

St. Stephen's Episcopal Church-Troy, MI

Meditation on Stations of the Cross

February 19, 2026

A reading from Luke

Luke 22:39-53

39 He came out and went, as was his custom, to the Mount of Olives, and the disciples followed him. 40 When he reached the place, he said to them, "Pray that you may not come into the time of trial." 41 Then he withdrew from them about a stone's throw, knelt down, and prayed, 42 "Father, if you are willing, remove this cup from me, yet not my will but yours be done." 43 Then an angel from heaven appeared to him and gave him strength. 44 In his anguish he prayed more earnestly, and his sweat became like great drops of blood falling down on the ground. 45 When he got up from prayer, he came to the disciples and found them sleeping because of grief, 46 and he said to them, "Why are you sleeping? Get up and pray that you may not come into the time of trial."

47 While he was still speaking, suddenly a crowd came, and the one called Judas, one of the twelve, was leading them. He approached Jesus to kiss him, 48 but Jesus said to him, "Judas, is it with a kiss that you are betraying the Son of Man?" 49 When those who were around him saw what was coming, they asked, "Lord, should we strike with the sword?" 50 Then one of them struck the slave of the high priest and cut off his right ear. 51 But Jesus said, "No more of this!" And he touched his ear and healed him. 52 Then Jesus said to the chief priests, the officers of the temple police, and the elders who had come for him, "Have you come out with swords and clubs as though I were a rebel? 53 When I was with you day after day in the temple, you did not lay hands on me. But this is your hour and the power of darkness!"

Meditation

Station 1: Jesus prays at Gethsemane

Scripture reading: Luke 22:39-46

Ask yourself:

- Have I ever been in a position where God was calling me to do something that I did not want to do?
- Would I be willing to lay down my life for another?

Station 2: Jesus is arrested

Scripture reading: Luke 22:47-53

Reflect on a moment when you have betrayed Jesus or when you were betrayed by someone you love. Write a prayer to God that expresses your feelings of sadness and regret, and your desire for forgiveness.
