	Chatfield Hi	11.61
5	Waterman, Sam	12	Golden High	10.98
6	Schultz, Nicolas	12	Arvada West	11.18
7	Edgar, Jack	12	Valor Christ	11.20
8	Mudd, Andrew		Lakewood Hig	12.25

Event 47 Girls 400 Meter Dash 4A

Wednesday 4/30/2025 - 5:10 PM

League: 55.27 2014 Payton Miller

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Prelims

1	Tompkins, Claire	12	Wheat Ridge	NT
2	Moore, Maren	12	Littleton Hi	1:12.79
3	McCabe, Ainslie	12	D'Evelyn Hig	1:08.80
4	Yankovich, Holly	11	Green Mounta	1:06.35
5	Henderson, Rachel	11	Dakota Ridge	1:01.71
6	Creel, Claudia	11	D'Evelyn Hig	1:01.88
7	Chase, Ellie	12	Conifer High	1:04.51
8	Gillings, Sierra	10	Evergreen Hi	1:09.08

Heat 2 of 3 Prelims

2	Hart, Adeline	9	Wheat Ridge	1:12.31
3	O'Connell, Patricia	9	Littleton Hi	1:08.49
4	Day, Karina	9	Green Mounta	1:06.61
5	Griffin, Arianna	9	D'Evelyn Hig	1:01.50
6	Hobgood, Amelia	12	Conifer High	1:02.77
7	Betlinska, Kaya	9	Green Mounta	1:03.72
8	Denman, Samantha	12	Littleton Hi	1:09.65

Heat 3 of 3 Prelims

2	Martin, Asha	9	Wheat Ridge	1:11.29
3	Parks, Rowan	11	Conifer High	1:07.42
4	Rauch, Mackenzie	11	Evergreen Hi	1:07.12
5	Chavez, Abigail	11	Pomona High	59.35
6	Palmer, Lily	10	Dakota Ridge	1:03.25
7	Glider-Wood, Callie	12	Dakota Ridge	1:03.52
8	Morrill, Jillian	10	Evergreen Hi	1:11.07

Event 5 Girls 400 Meter Dash 5A

Wednesday 4/30/2025 - 5:20 PM

League: 54.31 2021 Camille Peisner

Lane	Name	Yr	School	Seed Time
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Heat 1 of 3 Prelims

1	Holloway, Kendall	12	Chatfield Hi	NT
2	Frobose, Kaia	10	Chatfield Hi	NT
3	Roberts, Paulina	9	Chatfield Hi	1:11.07
4	Spencer, Kiera	9	Chatfield Hi	1:08.53
5	Schatz, Lillian	11	Ralston Vall	57.56
6	Martinez, Jenna	11	Valor Christ	58.12
7	Hyatt, Katelyn	12	Arvada West	1:08.31
8	Schuckenbrock, Emma	10	Bear Creek H	1:13.26

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Heat 2 of 3 Prelims...(Event 5 Girls 400 Meter Dash 5A)

1	Cheatham, Evelyn	10	Golden High	NT	_____
2	Jackson, Dakota	11	Lakewood Hig	NT	_____
3	Fransua, Bella	11	Chatfield Hi	1:10.72	_____
4	Levy, Emma	12	Ralston Vall	1:08.66	_____
5	Trapp, Abigail	10	Golden High	56.50	_____
6	Lee, Scarlett	10	Ralston Vall	58.25	_____
7	Henderson, Madison	12	Columbine Hi	1:06.93	_____
8	Anderson, Hannah	11	Bear Creek H	1:16.31	_____

Heat 3 of 3 Prelims

2	Morris, Sydney	11	Columbine Hi	NT	_____
3	Hidalgo, Anya	11	Valor Christ	1:10.15	_____
4	Detterick, Rosemary		Chatfield Hi	1:08.88	_____
5	Angelino, Eliana	12	Lakewood Hig	55.81	_____
6	Peterson, Daely	10	Golden High	1:00.55	_____
7	Kim, Raegen	12	Valor Christ	1:05.14	_____
8	Mares, Gabby	11	Bear Creek H	1:16.39	_____

Event 48 Boys 400 Meter Dash 4A**Wednesday 4/30/2025 - 5:30 PM**

League: 47.07 2019 Tyler Williams

Lane	Name	Yr	School	Seed	Time
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Heat 1 of 3 Prelims

1	Davis, Zander	10	Littleton Hi	57.24	_____
2	Magee, Conner	12	Green Mounta	57.10	_____
3	Harris, Charles	11	Green Mounta	55.15	_____
4	Larsen, Adam	10	D'Evelyn Hig	53.56	_____
5	Rodriguez, Nate	11	Dakota Ridge	51.02	_____
6	Romero, Antonio	12	Pomona High	51.09	_____
7	Graham, Liam	12	Standley Lak	53.46	_____
8	Benfield, Treyton	12	D'Evelyn Hig	55.30	_____

Heat 2 of 3 Prelims

1	Martin, Dominic	11	Pomona High	58.79	_____
2	Sheatzley, Zachary	10	Wheat Ridge	57.06	_____
3	Fager, Jonathan	10	Conifer High	55.13	_____
4	Berzins, Sawyer	11	Dakota Ridge	53.76	_____
5	Southern, Zaccary	11	Wheat Ridge	50.60	_____
6	O'Connell, Mikey	12	D'Evelyn Hig	51.18	_____
7	Krajewski, Nolan	12	Green Mounta	53.45	_____
8	Hampton, Marlow	12	Evergreen Hi	55.35	_____
9	Loftus, Aiden	10	Evergreen Hi	NT	_____

Heat 3 of 3 Prelims

1	Allgeier, Kolt	9	Littleton Hi	59.00	_____
2	Shaver, James	11	Evergreen Hi	55.89	_____
3	Fitzpatrick, Canaan	12	Wheat Ridge	54.48	_____
4	Weniger, Jake	11	Dakota Ridge	54.18	_____
5	Beck, Finnegan	11	Standley Lak	50.18	_____
6	Seiffert, Evan	11	Standley Lak	53.20	_____
7	Martinez, Marcus	11	Pomona High	53.38	_____
8	Anway, Nathan	10	Conifer High	55.54	_____
9	Stewart, Louge	10	Littleton Hi	59.18	_____

Event 6 Boys 400 Meter Dash 5A**Wednesday 4/30/2025 - 5:40 PM**

League: 48.16 2012 Erik Gaytan

Lane	Name	Yr	School	Seed	Time
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Heat 1 of 3 Prelims

1	Derosier, Everett	11	Lakewood Hig	59.65	_____
2	Bogaychuk, Daniel	12	Bear Creek H	57.84	_____
3	Hill, Ian	11	Bear Creek H	54.98	_____
4	Yannett, Maxx	10	Ralston Vall	54.06	_____
5	Mullen, Mason	10	Arvada West	52.24	_____
6	Dyer, Corbin	12	Columbine Hi	52.41	_____
7	Gaines, Ryder	11	Lakewood Hig	53.94	_____
8	Feiveson, Levi	10	Lakewood Hig	55.18	_____

Heat 2 of 3 Prelims

1	Ruby, Cole	12	Ralston Vall	NT	_____
2	Wilson, Riley	10	Bear Creek H	57.23	_____
3	Skach, Christian	10	Lakewood Hig	54.67	_____
4	Allard, Micah	12	Golden High	54.45	_____
5	Tomsick, Phoenix	9	Ralston Vall	51.60	_____
6	Messina, Milo	12	Golden High	52.83	_____
7	Corbo, Ayden	12	Golden High	53.83	_____
8	Truman, Jasper	11	Chatfield Hi	55.33	_____

Heat 3 of 3 Prelims

1	Stevenson, Graham	11	Chatfield Hi	NT	_____
2	Roads, Koen	9	Columbine Hi	56.12	_____
3	Thompson, Kindell	10	Golden High	54.64	_____
4	Rogers, William	11	Valor Christ	54.58	_____
5	Fick, Ryan	11	Valor Christ	47.93	_____
6	McBride, George	10	Golden High	53.67	_____
7	Hansen, Jack	12	Columbine Hi	53.78	_____
8	Foley, Noah	10	Valor Christ	55.67	_____
9	Renteria, Noah	11	Chatfield Hi	NT	_____

Event 49 Girls 300 Meter Hurdles 4A**Wednesday 4/30/2025 - 5:50 PM**

League: 41.80 2018 Anna Hall

Lane	Name	Yr	School	Seed	Time
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Heat 1 of 3 Prelims

1	Hansen, Kaitlyn	9	Conifer High	58.56	_____
2	Surganty, Bella	11	Green Mounta	58.47	_____
3	Oliva, Jordan	11	Pomona High	55.44	_____
4	Frazer, Hannah	11	Pomona High	52.81	_____
5	Trotter, Savannah	11	Green Mounta	49.08	_____
6	Van Opdorp, Aubrey	9	D'Evelyn Hig	50.31	_____
7	Sasgen, Bailey	9	Dakota Ridge	52.74	_____
8	Hartin, Erin	9	Wheat Ridge	56.68	_____

4A & 5A Jeffco League Championships - 4/30/2025 to 5/3/2025**Jeffco Stadium****Meet Program - 4A/5A League Championships****Heat 2 of 3 Prelims...(Event 49 Girls 300 Meter Hurdles 4A)**

1	Wallace, June	9	Wheat Ridge	1:03.71	_____
2	Reed, Maryn	9	Green Mounta	58.04	_____
3	Susak, Amelia	10	Conifer High	55.23	_____
4	Victorino, Gracie	9	Pomona High	54.17	_____
5	Begly, Stella	11	Littleton Hi	48.47	_____
6	Darashenka, Katsiaryna	12	Dakota Ridge	50.91	_____
7	Pharris, Elle	12	D'Evelyn Hig	52.54	_____
8	Neff, Lili	9	Littleton Hi	57.16	_____

Heat 3 of 3 Prelims

1	Kallender, Alexandra	12	Conifer High	1:04.00	_____
2	Wallrath, Josie	9	Littleton Hi	57.86	_____
3	Kimball, Reagan	9	Standley Lak	54.83	_____
4	van der Zee, Aspen	10	Evergreen Hi	54.39	_____
5	Stanford, Kate	12	Dakota Ridge	47.68	_____
6	McFall, Megan	12	Standley Lak	51.06	_____
7	Dutta, Aksita	11	D'Evelyn Hig	51.16	_____
8	Greager, Taylor	9	Wheat Ridge	57.84	_____

Event 7 Girls 300 Meter Hurdles 5A**Wednesday 4/30/2025 - 6:00 PM****League: 42.82 1986****Maureen Bookstrom**

Lane	Name	Yr	School	Seed Time	
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Heat 1 of 2 Prelims

1	Goodrich, Haven	12	Lakewood Hig	1:01.33	_____
2	Schrecengost, Reese	9	Columbine Hi	59.44	_____
3	Inene, Angel	9	Lakewood Hig	54.86	_____
4	King, Jaiden	12	Ralston Vall	54.13	_____
5	Shore, Kelsey	12	Chatfield Hi	49.34	_____
6	Cannizzaro, Jessica	11	Ralston Vall	50.00	_____
7	McKenzie, Sophi	9	Ralston Vall	53.29	_____
8	Green, Lola	9	Golden High	56.40	_____

Heat 2 of 2 Prelims

1	Carlson, Joy	9	Lakewood Hig	1:06.08	_____
2	Scobey, Evelyn	10	Golden High	58.06	_____
3	Sundbye, Kara	11	Ralston Vall	54.56	_____
4	Water, Gracie	12	Columbine Hi	54.34	_____
5	Forbes, Kailani	12	Columbine Hi	47.24	_____
6	Goodwin, Sadie	10	Chatfield Hi	51.42	_____
7	Brown, Lucie	11	Arvada West	52.11	_____
8	Ayriss, Cheyene	11	Arvada West	57.38	_____

Event 50 Boys 300 Meter Hurdles 4A**Wednesday 4/30/2025 - 6:10 PM****League: 38.96 2016****Chase McLean**

Lane	Name	Yr	School	Seed Time	
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Heat 1 of 3 Prelims

2	Dalby, Keenan	9	Conifer High	55.37	_____
3	Ditirro, Giovanni	12	Wheat Ridge	50.91	_____
4	Lego, Donovan	12	Littleton Hi	45.62	_____
5	Parker, Cael	11	D'Evelyn Hig	42.77	_____
6	Eneboe, Aiden	11	Standley Lak	43.70	_____
7	Danburg, Landon	11	Dakota Ridge	45.54	_____
8	Libby, Dominic	9	Evergreen Hi	51.05	_____

Heat 2 of 3 Prelims

2	Hansen, Reed	9	Conifer High	53.93	_____
3	Morrish, Jackson	9	Wheat Ridge	48.82	_____
4	Delgado-Yoshimura, Johnr	10	Pomona High	45.85	_____
5	Delgado-Yoshimura, Josep	11	Pomona High	41.97	_____
6	Wilkerson, Cooper	11	Standley Lak	44.78	_____
7	Apmann, Zachary	12	Standley Lak	45.51	_____
8	Howell, Josh	9	Littleton Hi	51.65	_____

Heat 3 of 3 Prelims

2	Menard, Gabe	11	Littleton Hi	52.85	_____
3	Charles, Zachary	9	Pomona High	48.79	_____
4	Gordon, Calum	12	Wheat Ridge	46.87	_____
5	Jindra, Liam	12	Dakota Ridge	40.13	_____
6	Cook, Nate	12	D'Evelyn Hig	44.96	_____
7	Copeland, Zachary	10	D'Evelyn Hig	45.19	_____
8	Rooke, Eric	9	Conifer High	51.66	_____

Event 8 Boys 300 Meter Hurdles 5A**Wednesday 4/30/2025 - 6:15 PM****League: 37.62 2021****Michael Bennett**

Lane	Name	Yr	School	Seed Time	
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Heat 1 of 2 Prelims

1	Tibbles, Donaven	11	Bear Creek H	48.15	_____
2	Parcels, Dylan	11	Lakewood Hig	47.69	_____
3	Stickel, Jebediah	12	Golden High	45.17	_____
4	Shirazi, Evan	11	Ralston Vall	43.21	_____
5	Lester, Jake	11	Ralston Vall	42.54	_____
6	Warren, Jonah	11	Lakewood Hig	42.59	_____
7	Hubbell, Nash	9	Chatfield Hi	43.07	_____
8	Wetterling, Nick	10	Valor Christ	45.84	_____

4A & 5A Jeffco League Championships - 4/30/2025 to 5/3/2025

Jeffco Stadium

Meet Program - 4A/5A League Championships

Heat 2 of 2 Prelims...(Event 8 Boys 300 Meter Hurdles 5A)

1	Clifton, Andrew	10	Ralston Vall	48.80	_____
2	Petrovic, Jovan	11	Bear Creek H	46.40	_____
3	Thomas, Dylan	10	Bear Creek H	44.28	_____
4	Buhl, Gage	12	Chatfield Hi	44.22	_____
5	Cain, Carson	11	Columbine Hi	41.20	_____
6	Lucerna, Joseph	11	Arvada West	42.92	_____
7	Hubbell, Graham	11	Chatfield Hi	42.94	_____
8	French, Beckett	12	Chatfield Hi	45.94	_____
9	Rich Carmona, Zion	12	Lakewood Hig	49.88	_____

Event 59 Girls 3200 Meter Run 4A

Wednesday 4/30/2025 - 6:25 PM

League: 10:51.25 2006

Katie Vanatta

Lane	Name	Yr	School	Seed	Time	
Section 1 of 1 Finals						
1	Cicora, Gianna	11	Conifer High	11:12.66	_____	
2	Adams, Nytia	9	Wheat Ridge	11:53.65	_____	
3	Carter, Isabella	9	Conifer High	12:23.87	_____	
4	Barbour, Adeline	11	Evergreen Hi	12:34.02	_____	
5	Lueker, Natalie	11	Littleton Hi	12:35.80	_____	
6	Fleury, Indyka	10	Conifer High	12:41.61	_____	
7	Stutzman, Jordain	12	Pomona High	12:48.47	_____	
8	Miller, Jaiden	12	Dakota Ridge	12:48.64	_____	
9	Graeve, Kendra	12	D'Evelyn Hig	12:57.18	_____	
10	Ainslie, Chloe	11	D'Evelyn Hig	12:57.29	_____	
11	Apatow, Ellie	9	Standley Lak	13:14.91	_____	
12	Swanson, Erika	11	Dakota Ridge	13:24.56	_____	
13	Koch, Raffaella	9	Standley Lak	13:31.98	_____	
14	Glover, Gillian	9	Littleton Hi	13:43.13	_____	
15	Allen, Hazel	10	Evergreen Hi	14:06.48	_____	
16	Hart, Madelyn	12	Evergreen Hi	14:22.12	_____	
17	Prchal, Mia	12	D'Evelyn Hig	15:23.88	_____	
18	Baxter, Joslin	12	Wheat Ridge	16:05.70	_____	
19	Lees, Amelia	12	Wheat Ridge	16:30.64	_____	

Event 13 Girls 3200 Meter Run 5A

Wednesday 4/30/2025 - 6:40 PM

League: 10:51.46 2021

Emma Stutzman

Lane	Name	Yr	School	Seed	Time	
Section 1 of 1 Finals						
1	Christensen, Sophia	12	Lakewood Hig	10:56.61	_____	
2	Anderson, Maren	12	Columbine Hi	11:17.55	_____	
3	McCauley, Cami	11	Chatfield Hi	11:24.78	_____	
4	Puckett, Waverly	12	Ralston Vall	11:30.84	_____	
5	Christensen, Allisson	10	Lakewood Hig	11:40.57	_____	
6	Lancaster, Alex	12	Valor Christ	11:59.08	_____	
7	Halverson, Sophia	11	Golden High	12:10.48	_____	
8	Rosset, Lillian	10	Arvada West	12:29.92	_____	
9	Peters, Teagan	9	Golden High	12:34.06	_____	
10	Yang, Noa	9	Valor Christ	12:43.19	_____	
11	Salinas, Siena	11	Ralston Vall	12:54.40	_____	
12	Jones, Jocelyn	12	Columbine Hi	12:55.04	_____	
13	Phillips, Liv	9	Chatfield Hi	13:25.04	_____	
14	Beprestis, Madison	11	Ralston Vall	14:06.68	_____	
15	Lindovski, Sienna	10	Bear Creek H	14:50.65	_____	
16	Marsh, Cora	10	Golden High	NT	_____	

Event 60 Boys 3200 Meter Run 4A

Wednesday 4/30/2025 - 6:55 PM

League: 9:01.53 2018

Cole Sprout

Lane	Name	Yr	School	Seed	Time	
Section 1 of 1 Finals						
1	Boymel, Kyler	11	Conifer High	9:49.88	_____	
2	Schwemlein, Nolan	12	Conifer High	10:05.73	_____	
3	Willmer, Wesley	10	Dakota Ridge	10:14.21	_____	
4	Battersby, Skyler	12	Conifer High	10:14.59	_____	
5	Berg, Owen	12	Green Mounta	10:26.93	_____	
6	Federico, Turner	11	Pomona High	10:30.44	_____	
7	Bennetts, Beau	10	Pomona High	10:32.92	_____	
8	Dahl, Leif	12	Wheat Ridge	10:36.10	_____	
9	Straub, Adam	12	Dakota Ridge	10:43.38	_____	
10	West, Tyler	10	Littleton Hi	10:46.12	_____	
11	Muller, Adam	12	Wheat Ridge	10:50.14	_____	
12	Heyd, Teegan	12	Green Mounta	10:50.23	_____	
13	Gill, Kaden	12	Standley Lak	10:55.57	_____	
14	Duncan, Finn	10	Evergreen Hi	11:02.15	_____	
15	Brill, Ethan	9	D'Evelyn Hig	11:04.16	_____	
16	Salaz, Keegan	9	Standley Lak	11:23.29	_____	
17	VanMatre, Milo	10	Littleton Hi	11:24.11	_____	
18	Ingraham, Rowan	11	Littleton Hi	11:32.27	_____	
19	Palfy, Dominik	9	Standley Lak	11:36.62	_____	
20	Crawford, Ashton	9	Green Mounta	11:40.41	_____	
21	Kelker, James	12	Evergreen Hi	11:40.44	_____	
22	Fugelseth, Logan	10	Dakota Ridge	11:41.94	_____	
23	Pilcher, Ryland	10	Evergreen Hi	11:46.00	_____	
24	Ware, Brayden	11	Wheat Ridge	12:00.56	_____	
25	Roesti, Liam	10	D'Evelyn Hig	NT	_____	
26	Russell, Levi	11	Pomona High	NT	_____	
27	Gulley, Samuel	12	D'Evelyn Hig	NT	_____	

4A & 5A Jeffco League Championships - 4/30/2025 to 5/3/2025**Jeffco Stadium****Meet Program - 4A/5A League Championships****Event 14 Boys 3200 Meter Run 5A****Wednesday 4/30/2025 - 7:10 PM****League: 9:16.76 2019****Austin Vancil**

Lane	Name	Yr	School	Seed Time
Section 1 of 1 Finals				
1	Mazeski, Griffin	11	Valor Christ	9:11.22
2	Warren, Porter	12	Valor Christ	9:20.94
3	Hamilton, Kaden	12	Lakewood Hig	9:38.75
4	Santos, Lucas	9	Valor Christ	9:41.14
5	Ferguson, Jackson	9	Golden High	9:46.64
6	Gilbert, Cory	12	Valor Christ	9:52.53
7	Bartholomew, Ethan	11	Arvada West	10:21.95
8	Buelow, Paxton	11	Lakewood Hig	10:26.51
9	Briggs, Sam	11	Golden High	10:28.30
10	Westley, Keaton	12	Ralston Vall	10:32.21
11	Walker, Corbin	11	Columbine Hi	10:33.39
12	Horman, Matthew	11	Columbine Hi	10:33.50
13	Grimes, Owen	10	Ralston Vall	10:36.46
14	Puckett, Clayton	10	Arvada West	10:39.58
15	Konecny, Tages	11	Chatfield Hi	10:43.53
16	Kuntz, Logan	11	Ralston Vall	11:08.62
17	Kurens, Holden	9	Columbine Hi	11:16.83
18	Allin, Miles		Columbine Hi	11:22.03
19	Spee, Jamison	9	Chatfield Hi	11:31.56
20	Griswold, John		Columbine Hi	11:38.71
21	Oese, Cole	11	Chatfield Hi	11:46.93
22	Frassanito, Nico		Lakewood Hig	13:29.56
23	Shull, Cameron	12	Golden High	NT
24	Brogan, Shawn	9	Arvada West	NT
25	Davison, Noah	11	Lakewood Hig	NT

Event 51 Girls 200 Meter Dash 4A**Wednesday 4/30/2025 - 7:25 PM****League: 24.43 2008****Emily Blok**

Lane	Name	Yr	School	Seed Time
Heat 1 of 3 Prelims				
1	Fritz, Grace	9	Pomona High	34.16
2	Lemek, Hanna	9	Pomona High	32.79
3	Denman, Samantha	12	Littleton Hi	30.04
4	Bennion, Sonja	12	D'Evelyn Hig	28.23
5	Trotter, Savannah	11	Green Mounta	27.47
6	Bratten, Berlin	10	Dakota Ridge	27.48
7	Spungin, Vivienne	9	Evergreen Hi	28.15
8	Susak, Amelia	10	Conifer High	30.56
Heat 2 of 3 Prelims				
1	Cowden, Taya	11	Evergreen Hi	NT
2	Rodrigues, Enza	9	Pomona High	32.35
3	Reinecke, Gretchen	11	Green Mounta	30.03
4	Botsford, Fiona	11	Wheat Ridge	28.28
5	Ellington, Devyn	11	Evergreen Hi	27.15
6	Begly, Stella	11	Littleton Hi	27.80
7	Creel, Claudia	11	D'Evelyn Hig	27.96
8	Tompkins, Claire	12	Wheat Ridge	30.57

Heat 3 of 3 Prelims

1	Winters, Maya	10	Conifer High	NT
2	Hart, Adeline	9	Wheat Ridge	31.35
3	O'Connell, Patricia	9	Littleton Hi	29.66
4	Johnson, Kara	10	Green Mounta	28.31
5	Bowman, Lacy	12	Dakota Ridge	26.75
6	Griffin, Arianna	9	D'Evelyn Hig	27.81
7	Henderson, Rachel	11	Dakota Ridge	27.93
8	Sanvido, Rylie	11	Conifer High	31.29

Event 11 Girls 200 Meter Dash 5A**Wednesday 4/30/2025 - 7:30 PM****League: 24.17 2021****Camille Peisner**

Lane	Name	Yr	School	Seed Time
Heat 1 of 4 Prelims				
1	Schatz, Lillian	11	Ralston Vall	NT
2	Frobose, Kaia	10	Chatfield Hi	NT
3	Morris, Sydney	11	Columbine Hi	29.20
4	Veldhuizen, Graysen	11	Valor Christ	28.05
5	Martinez, Jenna	11	Valor Christ	26.27
6	Lee, Scarlett	10	Ralston Vall	26.29
7	Raymond, Kaydence	12	Bear Creek H	27.68
8	Sjogren, Malika	10	Golden High	29.29
Heat 2 of 4 Prelims				
1	Esquibel, Dionna	10	Columbine Hi	NT
2	Fehringer, Mary		Lakewood Hig	NT
3	Miner, Vivian	11	Lakewood Hig	28.91
4	Prutsman, Hanna	10	Valor Christ	28.31
5	Speir, Taylor	11	Columbine Hi	26.09
6	Peterson, Daely	10	Golden High	26.36
7	Mayer, Suzette	9	Ralston Vall	27.66
8	Kennedy, Marisol	10	Lakewood Hig	29.57
Heat 3 of 4 Prelims				
2	Monseu-French, Gabby		Lakewood Hig	NT
3	Carrillo, Victoria	9	Lakewood Hig	28.90
4	Matthes, Josie		Golden High	28.57
5	Trapp, Abigail	10	Golden High	25.36
6	Cheatham, Evelyn	10	Golden High	26.81
7	Melton, Ava	11	Valor Christ	27.46
8	Cspedes, Aubri	11	Arvada West	29.91
Heat 4 of 4 Prelims				
2	Schuckenbrock, Emma	10	Bear Creek H	32.11
3	Lee, Jenna	10	Chatfield Hi	28.85
4	Dreeszen, Tess	10	Arvada West	28.81
5	Londo, Ellie	11	Valor Christ	25.04
6	Ritchie, Stella	9	Arvada West	27.23
7	Wood, Ella	11	Chatfield Hi	27.39
8	Arenas, Avanan	11	Bear Creek H	30.49

4A & 5A Jeffco League Championships - 4/30/2025 to 5/3/2025

Jeffco Stadium

Meet Program - 4A/5A League Championships

Event 52 Boys 200 Meter Dash 4A

Wednesday 4/30/2025 - 7:40 PM

League: 21.69 2019 Tyler Williams

Lane	Name	Yr	School	Seed	Time
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Heat 1 of 3 Prelims

1	Dignan, Luke	10	Conifer High	24.62	_____
2	Koncurat, Victor	12	Green Mounta	24.50	_____
3	Ton, Alex	11	Dakota Ridge	23.84	_____
4	Graham, Liam	12	Standley Lak	23.55	_____
5	Clate, Austin	12	Conifer High	22.86	_____
6	Romero, Antonio	12	Pomona High	23.36	_____
7	O'Connell, Mikey	12	D'Evelyn Hig	23.49	_____
8	Spano, Dimitri	10	Dakota Ridge	24.03	_____
9	Dougherty, Evan	11	Conifer High	NT	_____

Heat 2 of 3 Prelims

1	Hampton, Marlow	12	Evergreen Hi	24.78	_____
2	Fitzpatrick, Canaan	12	Wheat Ridge	24.44	_____
3	Benfield, Treyton	12	D'Evelyn Hig	23.81	_____
4	Lusk, Ryan	11	Standley Lak	23.56	_____
5	Beck, Finnegan	11	Standley Lak	22.20	_____
6	Elwood, Guinness	11	Evergreen Hi	23.38	_____
7	Durica, Max	12	Littleton Hi	23.48	_____
8	McKay, Randolph	11	Pomona High	24.08	_____
9	Krankota, Peter	10	Littleton Hi	27.08	_____

Heat 3 of 3 Prelims

1	Kessey, Clinton	11	D'Evelyn Hig	24.94	_____
2	Streeter, Joey	10	Pomona High	24.28	_____
3	Kennedy, Shane	11	Green Mounta	23.77	_____
4	Lisco, Jack	11	Littleton Hi	23.67	_____
5	Southern, Zaccary	11	Wheat Ridge	21.49	_____
6	Gregory, Seth	11	Dakota Ridge	23.38	_____
7	Contreras, Drew	11	Green Mounta	23.40	_____
8	Sheatzley, Zachary	10	Wheat Ridge	24.17	_____
9	Varyu, Christopher	9	Evergreen Hi	25.52	_____

Event 12 Boys 200 Meter Dash 5A

Wednesday 4/30/2025 - 7:45 PM

League: 21.48 1982 Sergie Thomas

Lane	Name	Yr	School	Seed	Time
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Heat 1 of 4 Prelims

1	Lakra, Emerson	10	Chatfield Hi	NT	_____
2	Cohn, Brier	10	Lakewood Hig	NT	_____
3	Nichols, Trevor	12	Arvada West	24.93	_____
4	Pavlich, David	9	Ralston Vall	23.79	_____
5	Snyder, Mark	11	Columbine Hi	22.48	_____
6	Brown, Jack	12	Valor Christ	22.97	_____
7	Williams, Cash	10	Chatfield Hi	23.58	_____
8	May, Kamari	11	Bear Creek H	24.98	_____

Heat 2 of 4 Prelims

2	Derosier, Everett	11	Lakewood Hig	NT	_____
3	Gonzalez, Josiah	10	Bear Creek H	24.67	_____
4	Hansen, Jack	12	Columbine Hi	23.80	_____
5	Fick, Ryan	11	Valor Christ	21.92	_____
6	Ruby, Cole	12	Ralston Vall	23.00	_____
7	Bahl, Cory	12	Chatfield Hi	23.50	_____
8	Dabanka, Harlem	9	Lakewood Hig	25.04	_____

Heat 3 of 4 Prelims

2	Needham, Cooper	12	Golden High	25.68	_____
3	Wisell, Seamus	10	Golden High	24.64	_____
4	Gomez, Caleb	11	Arvada West	23.97	_____
5	Schultz, Nicolas	12	Arvada West	21.72	_____
6	Anema, Jackson	12	Valor Christ	23.04	_____
7	Garey, Roger	9	Valor Christ	23.42	_____
8	Ornelas, Josiah	11	Bear Creek H	25.22	_____

Heat 4 of 4 Prelims

2	Gocha, Kiowa		Chatfield Hi	25.30	_____
3	Nguyen, Ethan	11	Columbine Hi	24.50	_____
4	Bogseth, Grady		Chatfield Hi	24.31	_____
5	Tomsick, Phoenix	9	Ralston Vall	21.67	_____
6	Shirazi, Ethan	11	Ralston Vall	23.11	_____
7	Stewart, Jack	10	Arvada West	23.15	_____
8	Thompson, Kindell	10	Golden High	25.28	_____

Event 63 Girls High Jump 4A

Wednesday 4/30/2025 - 3:00 PM

League: 5-08 2018 Anna Hall

Pos	Name	Yr	School	Seed	Mark
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Flight 1 of 1 Finals

1	Arnold, Regan	11	Evergreen Hi	NH	_____
2	Butler, Avvy	9	Wheat Ridge	4-00.00	_____
3	Winters, Maya	10	Conifer High	4-03.00	_____
4	Kleinwachter, McKailey	10	Evergreen Hi	4-04.00	_____
5	Buffham, Penelope	11	Conifer High	4-05.00	_____
6	Betlinska, Nina	12	Green Mounta	4-05.00	_____
7	White Eagle, Hayden	12	Standley Lak	4-07.00	_____
8	Oliver, Sophie	11	Green Mounta	4-07.00	_____
9	Di Donato, Mia	11	Green Mounta	4-08.00	_____
10	Martin, Sydney	10	Standley Lak	4-08.00	_____
11	Heath, Audrina	10	Dakota Ridge	4-08.00	_____
12	Cowen, Charleston	11	Evergreen Hi	4-08.00	_____
13	Croy, Rachel	12	Standley Lak	4-09.00	_____
14	Palmer, Lily	10	Dakota Ridge	4-10.00	_____
15	Park, Grace	12	Dakota Ridge	5-01.00	_____

4A & 5A Jeffco League Championships - 4/30/2025 to 5/3/2025**Jeffco Stadium****Meet Program - 4A/5A League Championships****Event 32 Girls Triple Jump 5A****Wednesday 4/30/2025 - 3:00 PM****League: 37-08.75 2011****Elle Brunsdale**

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Quinn, Lilly	12	Golden High	26-01.00	_____
2	Mayer, Suzette	9	Ralston Vall	30-03.25	_____
3	Shelp, Senbate	12	Chatfield Hi	30-04.50	_____
4	Redmond, Payton	9	Golden High	30-04.75	_____
5	Sjogren, Malika	10	Golden High	30-08.00	_____
6	Nicholas, Kalica	12	Arvada West	32-10.00	_____
7	Malcolm, Emmaliegh	12	Ralston Vall	36-01.50	_____
8	Hickam, Kelle	12	Ralston Vall	36-05.00	_____
9	Forbes, Kailani	12	Columbine Hi	36-07.00	_____

Event 68 Boys Long Jump 4A**Wednesday 4/30/2025 - 3:00 PM****League: 22-03 2018****Garrett Martin**

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	Monroe, Connor	9	Green Mounta	13-10.00	_____
2	Allgeier, Kolt	9	Littleton Hi	14-08.50	_____
3	Kaslon, Parker	9	Evergreen Hi	15-04.75	_____
4	Gonzales, Mason	9	Evergreen Hi	15-11.50	_____
5	McKeegan, Max	9	Littleton Hi	16-02.50	_____
6	Famariss, John	11	D'Evelyn Hig	16-04.00	_____
7	Wright, Graeme	11	D'Evelyn Hig	16-05.00	_____
8	Reyes, Xzaiden	11	Pomona High	16-08.50	_____
9	Powell, Damion	11	Wheat Ridge	17-02.50	_____
10	Sobolik, Caleb	10	Dakota Ridge	17-06.00	_____
11	Oviedo, Benny	11	Standley Lak	17-07.25	_____
12	Burton, Kieran	11	D'Evelyn Hig	17-09.00	_____
13	Killmeyer, Dylan	12	Wheat Ridge	17-09.25	_____
14	Johnson, Jacob	12	Conifer High	18-01.00	_____
Flight 2 of 2 Finals					
1	Gordon, Calum	12	Wheat Ridge	18-02.00	_____
2	Martinez, Marcus	11	Pomona High	18-02.25	_____
3	Eneboe, Aiden	11	Standley Lak	18-04.75	_____
4	Durica, Max	12	Littleton Hi	18-06.50	_____
5	White, Grady	10	Evergreen Hi	18-08.00	_____
6	McMullin, Troy	12	Dakota Ridge	19-02.00	_____
7	Molina, Jaydon	11	Pomona High	19-08.00	_____
8	Dixon, Caiden	11	Dakota Ridge	19-10.00	_____
9	Clate, Austin	12	Conifer High	20-00.00	_____
10	Swanson, Ben	11	Green Mounta	20-00.50	_____
11	Martinez, Micah	10	Standley Lak	20-03.00	_____
12	Swanson, Jake	11	Green Mounta	20-11.50	_____
13	Dougherty, Evan	11	Conifer High	21-07.00	_____

Event 66 Boys Pole Vault 4A**Wednesday 4/30/2025 - 3:00 PM****League: 14-00 2017****Chase McLean**

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Neale, Maximus	10	Littleton Hi	8-00.00	_____
2	Krankota, Peter	10	Littleton Hi	8-06.00	_____
3	McKibben, Isaac	11	Pomona High	8-10.00	_____
4	Kim, Tae-Yang	12	D'Evelyn Hig	8-10.00	_____
5	Kim, Max	12	D'Evelyn Hig	9-00.00	_____
6	Long, Daniel	11	Littleton Hi	9-04.00	_____
7	Royal, Tj	11	Standley Lak	9-10.00	_____
8	Montoya, Christian	12	Standley Lak	10-00.00	_____
9	Nakatsu, Deigen	12	Standley Lak	10-04.00	_____
10	Samuelson, Quinn	10	Conifer High	10-06.00	_____
11	Kelker, Charles	9	Evergreen Hi	10-07.00	_____
12	Ford, Zachariah	11	Pomona High	10-10.00	_____
13	Young, Oscar	11	D'Evelyn Hig	11-03.00	_____
14	Bittner, Joshua	12	Evergreen Hi	12-03.00	_____
15	Maize, Jonas	11	Pomona High	12-04.00	_____
16	Quasney, Anthony	12	Evergreen Hi	13-01.00	_____

Event 71 Girls Discus Throw 4A**Wednesday 4/30/2025 - 3:00 PM****League: 151-08 2015****Haley Showalter**

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	Sample, Audrey	10	Conifer High	5-03	_____
2	Reinecke, Gretchen	11	Green Mounta	45-05	_____
3	Zahller, Jazmine	11	D'Evelyn Hig	45-06	_____
4	Jackson, Makaila	9	Dakota Ridge	50-00	_____
5	Clemens, Gaby	10	D'Evelyn Hig	53-11	_____
6	Thomsen, Scarlet	11	Green Mounta	55-08	_____
7	Mustapha, Hanifa	10	D'Evelyn Hig	57-05	_____
8	Minshull, Ella	12	Standley Lak	59-01	_____
9	Arnold, Regan	11	Evergreen Hi	59-03	_____
10	Clapp, Molly	10	Evergreen Hi	59-04	_____
11	Herrin, Natally	9	Conifer High	59-11	_____
12	Holscher, Reka	10	Green Mounta	61-00	_____
13	DiTirro, Gianna	10	Wheat Ridge	65-01	_____
Flight 2 of 2 Finals					
1	Warren, Eva	10	Wheat Ridge	66-10	_____
2	Roth, CyAna	10	Standley Lak	68-02	_____
3	Mason, Kailey	12	Wheat Ridge	69-03	_____
4	Miller, Danielle	10	Dakota Ridge	71-04	_____
5	Koepke, Bella	12	Littleton Hi	71-11	_____
6	Lostroh, Billie	12	Standley Lak	76-11	_____
7	Holman, Natalie	9	Dakota Ridge	78-02	_____
8	Grzebieciarz, Emilia	11	Pomona High	80-07	_____
9	Hall, Sophia	11	Evergreen Hi	81-06	_____
10	Ellquist, Jenna	11	Littleton Hi	85-09.50	_____
11	Russell, Brooke	11	Pomona High	92-04	_____
12	Moran, Avery	12	Pomona High	94-06	_____

4A & 5A Jeffco League Championships - 4/30/2025 to 5/3/2025

Jeffco Stadium

Meet Program - 4A/5A League Championships

Event 37 Boys Shot Put 5A

Wednesday 4/30/2025 - 3:00 PM

League: 65-04.25 5/1/2024 Charlie Lafore

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	Ward, Williston	11	Valor Christ	ND	
2	Kibler, Leo	10	Lakewood Hig	26-07.25	
3	Mireles Martinez, Juan	11	Bear Creek H	29-07.50	
4	Hernandez, Jonah	10	Bear Creek H	30-07.50	
5	Misiewicz, Thomas	11	Lakewood Hig	31-00.50	
6	Burgos, Nathan	10	Bear Creek H	32-04.00	
7	Russman, Joseph	10	Columbine Hi	32-06.25	
8	Ondr, Blake	10	Golden High	32-11.00	
9	Sedlacek, Slyder	12	Lakewood Hig	33-05.25	
10	Stant, Parker	9	Columbine Hi	34-05.00	
11	Liss, Justin	10	Chatfield Hi	39-02.00	
12	Blair, Zack	12	Golden High	39-05.50	

Flight 2 of 2 Finals

1	Vigil, Vincent	12	Arvada West	40-00.50	
2	Williams, Conan	10	Columbine Hi	40-04.00	
3	Packebush, Harper	12	Chatfield Hi	41-06.50	
4	Rohlman, Ronnie	11	Chatfield Hi	41-09.75	
5	Peterson, Brayden	12	Columbine Hi	43-10.50	
6	Renk, Damien		Ralston Vall	44-03.00	
7	Russel, Reis		Valor Christ	44-05.00	
8	Henning, Mykolas	12	Ralston Vall	45-05.00	
9	Blattner, Austin	11	Ralston Vall	46-06.50	
10	Stencel, Joshua	11	Ralston Vall	47-09.00	
11	Smith, Kannon	11	Valor Christ	49-04.00	
12	Amaro, Zay	12	Valor Christ	50-10.50	

Event 26 Girls High Jump 5A

Wednesday 4/30/2025 - 3:00 PM

League: 5-09 1995 Jamie Davies

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Trammell, Macy	10	Columbine Hi	4-02.00	
2	Gonzales, Laynee	9	Lakewood Hig	4-02.00	
3	Shelp, Senbate	12	Chatfield Hi	4-04.00	
4	Stairs, Ellen	10	Valor Christ	4-06.00	
5	Barry, Reese	10	Ralston Vall	4-08.00	
6	Akens, Khloee	10	Ralston Vall	4-08.00	
7	Williams, Lily	9	Lakewood Hig	4-10.00	
8	Nicholas, Kaliea	12	Arvada West	4-10.00	
9	Johnson, Palmer	12	Arvada West	4-11.00	
10	McDonald, Elizabeth	12	Arvada West	5-02.00	
11	Brown, Kenzie	10	Ralston Vall	5-03.00	

Event 69 Girls Triple Jump 4A

Wednesday 4/30/2025 - 3:00 PM

League: 37-10 2009 Annie Kunz

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Wauthier Hardman, Daphn	9	Wheat Ridge	25-00.00	
2	White Eagle, Hayden	12	Standley Lak	25-08.00	
3	Hartin, Erin	9	Wheat Ridge	29-07.00	
4	Swackhamer, Enna	11	Littleton Hi	29-09.50	
5	Betlinska, Nina	12	Green Mounta	30-04.50	
6	Brandon, Maya	12	Standley Lak	30-08.50	
7	Bratten, Berlin	10	Dakota Ridge	30-08.75	
8	Jay, Lydia	10	Dakota Ridge	30-10.50	
9	Cowden, Taya	11	Evergreen Hi	31-08.00	
10	Cabral, Ava	12	Pomona High	32-02.00	
11	Lamb, Chloe	12	Evergreen Hi	32-04.00	
12	Kullman, Anastasia	10	Standley Lak	34-00.00	
13	Tran, Josephine	12	Dakota Ridge	35-03.50	
14	Jakab, Silvanie	11	Wheat Ridge	36-05.00	

Event 31 Boys Long Jump 5A

Wednesday 4/30/2025 - 3:00 PM

League: 24-03.50 1967 Bob Rudd

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	Messina, Milo	12	Golden High	ND	
2	Finley, Jacob	12	Chatfield Hi	15-02.00	
3	Brainard, Asher	10	Columbine Hi	16-01.00	
4	Coffey, Isaac	10	Chatfield Hi	16-09.00	
5	Polston, Ayden	11	Columbine Hi	17-00.50	
6	Paschen, Jack	10	Valor Christ	17-00.75	
7	Petrovic, Jovan	11	Bear Creek H	17-00.75	
8	Pham, Winston	11	Columbine Hi	17-03.00	
9	Hoskins, Sam	10	Golden High	17-06.50	
10	Ilaoa, Matai	12	Bear Creek H	17-08.00	
11	Powell, Weston	11	Golden High	18-02.00	
12	Stickel, Jebediah	12	Golden High	18-03.50	

Flight 2 of 2 Finals

1	Larson, Andrew	10	Valor Christ	18-06.25	
2	May, Kamari	11	Bear Creek H	18-06.75	
3	Anderson, John	11	Chatfield Hi	18-10.50	
4	Anema, Jackson	12	Valor Christ	18-11.00	
5	Lang, Mason	10	Ralston Vall	19-06.00	
6	Rundus, Tyler	10	Ralston Vall	19-08.00	
7	Nichols, Trevor	12	Arvada West	19-08.00	
8	Velasquez, Isaac		Ralston Vall	19-09.75	
9	Shirazi, Evan	11	Ralston Vall	20-04.75	
10	Reinhardt, Lance	11	Ralston Vall	20-09.00	
11	Shirazi, Ethan	11	Ralston Vall	22-01.25	

4A & 5A Jeffco League Championships - 4/30/2025 to 5/3/2025**Jeffco Stadium****Meet Program - 4A/5A League Championships****Event 65 Girls Pole Vault 4A****Wednesday 4/30/2025 - 3:00 PM****League: 11-04 2017 Tameryn Coryell**

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 1 Finals					
1	Day, Karina	9	Green Mounta	6-00.00	_____
2	Zaffree, Addison	12	Standley Lak	6-03.00	_____
3	Ziv, Leanne	9	D'Evelyn Hig	6-06.00	_____
4	Smith, Chloe	11	D'Evelyn Hig	7-00.00	_____
5	Gupta, Diya	12	D'Evelyn Hig	7-00.00	_____
6	Ocasek, Daisy	10	Evergreen Hi	7-08.00	_____
7	Bradley, Sophia	11	Littleton Hi	8-00.00	_____
8	Fedora, Julia	10	Evergreen Hi	8-06.00	_____
9	Sutton, Amber	12	Dakota Ridge	9-00.00	_____
10	Ocasek, Ailish	12	Evergreen Hi	11-01.00	_____
11	Kullman, Anastasia	10	Standley Lak	11-04.00	_____

Event 34 Girls Discus Throw 5A**Wednesday 4/30/2025 - 3:00 PM****League: 145-02 1996 Corbett**

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	Duran, Ally	9	Lakewood Hig	57-02	_____
2	Ninesling, Payton	9	Ralston Vall	64-08	_____
3	Garcia, Londyn	11	Bear Creek H	64-10	_____
4	Sprague, Berlin	11	Lakewood Hig	64-10	_____
5	Lachenmayer, Sophia	12	Chatfield Hi	67-07	_____
6	Chavez, Adina	10	Chatfield Hi	70-00	_____
7	Jones, Anna	12	Golden High	71-02	_____
8	Dwyler, Loralyn	10	Ralston Vall	77-09	_____
9	Schrecengost, Reese	9	Columbine Hi	80-10	_____
10	Segovia, Natalie	12	Bear Creek H	85-07	_____
11	Wandler, Julianna	12	Arvada West	85-08	_____

Flight 2 of 2 Finals

1	Suwannakorn, Sutasanie	12	Chatfield Hi	86-07	_____
2	Harcek, Sofia	12	Golden High	88-01	_____
3	Walter, Ella	12	Columbine Hi	89-00	_____
4	Ausman, Jailynn	12	Arvada West	89-07	_____
5	Ferguson, Kendall	11	Valor Christ	91-06	_____
6	Waller, Kimber	11	Golden High	93-08	_____
7	Vasey, Rachel	12	Bear Creek H	98-01	_____
8	Lozsi, Nicolette	11	Arvada West	99-03	_____
9	Kline, Karsyn	11	Ralston Vall	99-10	_____
10	Hertz, Emma	11	Columbine Hi	105-02	_____

Event 74 Boys Shot Put 4A**Wednesday 4/30/2025 - 3:00 PM****League: 61-05.50 5/1/2024 Montrey Strickland**

Pos	Name	Yr	School	Seed	Mark
Flight 1 of 2 Finals					
1	Hood, William	10	Conifer High	23-11.00	_____
2	Eppler, David	10	Conifer High	27-07.75	_____
3	Fackler, Phoenix	10	Conifer High	31-01.75	_____
4	Dukesherer, Henry	11	D'Evelyn Hig	32-00.50	_____
5	Feng, Ken	11	D'Evelyn Hig	32-06.50	_____
6	Ditirro, Giovanni	12	Wheat Ridge	32-07.75	_____
7	De Jager, Zander	9	Evergreen Hi	33-00.00	_____
8	Tucker, Darden	10	Evergreen Hi	34-07.00	_____
9	Boshart, Landon	10	Littleton Hi	34-10.75	_____
10	Rickett, Matthew	11	Green Mounta	35-11.00	_____
11	Brown, Xavier	12	Wheat Ridge	36-01.75	_____
12	Alvarado, Dillon	12	Evergreen Hi	36-02.00	_____
13	Anderson, Austin	11	D'Evelyn Hig	36-03.50	_____

Flight 2 of 2 Finals

1	Harris, Ryker	11	Littleton Hi	36-11.00	_____
2	Bowden, Andrew	12	Green Mounta	37-05.00	_____
3	Castillo, Devin	12	Wheat Ridge	37-11.00	_____
4	Jay, Nickolas	11	Dakota Ridge	38-11.25	_____
5	Stroup, Colby	11	Pomona High	39-10.50	_____
6	Wojciehoski, William	12	Dakota Ridge	39-10.75	_____
7	Galvan, Donovan	11	Pomona High	40-10.75	_____
8	Lyons, Tristan	11	Littleton Hi	42-07.25	_____
9	Dufour, Luc	11	Standley Lak	42-09.00	_____
10	Uhlianets, Kiryl	10	Standley Lak	43-08.00	_____
11	Cain, Loghan	11	Pomona High	44-00.00	_____
12	Weaver, Connor	10	Standley Lak	44-04.00	_____
13	Wolfinger, Zack	12	Dakota Ridge	45-04.00	_____