

Carberry & Area Community Foundation Community Wellbeing Survey

Thank you for participating in the Carberry & Area Community Foundation Community Wellbeing Survey!

This survey contains eight categories of questions, related to Carberry/North Cypress- Langford, based on the Canadian Index of Wellbeing, and space to provide any comments.

Following these questions, there is a section containing demographic questions, which are optional.

After survey responses are collected, the data will be compiled and will be released at our Vital Conversation on Thursday, November 17, 2022! We invite you to join us to celebrate Carberry/North Cypress-Langford successes, to discuss solutions to issues, and to identify community needs.

Come and share your ideas, experience and knowledge, as we explore how, together, we can help shape a stronger, more vibrant community in Carberry & Area.

**Carberry & Area Community Foundation Vital Conversation: Community Wellbeing
Thursday, November 17, 2022**

Refreshments: 6:30PM Conversation: 7:00PM Carberry United Church Hall

Information collected from the survey and the community conversation will help drive Carberry and Area Community Foundation's future granting priorities.



Please return your completed survey to Carberry & Area Community Foundation,
Box 807 Carberry, MB R0K 0H0 or fundingthefuture@carberrycommunityfoundation.com
by **October 12, 2022**

SECTION 1

COMMUNITY VITALITY means vital communities that have strong, active, and inclusive relationships among people, private, public, and non-governmental organizations that foster individual and collective wellbeing. This segment explores what is happening in our neighbourhoods, how safe we feel, and whether or not we are engaged in community activities or becoming socially isolated.

I feel safe in my community

Please check only one box

Strongly agree Agree Neutral Disagree Strongly disagree

In the past two years I have volunteered in my community

Please check only one box

Yes No

I feel a sense of belonging in my community

Please check only one box

Strongly agree Agree Neutral Disagree Strongly disagree

I do not feel isolated in my community

Please check only one box

Strongly agree Agree Neutral Disagree Strongly disagree

I have experienced discrimination in my community

Please check only one box

Strongly agree Agree Neutral Disagree Strongly disagree

Please use this space to provide any comments related to the Community Vitality questions

SECTION 2

DEMOCRATIC ENGAGEMENT means being involved in advancing democracy through political institutions, organizations, and activities. A society that enjoys a high level of democratic engagement is one where citizens freely participate in political activities, express their political views, and share political knowledge; where governments build relationships, trust, and encourage citizen participation; and, where democratic values are promoted by citizens, civic organizations, and all levels of government. A healthy democracy means more than voting in elections; it requires ongoing democratic engagement both during and between elections.

I feel Carberry/North Cypress-Langford is well represented by the diversity of its council

Please check only one box

Strongly agree Agree Neutral Disagree Strongly disagree

I feel encouraged to participate in local political and civic activities in more ways than just voting

Please check only one box

Strongly agree Agree Neutral Disagree Strongly disagree

On at least one occasion, I have expressed my ideas/concerns to political leaders

Please check only one box

Yes No Not applicable

I feel heard when my ideas or concerns are voiced to local members of Town/Municipal council

Please check only one box

Strongly agree Agree Neutral Disagree Strongly disagree Not applicable

I plan to vote in the upcoming municipal election

Please check only one box

Yes No Unsure Not applicable

Please use this space to provide any comments related to the Democratic Engagement questions

SECTION 3

EDUCATION is the systematic instruction, schooling, or training given to the young in preparation for the work of life, and by extension, similar instruction or training obtained in adulthood. Research shows that education is an important predictor of health, living standards, democratic participation, and education for future generations.

My family is able to access childcare

Please check only one box

- Strongly agree Agree Neutral Disagree Strongly disagree Not applicable

I would like to pursue further education, but face barriers which prevent me from doing so

Please check only one box

- Strongly agree Agree Neutral Disagree Strongly disagree Not applicable

My household has access to internet for personal use

Please check only one box

- Yes No

The commute time for myself or members of my household to access education is acceptable

Please check only one box

- Strongly agree Agree Neutral Disagree Strongly disagree Not applicable

Please use this space to provide any comments related to the Education questions

SECTION 4

ENVIRONMENT is the foundation upon which human societies are built and the source of our sustained wellbeing. On a broader level, environmental protection involves the prevention of waste and damage while revitalizing our ecosystems and working towards the sustainability of all our resources. From the resources that fuel our economy to the medicines that heal us, and the happiness of outdoor enthusiasts to the lessons that guide many religious or spiritual beliefs, the wellbeing of humans depends on the state of the environment.

I recycle

Please check only one box

Yes No Sometimes

I feel anxious about climate change

Please check only one box

Strongly agree Agree Neutral Disagree Strongly disagree

I am concerned about current/future water shortages

Please check only one box

Strongly agree Agree Neutral Disagree Strongly disagree

I value our local resources

Please check only one box

Strongly agree Agree Neutral Disagree Strongly disagree

I enjoy time outdoors in my community

Please check only one box

Strongly agree Agree Neutral Disagree Strongly disagree

Please use this space to provide any comments related to the Environment questions

SECTION 5

HEALTHY POPULATIONS considers the physical, mental, and social wellbeing of the citizens in the community. It looks at the health of the population to assess whether different aspects of our health are improving or deteriorating.

I have regular access to a health care provider

Please check only one box

Strongly agree Agree Neutral Disagree Strongly disagree Not applicable

Self-rated overall physical health

Please choose a number between 1 and 5, where 1 is very poor, and 5 is very good

very poor 1 2 3 4 5 very good

Self-rated overall mental health

Please choose a number between 1 and 5, where 1 is very poor, and 5 is very good

very poor 1 2 3 4 5 very good

I have concerns about wait times for or access to

	Yes	No	Not applicable
• Diagnostic procedures	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
• Substance abuse treatment	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
• Mental health resources	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Please use this space to provide any comments related to the Health Populations questions

SECTION 6

LEISURE AND CULTURE considers how participating in leisure and cultural activities, whether arts, culture, or recreation, contributes to our wellbeing as individuals, to our communities, and to society as a whole. Participation in these activities can be highly beneficial to wellbeing by contributing to better physical and mental health, and creating opportunities for socializing, relaxation, and learning new things.

I have access to affordable recreation/leisure activities

Please check only one box

- Strongly agree Agree Neutral Disagree Strongly disagree Not applicable

My employer offers paid time off

Please check only one box

- Yes No Not applicable

I have access to local green spaces which are well-equipped to serve my needs

Please check only one box

- Strongly agree Agree Neutral Disagree Strongly disagree Not applicable

I have adequate access to social opportunities and feel a sense of community belonging

Please check only one box

- Strongly agree Agree Neutral Disagree Strongly disagree Not applicable

Please use this space to provide any comments related to the Leisure and Culture questions

SECTION 7

LIVING STANDARDS examines poverty, income fluctuations, economic security, labour market security and job quality. It also considers basic necessities such as food security and affordable housing.

I have concerns with the availability of employment opportunities in my community

Please check only one box

Strongly agree Agree Neutral Disagree Strongly disagree Not applicable

I currently receive Income Assistance, Employment Insurance or another source of government funding

Please check only one box

Yes No

I make use of the local food bank

Please check only one box

Yes No Sometimes

I have access to affordable housing

Please check only one box

Strongly agree Agree Neutral Disagree Strongly disagree Not applicable

I feel comfortable with my current take-home pay

Please check only one box

Strongly agree Agree Neutral Disagree Strongly disagree Not applicable

I feel a sense of job security

Please check only one box

Strongly agree Agree Neutral Disagree Strongly disagree Not applicable

Please use this space to provide any comments related to the Living Standards questions

SECTION 8

TIME USE considers how people experience and spend their time. It examines what factors control our time use and how the use of our time affects physical and mental wellbeing, individual and family wellbeing, and present and future wellbeing.

I am satisfied with my work-life balance

Please check only one box

Strongly agree Agree Neutral Disagree Strongly disagree Not applicable

I commute less than 30 minutes to work

Please check only one box

Yes No Not applicable

Generally, I feel well-rested and have good quality sleep

Please check only one box

Yes No

I work more than one job

Please check only one box

Yes No Not applicable

Outside of work, I still have time to spend with family or friends

Please check only one box

Strongly agree Agree Neutral Disagree Strongly disagree Not applicable

I often feel pressed for time

Please check only one box

Strongly agree Agree Neutral Disagree Strongly disagree

Please use this space to provide any comments related to the Time Use questions

SECTION 9

DEMOGRAPHIC INFORMATION (OPTIONAL)

Where do you live?

- Town of Carberry Municipality of North Cypress-Langford Other: _____

What is your age range?

- 0-17 18-24 25-34 35-44 45-54 55-64 65-74 75+ Prefer not to answer

What is your gender?

- Male Female Prefer not to answer Prefer to self describe: _____

Which ethnicity do you primarily identify as? _____

What is your employment status?

- Employed Unemployed Self-employed Semi-retired Retired Not in the labour force
 Prefer not to answer

What is your highest level of education?

- | | |
|---|--|
| <input type="checkbox"/> Grade school/some high school | <input type="checkbox"/> Completed high school |
| <input type="checkbox"/> Some apprenticeship or trades training | <input type="checkbox"/> Journey-person certification |
| <input type="checkbox"/> Some college | <input type="checkbox"/> Completed college diploma |
| <input type="checkbox"/> Some university | <input type="checkbox"/> Completed university undergraduate degree |
| <input type="checkbox"/> Completed graduate/professional degree | <input type="checkbox"/> Prefer not to answer |

What is your combined household income, before taxes?

- Under \$30,000
 \$30,000 to \$49,999
 \$50,000 to \$79,999
 \$80,000 to \$99,999
 \$100,000 to \$149,999
 Over \$150,000
 Unsure/Prefer not to answer

Do you have children aged 17 years or younger in your home?

- Yes No Prefer not to answer

Please use this space to provide any comments related to the Demographic questions above.

