
the

Journal

of the

New Jersey Dental Hygienists' Association



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THE JOURNAL of the New Jersey Dental Hygienists' Association

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The opinions in editorials are those of the writers. The Editors are not responsible for opinions expressed by authors of the contributions herein.

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Greetings From the President

I am very proud and happy to extend my best wishes to the members of the New Jersey Dental Hygienists' Association in the first issue of our state journal. It is a tribute to the hard work of the members over the years, that we are able to publish this journal.

Since hygienists were first licensed in New Jersey, tremendous progress has been made. Our society was established in 1948 by the efforts of a few girls. The number of active members has been greatly increased. Fairleigh-Dickinson, the only school of Dental Hygiene in N. J., was accredited in 1953. Their students have been active in our association since that time.

We have held several meetings each year and had interesting and educational speakers. The association has actively participated in Children's Dental Health Week and given table clinics at the request of the Dental Society. In the future, we hope to continue and enlarge these fields of activity.

Another major step in the progress of our Association was made at the Annual Meeting in Atlantic City last April. The Southern Dental Hygienists' Society was formally approved as a component society of the New Jersey Dental Hygienists' Association. This will give the girls in the Southern part of the state a chance to become active members and continue their efforts in behalf of the state organization.

Much has been accomplished in the past seven years, but it is towards the future that we must direct our efforts. This journal will prove an invaluable aid towards making our organization take its proper position in the field of Dental Hygiene.

Sincerely,

MARY ELIZABETH O'HALLORAN

Editorial

I am pleased to present our first issue of The Journal of the New Jersey Dental Hygienists' Association. It has been generally felt that a state publication for our members would not only keep us well informed but stimulate more enthusiasm among our members. In a group such as ours many of the members work long hours and then return to housekeeping, child care and many extracurricular activities. Consequently our time is limited far short of our ambitions. We all want to keep up with the professional side of our lives by exchanging ideas with others in the Dental Hygiene profession and I feel that this journal can be a great source of reference and mutual contact for us. However, it can serve these purposes only if each individual member contributes. You may be called upon directly, in which case I sincerely hope that you will cheerfully complete the task suggested, but if you have a few ideas you'd like to share with the rest of us please jot them down and send them in. Likewise, if you enjoy drawing or writing poetry there is ample space for you to display your talents. There are so many many sources from which we can draw items of general interest. Do you have any old black and white pictures of groups of members of our association, have you a term paper from school or a short essay on some phase of dental hygiene? If so, will you send it to us?

My sincere thanks go to those who contributed to this first publication, for they did so cheerfully, and under great pressure for time.

Share a Ride, Start a Friendship

It has been my feeling that many of our members or potential members would attend more meetings if they had someone to travel with. Understandably, there are people who are reluctant to present themselves at a meeting alone, but if they were invited to ride along with someone else they would be more than happy to attend and contribute refreshing and constructive ideas. A list of all registered dental hygienists in New Jersey has been compiled for your information and convenience and may be obtained from the secretary, so if you haven't one please drop her a line or ask her for one at the next meeting so that you can glance over it for the names of girls in your locality whom you could offer a ride. I have discovered that traveling with a person affords great opportunity for the development of very worthwhile friendships and associations. Why not phone a few girls before the next meeting and invite them to join us?

GRACIA STACKHOUSE,
Editor.

Editorial

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Southern Society News

The Dental Hygienist Society of Southern New Jersey had its first meeting of the year on September twenty-ninth. A lovely dinner meeting was held at the Cumberland Hotel in Bridgeton. Besides our regular members and the State president, Miss O'Halloran, we were happy to welcome four newly graduated hygienists who are joining our group at this time—Miss Audrey I. Kromnick, Atlantic City; Miss Suzanne Cole, Morristown; Miss Ann R. Scribner, Ocean City; Miss Deborah R. Stewart, Ventnor City.

The business portion of the evening was devoted to setting up our program of projects for the year. We shall continue to seek speaking engagements of any type to further the public's education concerning dental hygiene as both a service and a career. Our other projects include work on Dental Health Week, enlargement of our membership, job placement, our own workshops, and of course, the State Convention at Atlantic City in the spring.

Our group is small as yet, therefore we are concentrating our efforts in only a few directions. Our foremost aim is to convince more high school girls in our area to take up dental hygiene and by doing so increase our own membership while filling the growing number of available jobs. If we can accomplish this, we shall feel that the effort put forth in organizing our group has been well worth while.

"Congratulations and best wishes for success in the publishing
of your new state "Journal",

The L. D. Caulk Company
129 Washington Street, Newark, New Jersey

THE MEANING OF MEMBERSHIP

Congratulations to those hygienists who passed the June state board exams and best wishes for success in your chosen profession of Dental Hygiene. Membership in the N.J.D.H.A. and the A.D.H.A. cannot be over emphasized because of the great value of meeting with others in the same profession. Members of the N.J.D.H.A. make use of the state registry as a means of securing positions in dental offices in New Jersey. The Journal is sent to all members bi-annually while local and state-wide conventions give girls the opportunity to hear speakers and clinicians, see the latest in scientific and commercial exhibits and exchange ideas with others.

The American Dental Hygienists' Association has made Disability insurance available to girls at group rates. It represents the interests of dental hygienists on a national legislative level and is currently endeavoring to upgrade the rating of hygienists in Civil Service. The quarterly journal of the National organization presents the latest reports on hygienists and dental hygiene and is sent free to all members. Annually, scientific sessions are held in conjunction with the American Dental Association featuring reports from recognized authorities, table clinics and admission to scientific sessions, health and commercial exhibits of the A.D.A.

An application blank has been reproduced below for your convenience in meeting the January 1st deadline for membership.

LORETTA PICCIUTO
Membership Chairman.

APPLICATION FOR MEMBERSHIP

DENTAL HYGIENISTS' ASSOCIATION OF THE STATE OF NEW JERSEY

I hereby apply for membership in the Dental Hygienists' Association of the State of New Jersey, basing my eligibility on my graduation from in 19..... and on my registration as a Dental Hygienist for the year 19..... - 19..... (License No.....)

Signed

Street

City..... County..... Date.....

Endorsements:.....

The fee of \$10.00 shall in all cases accompany this application. The annual dues are payable January first; three dollars to be retained by the Association for annual dues; seven dollars to be forwarded to the American Dental Hygienists' Association to cover annual membership dues and subscription to the Journal.

Applicants must be endorsed by two members in good standing of the Association or the Dental Society.

MAKE CHECKS PAYABLE TO: NEW JERSEY DENTAL HYGIENISTS' ASSOCIATION

SEND TO: MISS JANE BULMER
18 HATFIELD ST., CALDWELL, N. J.

Can We Afford To Let George Do It?

Consider how new we are—how few we are. For our profession to be truly recognized, we must grow in this state where dentistry progressed successfully for so long without our helping hand. We must accept our responsibility in the field of education and nurture every opportunity to see that our communities are brought the ultimate in health comfort and appearance.

Dental Health week has been set aside by the A.D.A. as the time to bring before the public the importance of early tooth care. With a little effort on the part of all of us, we can win respect in our localities and also place the value of our profession before the public. This is a prime requisite to the increase in those choosing dental hygiene as a career and to the introduction of the dental hygiene teacher into the public school system, the dream of all dental educators.

Let every hygienist in the state reconsider her professional oath, primarily to educate the young, and the young at heart in the prevention of tooth decay and gum diseases. Surely, we all feel ourselves above being merely "tooth scalers and polishers", operators too busy to be bothered finding ways of assuring the future generations of healthier, happier living.

You ask, "What can I do?" We suggest making charts showing results of proper and improper diet, actual amounts of sugar in certain foods, reasons for orthodontia, flannel boards and puppets for P.T.A. displays in your own community. Suggest and make displays to be presented in store windows, interest your local organizations in giving you and or your materials a place on any health programs, offer your services to local school dentists and nurses, help Johnnies teacher with a health play. In fact, there are so many ways of interesting teachers, children and parents in the need for early dentistry we feel it unnecessary to further mention them.

Dentistry and dental hygiene must work together to create and emphasize the dental hygienist's role as dental health educator. The dental profession needs to give help and support to the profession which created her.

Dental hygiene education, the training of auxiliary dental personnel to teach "preventive dentistry" was dentistry's answer to meeting the dental health needs of our nation. They have thrown the torch to us, let us hold it high and proudly. Let's not bite the hand that feeds us; we were originated to be educators for the dental profession.

Children's Dental Health Day is in February but any day is a good day to teach—good dentistry plus good home care means good health.

ANNA O'HERRON RINGROSE.

The Birth of the New Jersey Dental Hygienists' Association

From 1918 to 1925 some New Jersey dentists and a few out of state Dental Hygienists tried to have a bill passed to license the D. H. in New Jersey. As there seemed very little interest shown by the majority of dentists, the action finally slowed down and died. By 1925 a new group of dentists had been graduated and duly licensed. Many of them had seen the value of a D. H. in the field office overseas in World War I. However, as in all good causes there are always a few dissenters, finally even the more enthusiastic men gave up the effort to rally.

In November 1945 a group of pioneer minded Dental Hygienists living in New Jersey but working in New York or Pennsylvania, called a meeting at the Robert Treat Hotel, Newark, N. J. It was for all licensed Dental Hygienists who would be interested in a New Jersey license. Mary Jane Dutton, Jane Kohler, Esther LaForgia, Loretta Rummel, Ruth Leahy and Jane Bulmer were a few who met that night. Out of this meeting grew the planning for the future. By-laws patterned after the National D. H. Association were drawn up and discussion on study classes took place. February, 1946, the original interested group incorporated and the New Jersey Dental Hygienists' Association was born.

An artist designed our seal and through the kindness of Loretta's family, Geiger Calendar Company cast the die. Meetings followed for study classes. We had all been out of school for many years and the old books were pretty dog-eared. It was great fun though. We decided to hold meetings at our respective offices, this way we kept strictly to business (no refreshments) and gave us a chance to show 'Our' particular office off. The New York girls got quite a kick out of the country, informal N. J. office, while we felt the N. Y. office was cold. Some of us were married and our husbands found themselves playing second fiddle to THE MOLAR!

With the cooperation of the before mentioned dentists we started the fight to get a bill through. The week the Governor was to sign his approval, coincided with the State Convention at Atlantic City. So armed with a clinic and a beautiful banner, we arrived sincerely believing all was well. Dr. and Mrs. Wilson, and Dr. and Mrs. Schneider took us under their wings and kept our spirits up. The next morning we awoke and found we had been betrayed. The Governor was playing safe. Once again we started to fight and finally, the following year the Bill went through.

Now we really got down to studying, using State Board questions from New York, Connecticut and Pennsylvania Colleges as a guide. In September 1948 we went to the University of Pennsylvania and took the State Boards. Personally, it was three of the most horrible days of my life. We were notified in November of the result. All our group had passed. There was great rejoicing.

A lot of water has gone over the dam since 1948 and no doubt the new recruits think there is no human element in the setting up of State Boards for

(Continued on page 8)

ODE TO A DENTAL HYGIENIST

Hygienist, in your dental chair
I sit without a single care
Except when tickled by your hair

I know that when you grab those drills
I need not fear the pain that kills
You merely make my molars clean
With pumice doped with wintergreen

So I sit back in calm reflection
With close-up views of your complexion
And taste the flavor of your thumbs
While you massage my flabby gums

To me no women could be smarter
Than she who scales away my tarter
And none more fitted for my bride
Than she who knows me from inside

At least as far as she has gotten
She knows how much of me is rotten.

Dental Students' Magazine
March, 1949

Birth of N. J. D. H. A. (continued from page 7)

Dental Hygienists. One should never take these things for granted. I feel the results of our persistence and faithfulness are showing now in the Association

We now boast of a Southern Component, which is working actively and a State membership of 57. And our past president thinks we deserve a Journal. This is growing !! I am sure that small group of 1945 agree it has been worth the trouble.

DOROTHY ANNE DECKER
Class of 1917 Columbia Univ.

TENTATIVE PROGRAM FOR 1955-1956

Wed., Nov. 9—Semi-annual meeting at Park Hotel, Plainfield

Wed., Jan. 18—Business meeting and Delegate's report from National Convention. Plans for Dental Health Week and Guest speaker

Wed., March 14—Business meeting and guest speaker

Mon., April 26—Annual meeting in Atlantic City

OFFICERS AND COMMITTEES

President,

Miss Mary Elizabeth O'Halloran, 106 W. Holly Ave., Pitman, N. J.

Vice-President,

Mrs. Francis Fluhr, 500 Alma Terr., Teaneck, N. J.

Secretary

Miss Margaret Kennedy, 327 Jersey St., Harrison, N. J.

Treasurer

Miss Jane Bulmer, 18 Hatfield St., Caldwell, N. J.

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Mrs. Doris Fredericks, 37B Hastings Ave., Rutherford, N. J.

Miss Audrey Weber, 205 N. Laurel St., Bridgeton, N. J.

Registry Committee:

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Miss Myrna Krolick, 10 Moller St., Tenafly, N. J.

Mrs. Nancy Jean Conover, 124 New Jersey Ave., Absecon, N. J.

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Mrs. Nancy Jean Conover, 124 New Jersey Ave., Absecon, N. J.

Mrs. Norma G. Hand, 534 Broadway, Paterson, N. J.

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Miss Geraldine Bohrod, 205 Keer Ave., Newark, N. J.

Miss Marion Anson, 787 S. Valley Ave., Vineland, N. J.

Correspondence Committee:

Chairman, Miss Christine Majewski, 1601 Andrew St., Union, N. J.

Mrs. Ruth Mitchell, 32 Salter Pl., Maplewood, N. J.

Mrs. Joan H. Allen, 56 Richard Rd., Metuchen, N. J.

Legislative Committee:

Chairman, Mrs. Jane Kohler, 10 Knapp Ave., Florham Park, N. J.

Mrs. Lucille L. Riblett, 3600 Fieldson Rd., Apt. 7A, N. Y. 63, N. Y.

FAIRLEIGH DICKINSON COLLEGE CHIT CHAT

On November 16 we will celebrate the dedication of our new school of dentistry of which Dr. W. A. Wilson will be Dean.

We are busy planning the Junior membership drive for the class of '56 in hopes that they will maintain the 100% record held by the class of '55.

Sophomore D. H. students gave the incoming D. H. freshman a get-acquainted tea.

Jane Dill '55 now busy at dental hygiene in private practice and going to D. D. C. evening classes has designs on her Bachelor's degree for June '56.

Marlene Rundell, '55, had a pleasant trip to California and "incidentally" is now licensed to practice there. Congratulations Marlene!

We enjoyed the recent visit of Simma Belfer, Wilma Damiano, Carolyn Etelman, Ann Gillin, F. Berlinsky Katz, Judy Raff and Charlotte Swanson.

Roberta Pollison, sophomore student, gave a nice talk on dental hygiene at the recent F. D. C. Medical Arts Career Conference, Oct. 20th.

Alice Roth, '53, is packing for her new civil service position at Walter Reed General Hospital.

The Sophomore class is busy writing on what it is that makes a profession person—a professional person.

Freshman are trying to remember that the penholder grasp is both a popular and a possible one!



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You are cordially invited to write for our complete catalog and technique booklets on S. S. WHITE products.

THE S. S. WHITE DENTAL MFG. CO.
155 CLINTON AVE., NEWARK, N. J.