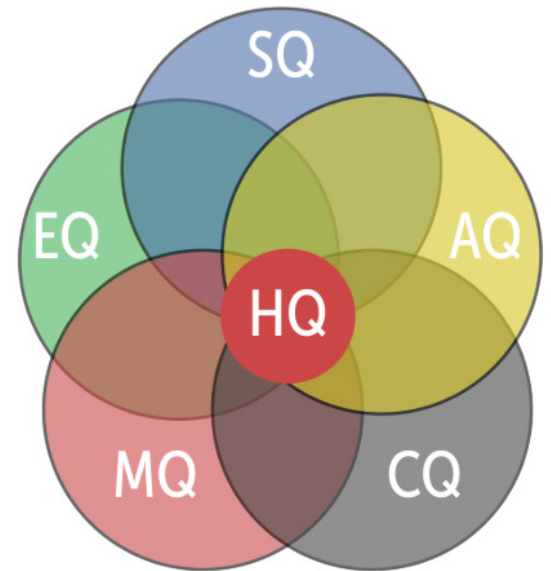
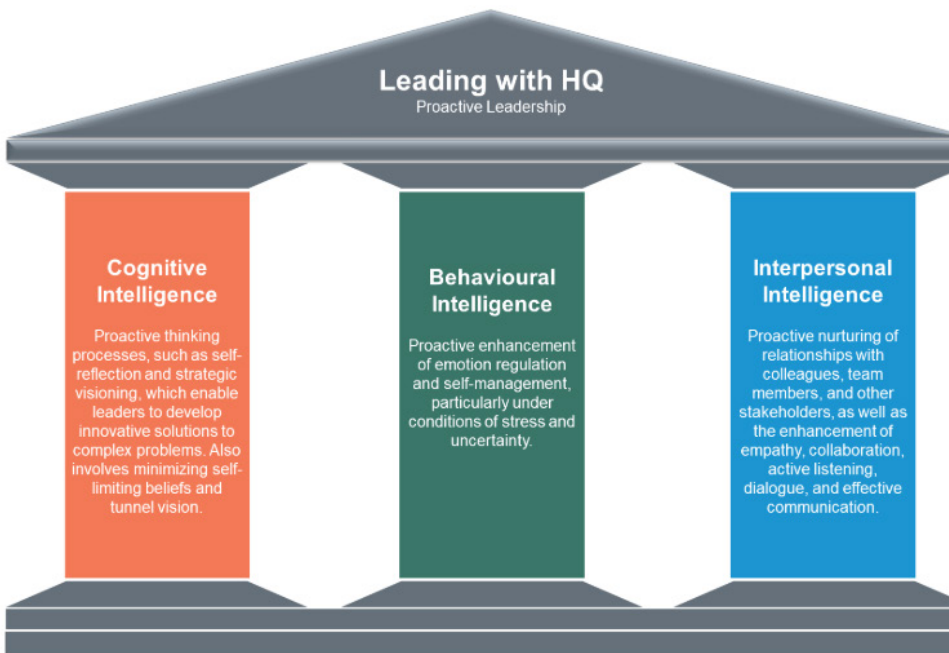


ADVANCED DIPLOMA IN LEADERSHIP & MANAGEMENT

» **For Leaders who are ready to Lead with Human Quotient:**
An effective leadership model for the modern workplace

HQ - Human Quotient



AQ - Adversity Quotient CQ - Cultural Quotient
EQ - Emotional Quotient SQ - Social Quotient
MQ - Motivational Quotient

Programme Title: Advanced Diploma in Leadership & People Management

Qualification Duration: 24 months

Qualification Overview:

Aimed at senior leaders, this programme focuses on developing leadership competence through the Human Quotient (HQ) framework, strategic leadership skills, and people management. It integrates quarterly 1:1 progress reviews, feedback sessions, and personalised coaching to ensure participants are supported throughout their learning journey.

PROGRAMME STRUCTURE



Year 1

Theme: Foundation and Development of Human-Centric Leadership

Module 1: Introduction to Human Quotient (HQ) in Leadership

Module 2: Emotional Intelligence and Motivational Intelligence

Module 3: Developing Leadership Vision and Strategy

Module 4: Adversity Quotient and Building resilient teams

Module 5: People Management and Psychological Safety

Quarterly 1:1 Reviews:

Review 1 (End of Q1): Initial coaching session to set personal leadership goals, assess understanding of HQ, and establish a development plan.

Review 2 (End of Q2): Discuss progress in emotional and motivational intelligence and provide feedback on leadership style tests. Adjust learning plan as necessary.

Review 3 (End of Q3): Assess development in strategic vision and people management. Provide coaching on improving team dynamics and resilience strategies.

Review 4 (End of Q4): Conduct a year-end review focusing on the participant's ability to manage adversity and implement psychological safety in teams. Set goals for Year 2.



PROGRAMME STRUCTURE



Year 2

Theme: Strategic Leadership and Organisational Transformation

Module 6: Leading Organisational Change and Innovation

Module 7: Effective Communication and Leadership Influence

Module 8: Strategic Business Planning and Resource Management

Module 9: Humanness and Courage in Leadership

Module 10: Advanced Coaching and Leadership Development

Quarterly 1:1 Reviews

Review 5 (End of Q1): Evaluate progress in organisational change leadership. Focus on communication strategies and influence within teams.

Review 6 (End of Q2): Provide feedback on the participant's strategic business planning and resource management. Tailor coaching to enhance project management skills.

Review 7 (End of Q3): Assess the application of humanness and courage in leadership. Focus coaching on developing authentic leadership styles.

Review 8 (End of Q4): Final review and feedback session. Discuss the participant's overall leadership transformation and future development goals.



PROGRAMME STRUCTURE



1:1 Progress Reviews & Feedback

Each review will focus on:

Goal Tracking: Reviewing progress against personal leadership goals.

Feedback: Providing actionable feedback based on observed performance in modules.

Coaching: Offering tailored coaching aligned with the learner's leadership style, strengths, and areas for improvement.

Assessment for Year 1 and Year 2:

- Reflective essays
- Strategic leadership project
- Leadership development journal
- Oral presentation

By integrating quarterly progress reviews and coaching, this programme ensures continuous development and personalised support, allowing learners to apply feedback effectively and maximise their leadership potential.



TOTAL COST

1 - 5 Learners

£ 2500 + VAT per person

6 - 10 Learners

£ 2200 + VAT per person

10 or more Learners

Get in touch for a quote

WHAT OTHERS ARE SAYING

"Really insightful and inspiring workshop"



Kevin M. (Director, Acumen Financial)

"Excellent training. We received great feedback from every member of the team"



John B. (CFO, Sentinel Marine)

"A great course that I can thoroughly recommend."



George A. (Director, Stork)

"I would recommend Anurag to any individual or organisation looking to maximise their capabilities and reach full potential."



Lawrence J. (CEO, Scarf)

ABOUT YOUR TRAINER

ANURAG RAI (MBPsS FIoL)

Best Selling Author | Leadership Expert
Registered Organisational Psychologist



Featured In:



Anurag Rai, founder of Superhuman In You and AMHWAL Academy, is a celebrated best-selling author of "The Power Within", "Mind 2.0" and "Leading with Human Quotient".



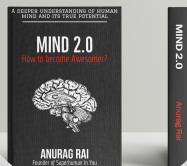
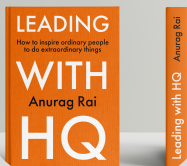
An award-winning coach and Registered Leadership Faculty with British Psychological Society, he is recognized for his expertise in leadership and human psychology.



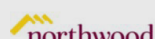
His achievements include running multiple successful businesses and leading diverse teams to success.



Honoured as the UK's most sought-after Executive Coach by Bark Magazine and the most Empowering Coach in Scotland in 2022, Anurag was also named Leadership Coach of the Year in 2023, and most innovative business leadership coach in 2024, making him a distinguished figure in the coaching community.



Worked With Multinational Organisations in Various Sectors





**Empowering Minds
Transforming Leaders
Improving Business & Wellness**

Founded in 2022, AMHWAL Academy is one of the leading training providers in Scotland for Mental Health, People and Leadership Development. Our trainings are fun, practical, and transformational. The training combines the elements of neuroscience, psychology, and executive coaching to enable and empower trainees to change behaviours and personalities.

Our training programs are regularly updated to include the latest research in the fields of mental health, leadership, and human psychology. Our mission is to make corporate training more transformational and less educational.

AMHWAL Academy has experience working with small, medium, and large organisations in the public and private sectors.

MEMBERSHIPS & AFFILIATIONS



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