



CARBERRY AND AREA
COMMUNITY FOUNDATION

COMMUNITY WELLBEING SURVEY RESULTS

In September/October 2022, Carberry & Area Community Foundation invited the residents of Carberry & North Cypress-Langford to participate in a Community Wellbeing survey. This survey included eight categories of questions related to Carberry/North Cypress-Langford, and was based on the Canadian Index of Wellbeing. The survey was intended to measure real life, of real people who reside in Carberry and North Cypress-Langford.

On November 17, 2022, the Community Foundation hosted a community Vital Conversation to talk about the results of the survey, to celebrate Carberry/North Cypress-Langford successes, to discuss solutions to issues, and to identify community needs.

Carberry and Area Community Foundation is committed to supporting initiatives which preserve and advance the quality of life in Carberry and North Cypress-Langford, promoting development in areas such as culture, education, environment, health, heritage, recreation, the arts and other purposes which are beneficial to the community as a whole. If you are part of an organization which has a project in mind to address any of the needs identified in this report, please consider applying for a grant from the Community Foundation.

Thank you to all who participated in the community survey and attended the Vital Conversation. Thank you to The Winnipeg Foundation's Endow Manitoba team for their support with this initiative.

COMMUNITY VITALITY means vital communities that have strong, active, and inclusive relationships among people, private, public, and non-governmental organizations that foster individual and collective wellbeing. This segment explores what is happening in our neighbourhoods, how safe we feel, and whether or not we are engaged in community activities or becoming socially isolated.

DEMOCRATIC ENGAGEMENT means being involved in advancing democracy through political institutions, organizations, and activities. A society that enjoys a high level of democratic engagement is one where citizens freely participate in political activities, express their political views, and share political knowledge; where governments build relationships, trust, and encourage citizen participation; and, where democratic values are promoted by citizens, civic organizations, and all levels of government. A healthy democracy means more than voting in elections; it requires ongoing democratic engagement both during and between elections.

EDUCATION is the systematic instruction, schooling, or training given to the young in preparation for the work of life, and by extension, similar instruction or training obtained in adulthood. Research shows that education is an important predictor of health, living standards, democratic participation, and education for future generations.

ENVIRONMENT is the foundation upon which human societies are built and the source of our sustained wellbeing. On a broader level, environmental protection involves the prevention of waste and damage while revitalizing our ecosystems and working towards the sustainability of all our resources. From the resources that fuel our economy to the medicines that heal us, and the happiness of outdoor enthusiasts to the lessons that guide many religious or spiritual beliefs, the wellbeing of humans depends on the state of the environment.

HEALTHY POPULATIONS considers the physical, mental, and social wellbeing of the citizens in the community. It looks at the health of the population to assess whether different aspects of our health are improving or deteriorating.

LEISURE AND CULTURE considers how participating in leisure and cultural activities, whether arts, culture, or recreation, contributes to our wellbeing as individuals, to our communities, and to society as a whole. Participation in these activities can be highly beneficial to wellbeing by contributing to better physical and mental health, and creating opportunities for socializing, relaxation, and learning new things.

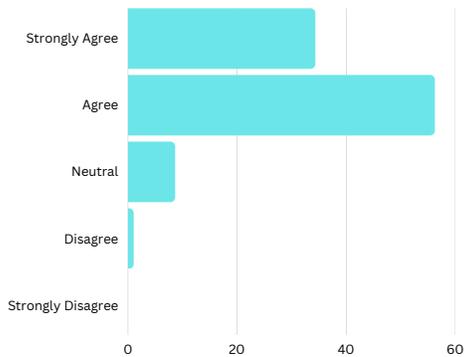
LIVING STANDARDS examines poverty, income fluctuations, economic security, labour market security and job quality. It also considers basic necessities such as food security and affordable housing.

TIME USE considers how people experience and spend their time. It examines what factors control our time use and how the use of our time affects physical and mental wellbeing, individual and family wellbeing, and present and future wellbeing.

Inspired by The Winnipeg Foundation, and based on the ongoing research led by the University of Waterloo, Carberry and Area Community Foundation is pleased present the results of our Community Wellbeing survey.

Community Wellbeing Survey

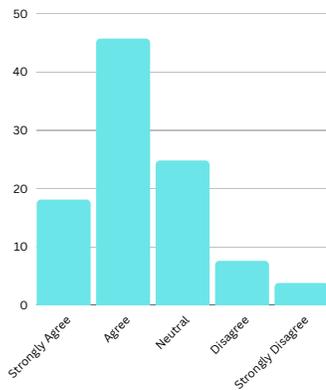
COMMUNITY VITALITY



I feel safe in my community

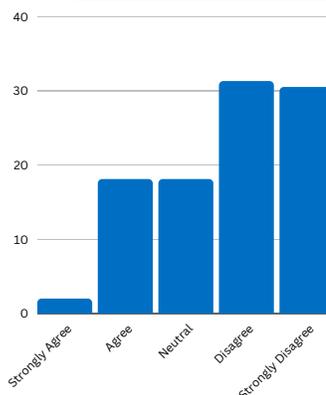
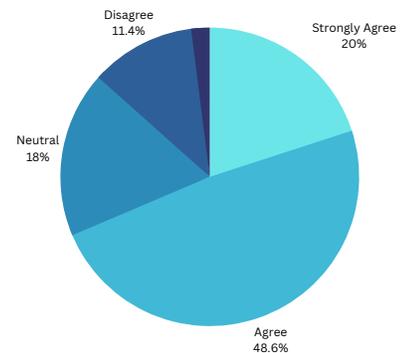
In the past two years I have volunteered
in my community

63.8% of survey respondents have volunteered



I feel a sense of belonging in my community

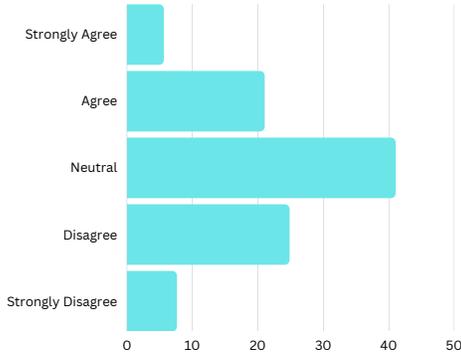
I do not feel isolated in my community



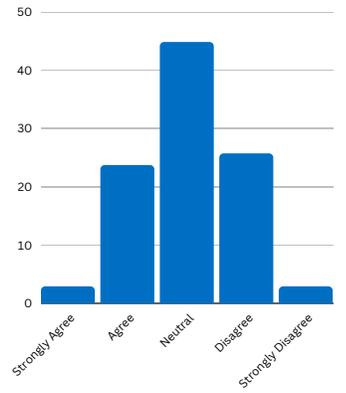
I have experienced discrimination in my community

Community Wellbeing Survey

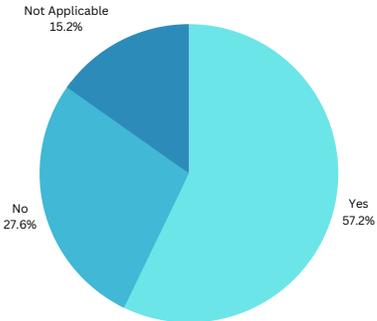
DEMOCRATIC ENGAGEMENT



I feel Carberry/North Cypress-Langford is well represented by the diversity of its council

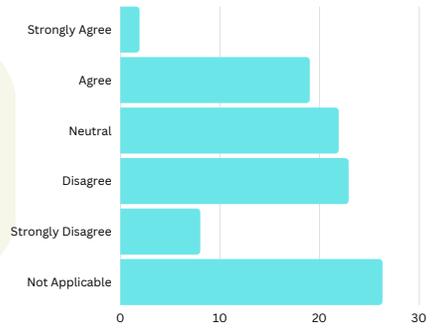


I feel encouraged to participate in local political and civic activities in more ways than just voting

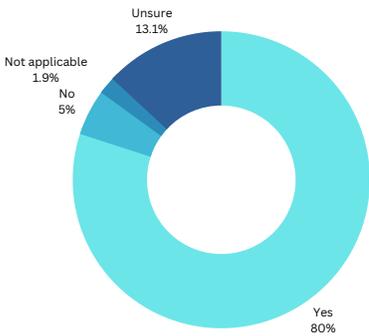


On at least one occasion, I have expressed my ideas/concerns to political leaders

I feel heard when my ideas or concerns are voiced to local members of Town/Municipal council



I plan to vote in the upcoming municipal election
80% of survey respondents had plans to vote prior to the Municipal election

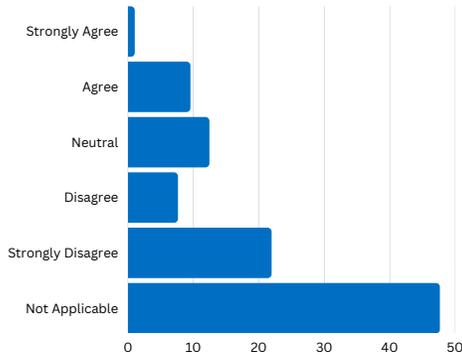


Community Wellbeing Survey

EDUCATION

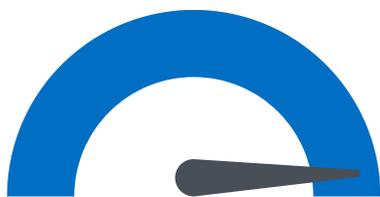
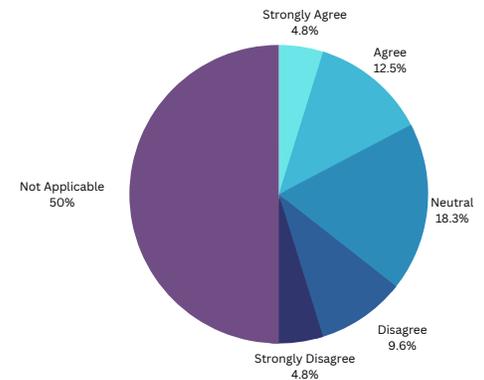


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My family is able to
access childcare

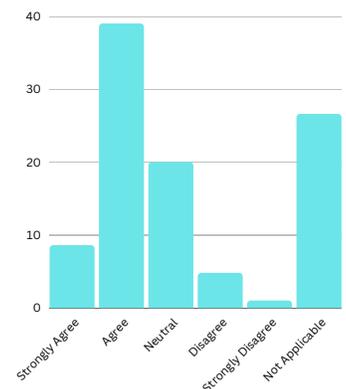
I would like to pursue further education, but
face barriers which prevent me from doing so



My household has access to internet
for personal use

96.2% of respondents have access to internet

The commute time for myself or members
of my household to access education
is acceptable

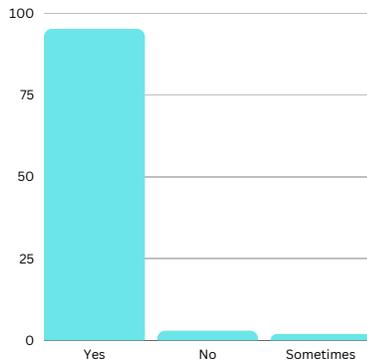


Community Wellbeing Survey

ENVIRONMENT



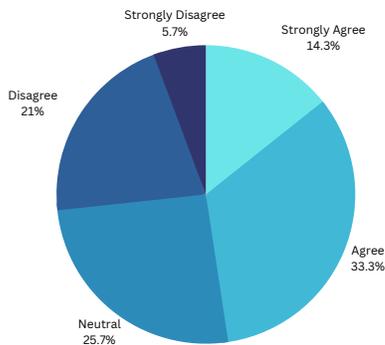
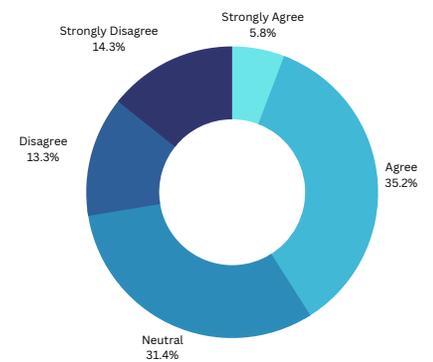
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I recycle

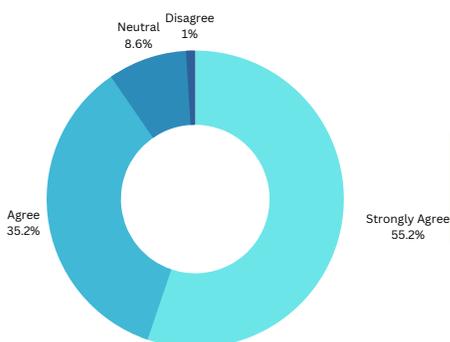
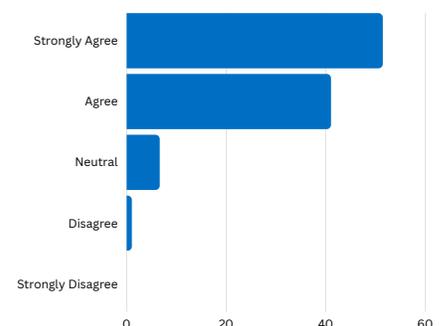
97.1% of those who completed the survey
recycle

I feel anxious about climate change



I am concerned about current/future water
shortages

I value our local resources



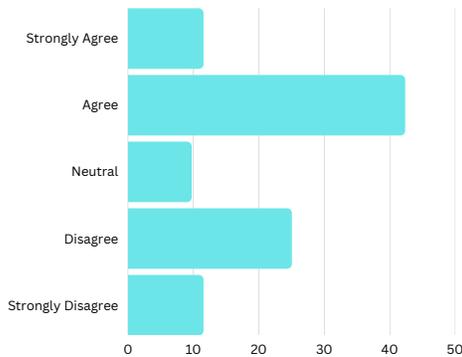
I enjoy time outdoors in my community

Community Wellbeing Survey

HEALTHY POPULATIONS



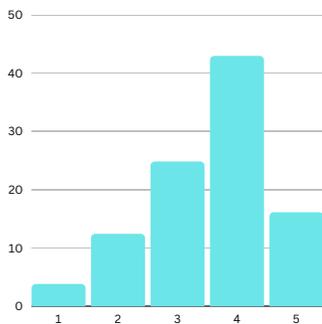
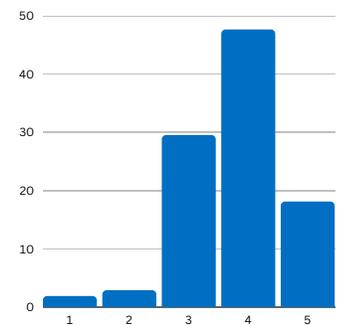
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I have regular access to a health care provider

Self-rated overall physical health

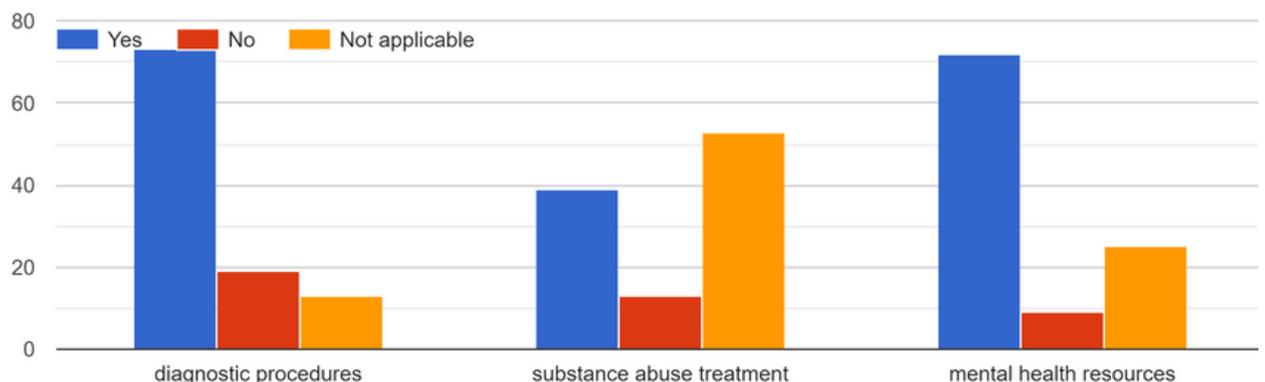
1 = very poor, 5 = very good



Self-rated overall mental health

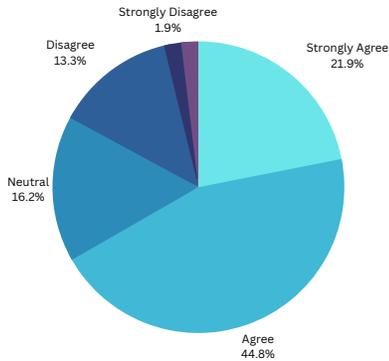
1 = very poor, 5 = very good

I have concerns about wait times for or access to



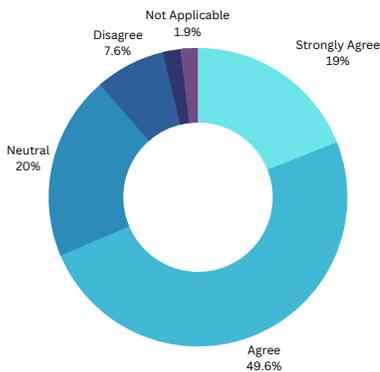
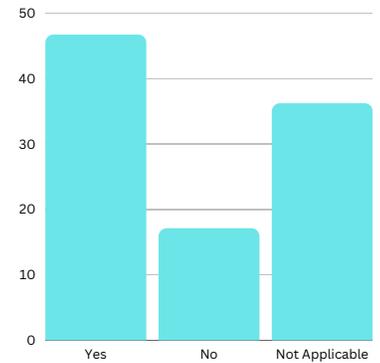
Community Wellbeing Survey

LEISURE AND CULTURE



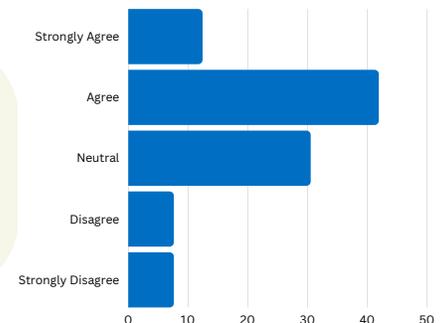
I have access to affordable recreation/leisure activities

My employer offers paid time off



I have access to local green spaces which are well-equipped to serve my needs

I have adequate access to social opportunities and feel a sense of community belonging

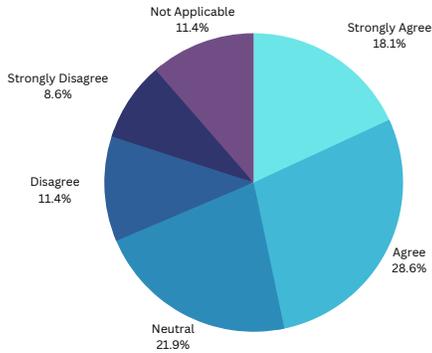


Community Wellbeing Survey

LIVING STANDARDS



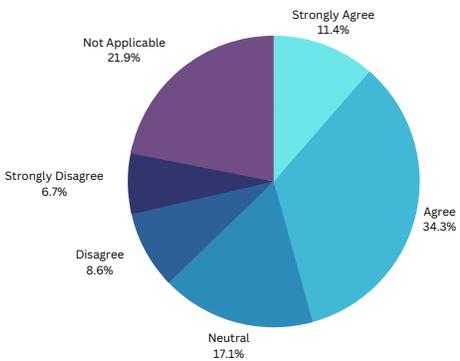
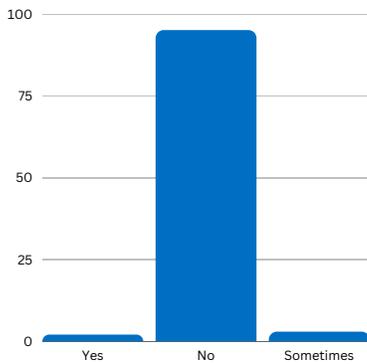
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I have concerns with the availability of employment opportunities in my community

I currently receive Income Assistance, Employment Insurance or another source of government funding

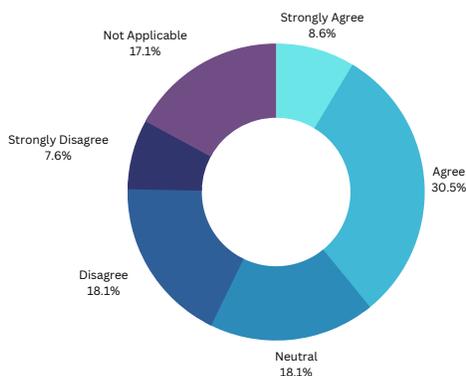
6.8% of respondents answered "yes"



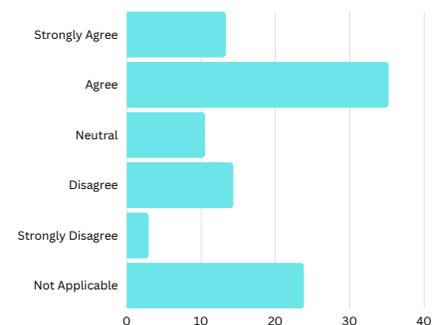
I make use of the local food bank

I have access to affordable housing

I feel comfortable with my current take-home pay



I feel a sense of job security



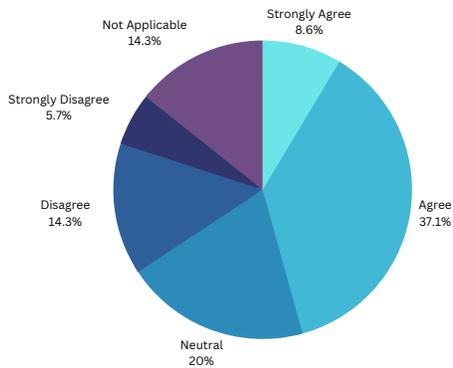
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TIME USE

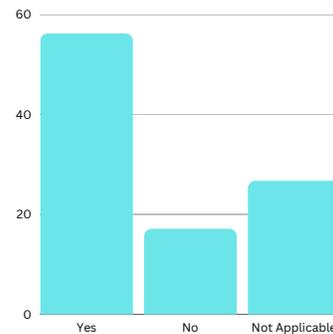


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I am satisfied with my
work-life balance



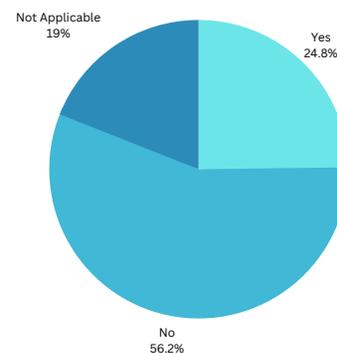
I commute less than
30 minutes to work



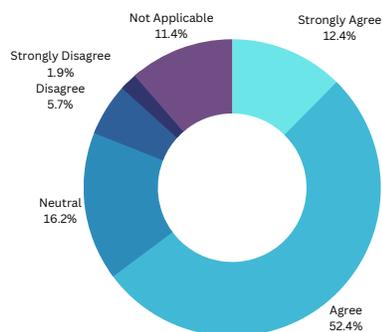
Generally, I feel well-rested
and have good quality sleep



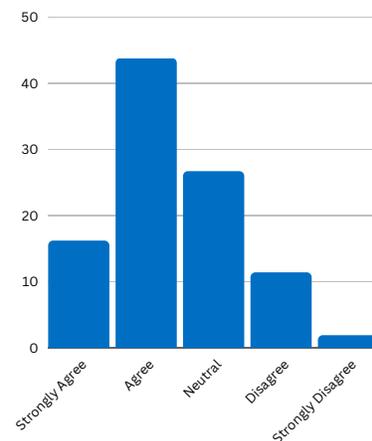
I work more than one job



Outside of work, I still have
time to spend with family or
friends



I often feel pressed for time





Vital Conversation

KEY TAKEAWAYS

- Desire for more community inclusivity and the need for a local “hub” to gather, meet new people, get information about the community
- Need for additional communication with loss of hometown newspaper
- Lack of daycare has a ripple effect – attracting new residents is a challenge without daycare, and building the local economy can be difficult without sufficient daycare options
- Desire for more adult recreation options, outside of organized sports
- Need for mental health resources (crisis numbers available in public places, for example)
- Concerns about health care in general - access to a physician, emergency services, diagnostic wait times

Carberry and Area Community Foundation grant applications are accepted annually

February 1 to March 15
&
August 1 to September 15

visit carberrycommunityfoundation.com/apply_for_a_grant to learn more