



WEST HARPETH CHRISTIAN TUTORIAL

Introduction to Fashion & Sewing

Tutor:

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Prerequisites:

This course is open to 8th - 12th grade students who have an interest in sewing.



Course Description

Introduction to Fashion & Sewing will cover the basics of sewing and an introduction to fashion, including finding out your color palette, as well as your body type and which clothes are most flattering for your body type.

We will learn and practice different sewing techniques (sewing machine stitches, buttons, hand stitching), reading commercial patterns, and minor alterations to clothing.

By the end of the course students will have created a wide variety of items such as a pillowcase, small tissue holder, snuggly, tote bag, drawstring bag, zippered pouch, soup bowl holder, etc.

We will also hand-stitch as well as applique a pillow.

Each item is designed to learn or practice a new or existing technique we have been working on.

We will also create two clothing pieces made from commercial patterns and alter clothing to make it fit correctly.

The goal of this class is to teach important sewing techniques through the making of fun and enjoyable projects.

Books & Supplies

- basic sewing machine & case to be brought to class each week (Please reach out to Mrs. Jones with any questions.)
- sewing kit
 - pins, pin cushion (magnetic bowl), needles (#12) that fit your machine, good quality scissors (I am left-handed and have left-handed sewing scissors.), white spool of thread, red spool of thread, black spool of thread, and 3-4 other colors we will discuss when school starts.
- 1-2 patterns for end of year projects (These will be purchased later in the year.)
- small container to hold supplies
- other supplies covered via lab fee

Commitment

- This course meets on Thursdays.
- Students will receive information explaining the grading criteria for each project and will receive a grade and written comments for each completed project.
- Grading will be based on finished class projects, presentations, and quizzes.
- Students can revise and resubmit a graded project for a higher grade with no penalty. This must be done by the next week of class.
- Projects will be accepted late, however, students cannot receive full credit for a late project.

A typical class will look like...

Learning and sewing!