

Client Intake



HEALNGENX

SPIRITUAL COACH/PRACTITIONER
ROSE SPRUENGLI

Spirituality

Doesn't come from religion.

It comes from our soul. We must stop confusing religion and spirituality. Religion is set of rules, regulations, and rituals created by humans, which were supposed to help people spiritually. Due to human imperfection religion has become corrupt, political, divisive and a tool for power struggle.

Spirituality is not theology or ideology.

It is simply a way of life, pur and original as given by the most high. Spirituality is a network linking us to the most high, the universe, and each other.

-Haile Selassie I-

Personal Information

Name: _____ Birthday: _____

Address: _____

City: _____ State: _____ Postcode: _____

Home Phone: _____ Mobile: _____

Email: _____ OK to email promos? Y / N

Occupation: _____ Status: _____ F/T P/T

Company: _____

Address: _____

Emergency Contact Name: _____

Relationship to you: _____ Contact Phone: _____

Medical Information

Are you taking any medications? Yes No If yes, please advise:

Are you pregnant? Yes No

If yes, how far along and are there any concerns?

Do you suffer from chronic pain? Yes No

If yes, please advise:

Is there anything that makes it feel better or worse?

Have you had any injuries? Yes No

If yes, please advise:

Please indicate if any of the following which apply to you

Cancer	Headaches/migraines	Stroke
Fibromyalgia	Arthritis	Heart attack
Diabetes	Kidney dysfunction	Joint replacement
Blood clots	High/low blood pressure	Numbness
Sprains/strains	Depression	Anxiety
Other: _____		

May we share your information with your PCP? Yes or No

Primary Care Provider: _____

Address: _____

City: _____ **State:** _____ **Zip Code:** _____

Phone: _____ **Fax:** _____

If at any time during your session, if you feel uneasy, please advise your practitioner. You're welcome to provide insights/experiences during the session if it will assist in the session, or you can advise upon the closure of the session.

What are your goals for this spiritual coaching session? Check all that apply:

Emotional relief	Yes	No	If yes, please explain:	_____
Spiritual relief	Yes	No	If yes, please explain:	_____

Client acknowledgments

By signing the below, you agree you have completed this form as honestly and completely as possible, and will advise if anything changes at any time; you understand energy healing is a natural, non-invasive modality to help bolster your own ability to heal and should not replace urgent or essential medical treatment by a medical practitioner.

Client's signature: _____ **Date:** _____

Acknowledgements

By signing the below, you agree to perform your Spiritual healing session with pure, loving intention in order to serve your client's greatest and highest good, and have also advised your client of what to expect before, during and after the session has been completed.

Spiritual Advisor Signature: _____ **Date:** _____

Starting your spritual journey always remember to take it slow

Look for things that you have interest in and things that resonate with you. List things you have interest

- A.
- B.
- C.
- D.

Begin practicing meditation with focusing on breathing and cleaning your mind. Clearing your Aura's will help. Using YouTube music while sleeping can help clear your chakra's and remove and protect your energy.

Connect with your heart and practice kindness and self love to both yourself and others.

Always remember today is a new day and and so is tomorrow.

Don't be afraid if your curious, and definitely dont be afraid to ask questions. Always keep an open mind

Educate yourself by researching things that interest you

- A.
- B.
- C.
- D.
- E.

Be prepared to see, feel, and hear insights. Take notes of how you feel, what you hear and your surroundings.

- 1.
- 2.
- 3.
- 4.
- 5.

Yourself: Describe yourself

What do you love most about your current life?

What do you love least about your life?

What are your current top 3 biggest life challenges and why?

Describe as best as you can your week daily routine?

Describe your weekend routine?

What are you currently focusing your energy and attention into bettering during the next 4 months?

Describe your IDEAL DAY

List 3 short-term goals you would like to work on with measurable results for each over the next 30 days (Hint: keep these simple)

- 1.
- 2.
- 3.

List 3-6 more goals you would like to work on over the next 6 months with measurable results for each. (Hint: this is the time to stretch yourself!)

- 1.
- 2.
- 3.
- 4.
- 5.
- 6.

What would you like your life to be like 12 months from now? DREAMING BIG FOR SURE ON THIS ONE ;-)

What do you think is holding you back or has slowed your progress up to now (resources, understanding/knowledge of new tools, friends, family, mentors, inner mindset)?

If you could change ONE thing in your life right now- what would it be?*(Hint – don't overthink on this one – go with the first thing that pops into your mind.)

What is the biggest opportunity/resource that you're not taking advantage of?

What are the negative things you typically tell yourself? (Make a list, please.)

- 1.
- 2.
- 3.
- 4.
- 5.

What do you desire as your MAGICAL Leap in life for the next 4 months:

Results are an issue of personal responsibility simply signing up to work together is no guarantee that you will achieve results. Please remember I am committed to your progress, and need you to do the same for yourself.

Are you ready and willing to make the changes necessary to achieve your goals?

Yes No

How do you want me to support you, if I notice that you are falling off track? (I'm always loving... no worries!)

What is the most empowering and helpful thing I can do for you during our time together?

Awesome Work! You've completed one of the most important steps to reaching the next level in your life! Give yourself a pat on the back and go celebrate.

A note about me : I work best with those who are willing, rather than those who doubt or resist everything. What it comes down to is: I truly want the best results for you out of our work.

Do I have permission to gently call you on using excuses, avoiding, resisting recommendations if I see it happening?

Yes or No _____ Depends on the situation