



## WEST HARPETH CHRISTIAN TUTORIAL

# Introduction to Psychology

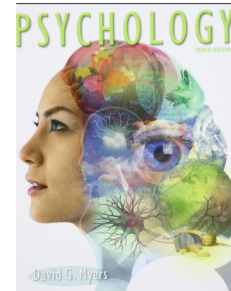
### Tutor:

Faith Aikens

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### Prerequisites:

- None
- This is a high school class open to grades 10-12 only.



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### Course Description

This course presents psychology as a science. We will cover the history of the field, neuroscience (the study of the brain and nervous system), nature/nurture, personality, and many other concepts that are fundamental to an introductory course. My goal is to make the course practical and relevant for students, so discussions will include topics that expose how our culture is affecting our minds (computers, smart phones, the internet, social media, chemicals in our food, etc).

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### Books & Supplies

- **Psychology**, by David Myers 10th ed, ISBN 978-1429261784

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### Commitment

- This course meets once a week.
- Students will spend up to 2 hours per week on assignments.
- There will be occasional in-class quizzes as well as quarter exams.

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### A typical class will look like...

Each class will review assignments, then we will discuss the reading and relevant, current topics that reinforce the importance of understanding psychology and its applications.