



# Virtual Chat

Brought to you by Zoom!

**Every 2<sup>nd</sup> and 4<sup>th</sup> Thursday of  
the month from 3:00-4:00pm**

A time to check in and share with each other!



Join the conversation: By calling  
(204) 467-2582 or by email:  
[si55plus@mymts.net](mailto:si55plus@mymts.net)