



December 2025 Active Wellness Feelin' Festive Classes

Let's continue these Active Wellness classes in to December!
Drop In Classes only at 374 1st Street West, Stonewall
Drop In Fee \$10.00 per class

Tuesdays

**December
9 & 16**

**Sleigh the
Workout**

5:00 – 5:45 pm

Wednesdays

**December
3, 10, & 17**

**Christmas
Fitmas**

5:00 – 5:45 pm

Thursdays

**December
4, 11 & 18**

Yuletide Yoga
9:30 – 10:30 am

Party Pilates
5:00 – 6:00 pm