

Five Essential Skills Every RDH Needs in the Age of Uncertainty

Course Description: The Coronavirus pandemic brought to the surface and deepened the growing unhappiness and dissatisfaction many dental hygienists are having with clinical practice. While it is tempting to play the ‘blame game’ – the doctor, the office manager or your professional association, the key to restoring the value of the dental hygienist lies within ourselves. This course will explore how five essential skills can help you regain your love of dental hygiene and lead you to your best life at work and home.

The Five Essential Skills:

- Curiosity
- Effective Communication
- Shared Responsibility
- Adaptability
- Kindness

Learning Objectives:

- Understand how curiosity helps us know our patients better and drive life-long learning
- Describe the importance of sharing the responsibility for identifying and discussing a patient’s oral health needs
- Evaluate and improve communication skills to increase acceptance of recommendations and treatment
- Recognize the dynamic nature of clinical practice and the state of current practice standards
- Examine the importance of kindness and empathy towards ourselves, our patients, and our co-workers.

Length: Can be tailored to 1, 2, or 3 hours

- Does contain a clinical component

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