



New Jersey
CENTRAL

“Are You Air Aware?”

Virtual Webinar

Lancette VanGuilder BS, RDH, CEAS, PHEDH, FADHA
President-Elect of the ADHA

Sunday September 14th, 2024 9am – 12pm 3CEUs

Business Meeting 8:30-9am Know What's Going on in NJ

Members: \$10

Non-Members \$15

Students: FREE!

\$20 for nonmembers to attend AND bring a nonmember friend :)

→ *Become a member of the ADHA and provide copy or snapshot of membership confirmation, and attend a future 2025 Central CE course for FREE! ←*

Mark Your Calendars!

Registration Opens AUGUST 15th

and ends Friday SEPTEMBER 12th OR WHEN COURSE IS FULL

CE Coordinator

Jennifer DeMaio, jennifereutsch@gmail.com

Text or call 973-224-2688 Volunteers welcomed!

Centralnjdha@gmail.com

About Lancette VanGuilder BS, RDH, CEAS, PHEDH, FADHA



For nearly three decades, Lancette VanGuilder has been shaping the future of dental hygiene—leading, educating, and advocating on local, national, and international stages. A proud graduate of the University of South Dakota, Lancette calls Reno, Nevada, home, but her impact knows no borders.

Lancette is a recognized key opinion leader and mentor in the dental industry. Whether on stage, writing articles or as a podcast host, she champions cutting-edge approaches to care—pioneering mobile and Teledentistry solutions, advocating for expanded scope of practice and autonomy for dental hygienists, and leading conversations on innovative medical-dental integration. As a registered lobbyist, she works to ensure that equitable access to dental care extends into policy.

From past president of the Nevada Dental Hygienists' Association to serving on the American Dental Hygienists' Association (ADHA) Board of Directors, Lancette's leadership has left a lasting mark. Her dedication has earned her prestigious accolades, including the ADHA Professional Achievement Award, the ADHA Award for Excellence (an honor bestowed upon only a select few in a century), Nevada Dental Hygienist of the Year and the internationally recognized Denobi "All Star" Award for being a trailblazer in all 7 professional roles of the dental hygienist. She has also been named one of *Dimensions of Dental Hygiene's* "Six Dental Hygienists You Need to Know."

Beyond the podium, Lancette is a hands-on clinician. She owns an independent mobile dentistry practice, is the clinical director Sierra Sleep, Airway & Wellness Center, and founded *Hygienist for Health*, an AGD PACE Approved national CE company. Her passion for prevention and equitable access to dental care extends into policy, where she volunteers as a registered lobbyist for nonprofit initiatives.

As the 2025-2026 President of the ADHA, Lancette will continue to push boundaries, inspire professionals, and drive the global conversations on interprofessional practice.

Airway Course Description

Integrating airway assessments alongside the head and neck examination is a quick and easy way to assess overall health. Join me as we look at the head and neck area and identify clues that dental hygienists can pick up on to help assess for airway concerns such as disordered breathing, tongue and frenum restrictions and mouth breathing. Healthy breathing is critical to optimal oral and overall health. Dental hygienists can be a collaborative partner for airway health, breathing, sleep and TMD. This course will provide the participant with interactive activities (have your cell phone ready) and a course handout that includes a printable chairside guide.

Learning Objectives

1. Define disordered breathing and various contributing factors to airway problems
2. Provide a step-by-step guide for incorporating airway assessments with comprehensive head and neck examinations
3. Review treatment options to improve airway health

Sponsored by

