Budget Worksheet (Sample)

Monthly Expense	Budget Actual		Monthly Expense	Budget Actual	
Deductions			Personal & Health		
Savings (regularly set aside)	\$	\$	Clothing	\$	\$
Child Support, Alimony etc.	\$	\$	Toiletries & Care Products	\$	\$
Other:	\$	\$	Haircuts/ styling	\$	\$
Housing			Gym & Sport Club Dues	\$	\$
Rent or Mortgage payment	\$	\$	Health, Life, etc. Insurance	\$	\$
Utilities	\$	\$	Doctor & Dentist Visits	\$	\$
Home Insurance & Taxes	\$	\$	Prescription & OTC Drugs	\$	\$
Other:	\$	\$	Other:	\$	\$
Debt Payment			Education		
Credit Card Payments (min)	\$	\$	Tuition	\$	\$
Other Loans:	\$	\$	Books & Fees	\$	\$
Food			Supplies	\$	\$
Groceries	\$	\$	Other:	\$	\$
Eating Out	\$	\$	Entertainment		
Coffee & Bar	\$	\$	Tickets for Shows & Games	\$	\$
Other:	\$	\$	Books & Magazine subscr.	\$	\$
Transportation			DVDs, CDs, Video Games	\$	\$
Car Payment	\$	\$	Other:	\$	\$
Car Insurance + Taxes	\$	\$	Miscellaneous		
Car Maintenance	\$	\$	Charity, Gifts & Offerings	\$	\$
Fuel	\$	\$	Pet Supplies & Vet	\$	\$
Public Transit, Parking, Tolls	\$	\$	Entertaining Guests	\$	\$
Other:	\$	\$	Cash not Accounted for	\$	\$
Family			Saving for Future Purchases:	\$	\$
Day Care & Babysitting	\$	\$	Other:	\$	\$
Activities & Lessons	\$	\$			
Allowances & Child Support	\$	\$	Summary Calculation Monthly Net Income	¢	\$
Other:	\$	\$	- Expenses Total	\$ 	> \$
			= Monthly Spendable Income	\$	\$
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This sample budget is not meant to be exhaustive of every category or type of expense. Its purpose is to demonstrate the need to be thorough and to include every item indicative of where money flows out and money flows in.

For non-monthly expenses (e.g., quarterly, semiannual, or annual), a good practice is to divide those amounts into monthly portions and save them so that when the expense occurs, the money is available and doesn't put a strain on the current month's available cash. Contact: **Life Financial Solutions**, LifeFinancial.Solutions, David@LifeFinancial.Solutions