## "SOLE"FUL **FOOT CARE BY ALLYSON, RN BN FCN**

during this Complimentary Presentation, Allyson will be discussing:

- diabetes
- proper footwear
- do's and don'ts for footcare
- self referral to a Podiatrist and footcare Nurse

Tuesday, December 9th 1:00pm

at the South Interlake 55 Plus 374 1st Street West, Stonewall





Call Us to pre-register your name before **November 28th** 

204-467-2582



Temporary Grant Funding Sponsored by: AGEFRIENDLY



For more information on Subsidized Transportation regarding this event please contact South Interlake 55 Plus