

DIABETES PRESENTATION

Join us for a presentation by IERHA CDE Lisa Wutzke

Discussions will include:

- different types of diabetes
- targets to achieve
- blood sugar testing
- potential complications
- diet
- exercise
- foot care principles
- eye health
- medicines

Thursday, February 26th at
1:00pm
at The South Interlake 55 Plus
Centre
374 1st Street West, Stonewall



call us to register your name for
this Complimentary Presentation
before February 17th

204-467-2582



Temporary Grant Funding Sponsored by: AGE FRIENDLY
Manitoba

Limited seats available!
For more information on Subsidized Transportation
regarding this event please contact
South Interlake 55 Plus