

# “Oh, The Place You Will Go!”

## The journey from student to professional during the first 5 years post-graduation

**Course description:** The first 5 years out of dental hygiene school can set the tone for the rest of your profession. The journey from student to professional can be both exciting and scary, but the journey does not have to be lonely. There is a whole professional community out there ready and willing to share their knowledge to help you transition from student to “the real world”. This course will help you to think about the steps to take to be fulfilled professionally. Learn strategies to help find the office that is right for you based on your ethics & values, your passion within the profession and the salary & benefits you desire. Learn how to be a dental hygiene professional beyond the walls of an office by investing in your profession, becoming a lifelong learner and networking. Spend time hearing from a diverse panel of dental hygienists in varying stages of their professional journey about the steps they took to succeed in “the real world”.

### **Learning Objectives:**

1. Identifying your dental home - temping, DSO, private practice, FQHC, pediatrics, periodontics.
2. Determine your personal and professional values and ethics.
3. Review how to become a lifelong learner.
4. Investigate furthering your education - RDH to BSDH and beyond.
5. Examine the profession beyond the treatment room -network, personal growth, caring for your mind & body.
6. Prepare for the journey - a journey does not happen overnight.

Length: Can be tailored to 1 or 2 hours

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