



*Breath of Life*  
#1 in Advent Series  
Pastor Lyle L. Wahl  
November 30, 2025

## **Jesus is the Breath of Life.**

1. The fact.

(John 1:4; 5:21, 26; 14:6)

2. Exploring the fact.

(Genesis 21:33; Deuteronomy 33:27; Psalm 90:2; John 8:57-58; 1 Timothy 6:16; Revelation 1:8; 22:13)

## **Jesus gives the Breath of Life.**

1. He spoke creation into being.

(Genesis 1:1, 3, 6, 9, etc.; John 1:1-3, 10; 8:57-58; 1 Corinthians 8:6, Colossians 1:16-17; Revelation 1:8; 22:13)

2. He shaped and breathed life into Adam.

(Genesis 1:26-27; 2:7, 19, 21-22; Acts 17:24-29)

3. He gives eternal life.

(John 3:16; 11:21-27; 14:6; 17:3; Romans 6:23; see also Ephesians 2:10; 4:7-8; 5:27; Philippians 4:13; 2 Peter 1:2-4, etc.)

## In My Life This Week

As you use this daily guide, write out your observations and responses on a separate piece of paper and save them with this sheet for reference.

**Monday.** How are you planning and actually *running the race* to the celebration of Christ's birth? We drew an analogy between Aesop's Fable of *The Tortoise And The Hare* and this race. Enjoy the activities of this season, but set a pace that will enable you to prepare and celebrate in a way that honors Christ.

**Tuesday.** Jesus is the Breath of life. He is eternal God. He is the definition and source of life. Jesus said "I am the life" (John 14:6). While we cannot comprehend all of this, describe what you understand this to mean. What would it mean if God were alive (exists) and not the Breath (source) of life?

**Wednesday.** Jesus, who is the Breath of life, gave life. God (Father, Son and Holy Spirit) is the Creator of all that exists. Jesus, then, spoke creation into being — He gave the breath of life to all living things, including Adam and Eve. What does it mean about the nature and your view of every person?

**Thursday.** Jesus not only gave life, He gives eternal life to all who put their trust in Him. As we noted on Sunday, this does not refer to just living forever with God as mind-boggling-wonderful as it is, but also to every aspect of our lives in every day we have on earth. Thank God for His gift of eternal life in its present and future dimensions. Make sure you live richly in God's provisions today, and each day.

**Friday/Saturday.** On Sunday we plan to move to our second theme for this Advent season — *Remarkable Redeemer*. Think about Jesus as your Redeemer as you prepare for our time together.