is the newsletter for IU students, faculty, and staff to learn more about healthy activities at IU.

Featured this month are Club Sports, Jill Behrman Color the Campus 5K Run, and IU Bouldering Wall.

**Club Sports**

Club teams are a less-intensive version of IU varsity sports, but still practice and compete against other club athletic programs in the country. If you can’t live without your sport of choice, a club sport might be for you. IU Club Sports are:

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| Aikido | Cycling | Foosball | Judo | Shotokan Karate | Taekwondo | Women’s Volleyball |
| Badminton | Equestrian | Gaelic Hurling | Juggling  | Men’s Soccer | Tai Chi Chuan | Men’s Water polo  |
| Ballroom Dance | Fencing | Golf | Jujitsu-Brazilian Racquetball | Women’s Soccer | Tennis  | Water Skiing / Wakeboard |
| Baseball | Figure Skating | Gymnastics | Rowing | Swimming | Men’s Ultimate Frisbee  |  |
| Bass fishing  | Field Hockey | Hapkido / Self Defense | Men’s Rugby | Swing Dancing | Women’s Ultimate Frisbee |  |
| Cricket | Fillipino Martial Arts | Ice Hockey  | Women’s Rugby  | Table Tennis | Men’s Volleyball |  |

**Intramural Teams**

 Students can create their own teams or request to join an existing team in search of members. Hint: The floor of your dorm might be a great place to start. No try-outs required.

**Fall:**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Cornhole | Golf Scramble | Volleyball | Kickball | Indoor Soccer | Dodgeball |
| Flag Football | Tennis | Disc Golf | Ultimate Frisbee | Table Tennis | Basketball |

**Spring:**

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Basketball | Whiffleball | 3-point shootout | Indoor Soccer | Softball | Extreme Dodgeball |
| Racquetball | Bowling | Slam Dunk Contest | Outdoor Soccer | Four-On-Four Volleyball |  |

**Summer:**

|  |  |
| --- | --- |
| Basketball | Indoor Soccer |
| Softball | Tennis  |

Jill Behrman Color the Campus 5K Run

ABOUT THE RACE Jill Behrman was an IU student and an employee of Campus Recreational Sports. In May of 2000, Jill left for a solo bike ride and never came back. Three years later it was discovered that she had been murdered. Now in its 14th year, the JB5K was created to keep the memory of Jill alive and to bring awareness to issues of violence in our community.

In addition to the Color The Campus Run, workshops related to assault awareness, assault prevention and self-defense will be offered throughout the year. Proceeds benefit the Jill Behrman Emerging Leader Scholarship and are used to fund assault awareness and self-defense workshops.

Join us for our 14th Anniversary race on October 12, 2013! Register online at: http://www.iurecsports.org/jbrez\_reg\_pg.

IU Bouldering Wall

The IU Outdoor Adventures (IUOA) Bouldering Wall is nearly 1,000 square feet on three walls up to 11’ high. Bouldering is a fast-growing style of rock climbing that involves short, but challenging, routes on vertical to overhanging surfaces above a thickly padded floor. Its popularity stems from its simplicity. There are no ropes, no harnesses, and no technical equipment – just the rock, you, and your imagination!

Wall News

Want to set routes? Have you ever wondered what it takes to set quality bouldering routes? Bouldering wall annual members are invited to join the Members Only Route Setting sessions. These sessions occur every 6-8 weeks throughout the school year. To become an approved route setter, you must attend the route setting orientation which occurs at the beginning of these sessions. Route Setting sessions are announced on our Facebook page. <https://www.facebook.com/IUOutdoorAdventures>

Bouldering wall rates:

 •Annual membership (IUB student) - $55

 •Day pass (IUB student) - $5

 •Annual membership (non-student) - $60

 •Day pass (non-student) - $6

 •Group pass and shoe rentals available for groups of 10 or more people. Please contact Tyler for more information or to reserve a date for your group today!

Visit <http://imu.indiana.edu/iuoa/bouldering_wall.shtml> for more information.