

WARM SEASON VEGETABLE CHARACTERISTICS

Vegetable	Season	Transplant or Direct	No of weeks to transpl	Spacing	height	days to Maturity	Cal/ Protein cal in 1-oz (8oz= 1cup) Protein in 1 cup
Basil TR	Summer	Transplant	6 weeks	1 - 18"	18 - 24"	50 - 75 days	
Beans bush TR	Summer	April - June	3 weeks	2 -4"	24"	50 - 60 days	9 calories
Beans DS	Summer	May - June					2 grams protein
Beans Pole	Summer			4 - 6"	120- 180"	65 - 75 days	
Corn - Direct	Summer	May - June	none	8 - 10"	72-96"	65 - 90 days	24 cal/ 4.7 gr prot
Cucumber TR	Summer	May - June	4 weeks	8 - 10"	48 -72"	50 - 65 days	4 calories
Cucumber DS	Summer	May - June					.7 grams protein
Eggplant - TR	Summer	May - June	8 weeks	12-18"	18 - 24"	75 - 90 days	7 cal .8 gr protein
Melons	Summer	May - June	4 weeks		15 - 24"	80 - 100 days	7 - 10 calories
Melons	Summer	May - June					1 gram protein
Okra - TR	Summer	June - July	4 weeks	10 - 12"	36 - 48"	55 - 65 days	9 calories
Okra - DS	Summer	June					2 grams protein
Peppers	Summer	May - June	8 weeks	12 - 15"	18 - 24"	65 - 95 days	8 cal/ 1.2 gr protein
Summer Squash	Summer	May - July	3 weeks	8 -24"	24-30"	40 - 55 days	13 calories
Summer Squash	Summer	May - July			vining		1.65 grams protein
Winter Squash	Summer	May - June	3 weeks	24 - 36"	10 - 12"	85 - 120 days	10 calories
Winter Squash	Summer	May - June			vining		1 gram protein
Tomato	Summer	May - June	6 weeks	18 - 24"	24 - 60"	70 - 90 days	5 cal/ 1. 6 gr prot

The above spacing & height information is an approximation. Numbers will vary depending on the variety you are planting, temperature and growing conditions. Make sure to read your seed label to get the most accurate information for the veggie varieties you are growing.