



WEST HARPETH CHRISTIAN TUTORIAL

Archery

Tutor:

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Prerequisites:

- This class is open to all students.



Course Description

This class is designed for anyone who has never shot a bow or for those that have previous experience and need a refresher session or a re-introduction to archery using correct shooting techniques.

Students will learn the fundamentals of archery and discover it is more than just a 'point-and-shoot' activity. They will learn the fundamentals of archery and develop self-discipline, strength, and mental focus.

All equipment will be furnished including, bows, arrows, targets, and safety equipment. Low poundage recurve bows are used to teach proper form that will give the student better success on the target.

Having fun is a major objective in this class!

Books & Supplies

- all supplies covered by lab fee

Commitment

- This course is offered on Tuesdays.
- Archery A, B, C, and D are identical courses offered in different periods.

A typical class will look like...

The classes will start with a review on safety, range rules, archery fundamentals, and prepares the student to participate in a more advanced instruction and shooting technique.

The following classes focus on continue building on the shooting form skills. Some classes will include a short lecture on shooting techniques, with most of the class time utilized for shooting activities.

Additional one-on-one coaching will be conducted with all students.

Classes will be outdoors, if at all possible. In the event of inclement weather, students should be prepared for cold or raining conditions.

Achievement award ribbons will be awarded for each level of scoring.