Shopping List

Item	*Qty*	✓	*Item*	*Qty*	✓	*Item*	*Qty*	✓
FRUIT/ VEG			**DRINKS**			**MEAT**		
Apples			Fruit Juice			Beef		
Avocado			Sodas			Chicken		
Broccoli			Coffee			Lamb		
Carrots			Fruit Juice			Fish		
Green Beans			Bottle Water 18L			Pork		
Grapefruit			Tea			Bacon		
Lemons			Wine			Sausage		
Lettuce						Ham		
Limes						Salami		
Mangoes			**DRY GOODS**			Cold Cuts		
Melon								
Mushrooms			Balsamic Vinegar			**FROZEN**		
Onions			Bread			Spring Rolls		
Oranges			Cereals			Samosas		
Passion Fruit			Cocoa			Ice Cream		
Papaya			Cous Cous					
Pineapples			Custard Powder					
Potatoes			Honey			**DAIRY**		
Peas			Peanut butter			Butter		
Spinach			Margerine			Cheese		
Tangerines			Honey			Creamer		
Tomatoes			Jams			Eggs		
Green Peppers			Marmalade			Evaporated Milk		
Corn			Mayonaise			Fresh Cream		
			Mustard			Long Life Milk		
			Rice			Yoghurt		
			Oats					
			Oil					
HERBS			Pastas			**BITINGS**		
Basil			Rice			Nuts		
Coriander			Salt			Chips		
Garlic			Soy Sauce			Popcorn		
Ginger			Sugar					
Mint			Canned Tomatoes					
Parsley			Soy Sauce			**OTHER**		
Spring Onion			Canned Beans			Dish Soap		
			Raman Noodles			Brillo pad		
			Sweet Chilli Sauce			Paper towels		
			Tomato Paste			Packed Lunch Bags		
			Tomato Sauce			Serviettes/Napkins		
						Laundry Soap		
						Vegetable Soap		
						Toilet Paper		