



## WEST HARPETH CHRISTIAN TUTORIAL

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# Cooking & Baking

**Tutor:**

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**Prerequisites:**

- This course is open to all students.



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### Course Description

This class is designed to introduce concepts involved in basic cooking and baking techniques.

Class time will be filled with hands on food preparation, discussion of safe food handling, following recipes, doing measurement conversions, and making substitutions.

Students will be taught to not just read a recipe, but to learn to make a meal with what's available in the pantry.

Weekly topics will vary between main dishes, side dishes, baking, sauces, desserts, etc.

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### Books & Supplies

- ingredients supplied via lab fee
- other supplies TBD

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### Commitment

- This course meets once per week.
- Cooking A, B, C, and D are identical courses.
- In 23.24 there are options available on both Tuesdays and Thursdays.
- Quarterly projects will be assigned for a grade.

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### A typical class will look like...

Hands-on cooking instruction and practice.